



# Trauma Informed Care: Perspectives and Resources

A collaborative project with Georgetown University National Technical Assistance Center for Children's Mental Health and JBS International, Inc.

**Changing the fundamental question  
from “What’s wrong with you?”  
to “What happened to you?”**

This tool is a comprehensive web-based, video-enhanced resource. It supports state and local decision-makers, administrators, providers, and youth and family advocates to become more trauma-informed.

**The tool highlights children and youth with complex behavioral health challenges including those with intellectual and/or developmental disabilities (IDD).**

Go to <http://gucchdtacenter.georgetown.edu/TraumaInformedCare/>

or to <http://trauma.jbsinternational.com/traumatool>



The resource tool includes video interviews, issue briefs, key resources, and links to help understand, build, and enhance a trauma-informed workforce through the following eight modules. **Module 2 includes the two newest video sections—*Intellectual/Developmental Disabilities and Trauma and Safety Without Seclusion and Restraint*.**

- 1. Understanding the Impact of Trauma** (e.g., *Impact on the Brain, Historical and Intergenerational Trauma, Importance of Culture, Screening and Assessment*)
- 2. Trauma-Informed Child-Serving Systems** (e.g., *Trauma-Informed Care in Child-Serving Systems, Child Welfare and Mental/Behavioral Health, Foster Care Families, Education, Juvenile Justice, Intellectual/Developmental Disability, Seclusion and Restraint, Public Policies*)
- 3. Creating Trauma-Informed Provider Organizations** (e.g., *Implementing Trauma-Informed Care and Supporting Policies, Sanctuary Model, Creating Cultures for Trauma-Informed Care and Risking Connection, Secondary Trauma*)
- 4. Evidence-Based Treatments Addressing Trauma** (e.g., *Adopting and Implementing Evidence-Based Treatments, Trauma-Focused Cognitive Behavioral Therapy, Cognitive Behavioral Intervention for Trauma in Schools, Parent-Child Interaction Therapy, Child-Parent Psychotherapy (CPP); Alternatives for Families: A Cognitive Behavioral Therapy (AF-CBT); Attachment, Self-Regulation, Competency (ARC); Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS), Emerging Practices and Cultural Adaptations*)
- 5. Public Health Approach and Cost-Benefits of Trauma-Informed Care** (e.g., *Public Health, Fiscal Benefits*)
- 6. Youth and Family Perspectives on Trauma-Informed Care**
- 7. One Year Later—Trauma-Informed Efforts in Eight States**
- 8. What's Next? The New Frontier for Research and Practice in Trauma-Informed Care**

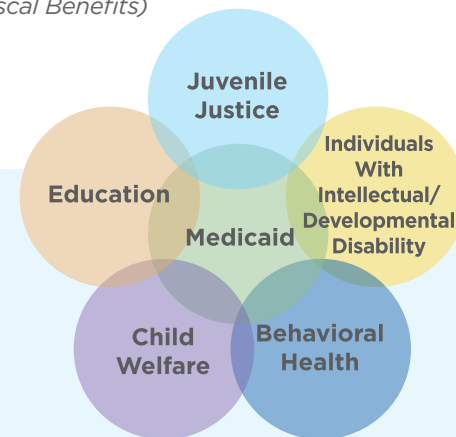
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## Trauma-Informed Care