

M.A.S.T.E.R.

Mitigating Androgen-deprivation therapy Side-effects Through Exercise Routine



We are looking for **Prostate Cancer Survivors currently receiving Androgen Deprivation Therapy (ADT)**. We invite you to join an exercise research study looking at how using the **Wii Fit or Exercise** may help ease the side-effects related to ADT and possibly lose weight. If eligible, you might be asked to come to a Community Based Research Center for 3-times a week for 8-weeks.

You may be eligible if you are:

- Male and between ages of 40-75 years old
- Currently receiving Androgen Deprivation Therapy (for less than one year)
- Able to come to a community site located by the Navy Yard metro. You may be asked to attend 3 or more 50-minute sessions at this site

To find out if you are eligible please call: **202-687-3213** or email at bhk26@georgetown.edu