

National Technical Assistance Center for Children's Mental Health  
GEORGETOWN UNIVERSITY CENTER FOR CHILD AND HUMAN DEVELOPMENT

## Building the Foundation for a Youth MOVEMENT of Peer Support

### Open Discussion

YOUTH MOVE National & National TA Center for Children's Mental Health, Georgetown University

## Welcome Back

- **Understanding the Continuum of Informal and Formal Youth & Young Adult Peer Support**

**Recorded on December 4**

Young adult peer support is value added to the community based service array for youth and young adult struggling with mental health challenges. Peer support can be provided in a variety of ways along the continuum of informal social group settings to individual one-to-one service model. This webinar showcases efforts in the field that have effectively met the needs of youth and young adults. Youth MOVE National, utilizing literature from the field and application along the continuum, offers a framework for communities to follow when developing community based peer to peer opportunities.

- **Playback recording available:**
  - <http://gucchdtcenter.georgetown.edu/webinars.html>

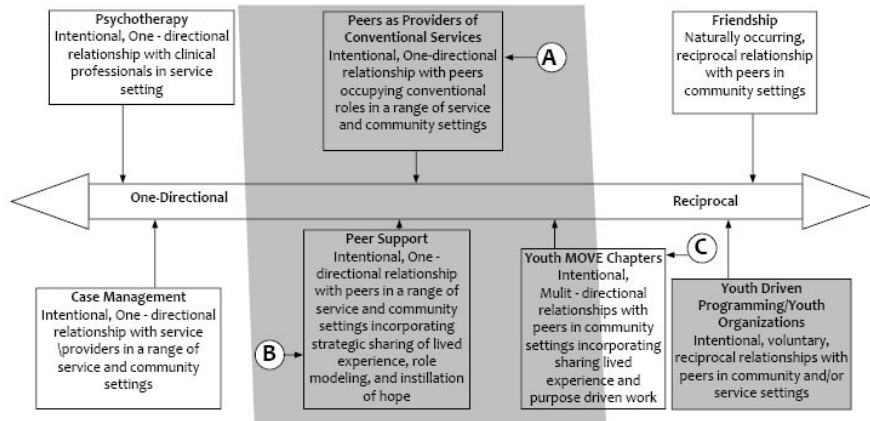
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# Polling Question

- Were you on the webinar on December 4<sup>th</sup>?

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## Continuum of Helping Relationships



Adapted from 'A Continuum of Helping Relationships' Davidson L et al. Schizophr Bull 2006;32:443-450

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## Open Discussion

- Please unmute your lines and/or chat your discussion topics to us now!

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## Question

- How might youth peer services be adapted to meet the cultural needs of specific youth populations?
  - Diversity of experience
  - Age (under 18 yrs old versus over 18 yrs)
  - Former youth recipient of services

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## Question

- How can services and recruitment strategies address the stigma young adults experience when accessing services?

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## Question

- How do organizations support the role of the youth or young adult in the following roles?
  - Peer-to-peer
  - Advocate
  - Coordinator
  - Director

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## Question

- How to support youth and young adults transition from an informal role to a formal role within your organization?
  - Recruitment
  - Training
  - Supervision

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## Question

- Where on the continuum of helping relationships should we be?

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## Upcoming Webinars

**January 8, 2015, 1:00 pm-2:30 pm E.T.**

Supporting Youth and Young Adult Peer Support in Your Organization

**February 5, 2015, 1:00 pm-2:30 pm E.T.**

Defining the Developmental Needs of Youth and Young Adult Peer Support

Register at:

<http://gucdcenter.georgetown.edu/webinars.html>

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