Section 2703: State Option to Provide Health Homes for Enrollees with Chronic Conditions

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A goal of implementing Section 2703 will be to expand upon the traditional and existing medical home models to build linkages to community and social supports, and to enhance the coordination of medical, behavioral, and long-term care.

Health Home is a new Medicaid State Plan Option that provides a comprehensive system of care coordination for Medicaid individuals with chronic conditions.

Health Home providers will coordinate all primary, acute, behavioral health and long term services and supports to treat the “whole-person”.
General Information

- Section 2703 adds section 1945 to the Social Security Act to allow States to elect this option under the Medicaid State plan.
- The provision offers States additional Federal support to enhance the integration and coordination of primary, acute, behavioral health, and long-term care services and supports for Medicaid enrollees with chronic conditions.
- The effective date of the provision is January 1, 2011.
- States can access Title XIX funding using their pre-Recovery act FMAP rate methodology to engage in planning activities aimed at developing and submitting a State plan amendment.
- Waiver of comparability 1902(a)(10)(B)
- Waiver of statewideness 1902(a)(1)
Eligibility Criteria

• Medicaid eligible individual having:
  – two or more chronic conditions,
  – one condition and the risk of developing another,
  – or at least one serious and persistent mental health condition.

• The chronic conditions listed in statute include:
  – a mental health condition, a substance abuse disorder, asthma, diabetes, heart disease, and being overweight (as evidenced by a BMI of > 25).

• Through Secretarial authority, States may add other chronic conditions in their State Plan Amendment for review and approval by CMS.
There are three distinct types of *health home providers* that can provide health home services:

- designated providers,
- a team of health care professionals, and
- a health team.
Health Home Services and Enhanced Federal Match

The health home services include:

- Comprehensive Care Management;
- Care coordination;
- Health promotion;
- Comprehensive transitional care from inpatient to other settings;
- Individual and family support;
- Referral to community and social support services;

- Use of health information technology, as feasible and appropriate.

There is an increased federal matching percentage for the above health home services of 90 percent for the first eight fiscal quarters that a State plan amendment is in effect.

The 90 percent match does not apply to other Medicaid services a beneficiary may receive.
Reporting Requirements

Provider Reporting
• Designated providers of health home services are required to report quality measures to the State as a condition for receiving payment.

State Reporting
• States are required to collect utilization, expenditure, and quality data for an interim survey and an independent evaluation.

Reports to Congress
• Survey of States & Interim Report to Congress 2014
• Independent Evaluation & Report to Congress 2017
Quality Reporting

- Two part quality reporting
  - **Health Homes Core Set of Quality Measures**
    - clinical outcomes
    - experience of care outcomes
    - quality of care outcomes
  - **State Specific Goals and Measures**
    - States will identify measureable goals of their health home model, and
    - identify quality measures that operationalize as well as map to the goal/s
Proposed Core Set of Health Home Quality Measures

- Adult BMI Assessment
- Ambulatory Care-Sensitive Condition Admission
- Care Transition – Transition Record Transmitted to Health care Professional
- Follow-Up After Hospitalization for Mental Illness
- Plan- All Cause Readmission
- Screening for Clinical Depression and Follow-up Plan
- Initiation and Engagement of Alcohol and Other Drug Dependence Treatment
Research Questions

• What models are states using to implement their health home delivery systems (i.e., what provider arrangements are the states using?
• Which existing state infrastructures, policies and supports best enhance organizations’ ability to implement health homes and improve quality of care?
• What are the commonalities among the State models and how do they differ?
• What is the existing relationship between health homes and state mental health and long-term care services and support systems?
• How do these different models (or specific features of the models implemented) affect outcomes?
Next Steps

• CMS is providing technical assistance to States interested in submitting a State plan amendment.

• CMS will be engaging in rapid learning activities to prepare for the release of well-informed regulations.

• CMS will continue to collaborate with Federal partners, including SAMHSA, ASPE, HRSA, and AHRQ, to ensure an evidence-based approach and consistency in implementing and evaluating the provision.
Additional Information

- Health homes mailbox for any questions or comments - healthhomes@cms.hhs.gov

- 11/16/10 Health Homes State Medicaid Director Letter
  http://www.cms.gov/SMDL/SMD/list.asp

- 12/23/10 CMCS Informational Bulletin on Web-Based Submission Process for Health Home SPAs