Sessions by Topic and Schedule

Innovations in Policy and Partnerships

| Institute #1 | What’s in a Policy: Implementing and Sustaining Services for Youth in Transition  
|             | THURSDAY 1:30 PM – 5:00 PM • SATURDAY 8:30 AM – 12:00 PM |

| Institute #2 | Building and Sustaining a Comprehensive System of Care: How to Improve Outcomes for Children and Families  
|             | THURSDAY 1:30 PM – 5:00 PM • SATURDAY 8:30 AM – 12:00 PM |

| Institute #16 | From Policy to Practice: Building a Statewide System of Care  
|               | FRIDAY 8:30 AM – 12:00 PM • SATURDAY 1:30 PM – 5:00 PM |

| Workshop #1 | Community Alternatives to Residential Treatment for Children and Youth with Complex Behavioral Health Challenges: National and State Perspectives  
|            | THURSDAY 1:30 PM – 3:00 PM • SATURDAY 10:30 AM – 12:00 PM |

| Workshop #16 | Go Big or Go Home: Strategies for Statewide System of Care Implementation  
|              | FRIDAY 8:30 AM – 10:00 AM • SATURDAY 1:30 PM – 3:00 PM |

Innovations in Services and Supports

Evidence-Based and Promising Practices

| Institute #4 | Using Information and Technology to Reinforce Quality and Fidelity in Wraparound  
|             | THURSDAY 1:30 PM – 5:00 PM • SATURDAY 8:30 AM – 12:00 PM |

| Institute #5 | Developing Centers of Excellence: A Roadmap to Effective Implementation of Evidence-Based Practices  
|             | THURSDAY 1:30 PM – 5:00 PM • SATURDAY 8:30 AM – 12:00 PM |

| Institute #6 | Embedding and Sustaining Evidence Based Practices in Systems of Care  
|             | THURSDAY 1:30 PM – 5:00 PM • SATURDAY 8:30 AM – 12:00 PM |

| Institute #7 | Integrating and Monitoring the Use of Psychotropic Medications in Systems of Care  
|             | THURSDAY 1:30 PM – 5:00 PM • SATURDAY 8:30 AM – 12:00 PM |

| Institute #9 | Integrating Behavioral and Primary Health Care  
|             | THURSDAY 1:30 PM – 5:00 PM • SATURDAY 8:30 AM – 12:00 PM |

| Institute #18 | Using Motivational Interviewing to Enhance Wraparound  
|              | FRIDAY 8:30 AM – 12:00 PM • SATURDAY 1:30 PM – 5:00 PM |

| Institute #19 | Crisis Response and Stabilization Services in Systems of Care: Partnering with Youth, Families, and Communities  
|              | FRIDAY 8:30 AM – 12:00 PM • SATURDAY 1:30 PM – 5:00 PM |

| Workshop #17 | Assessment Tools to Guide Behavioral Health Service Delivery: The CANS and CASII  
|              | FRIDAY 8:30 AM – 10:00 AM • SATURDAY 1:30 PM – 3:00 PM |

| Workshop #20 | Rapid Stabilization Inpatient Services in Systems of Care: Family-Centered, Youth-Guided Interventions  
|              | FRIDAY 8:30 AM – 10:00 AM • SATURDAY 1:30 PM – 3:00 PM |

| Workshop #24 | Treatment Foster Care: What Does the Research Tell Us?  
|              | FRIDAY 10:30 AM – 12:00 PM • SATURDAY 3:30 PM – 5:00 PM |
### Services and Supports for Populations of Children, Youth, and Young Adults

#### Early Childhood

**INSTITUTE #21** Early Intervention Services: Teacher-Child Interaction Training  
Friday 8:30 AM - 12:00 PM • Saturday 1:30 PM - 5:00 PM

**WORKSHOP #5** Meeting the Developmental and Mental Health Needs of Young Children Through Caregiver Engagement  
Thursday 1:30 PM - 3:00 PM • Saturday 10:30 AM - 12:00 PM

#### Youth and Young Adults of Transition Age

**INSTITUTE #8** Young Adults Driving into New System of Care Territory: A Public Health Approach  
Thursday 1:30 PM - 5:00 PM • Saturday 8:30 AM - 12:00 PM

**WORKSHOP #19** Innovations in Systems of Care for Young Adults of Transition Age: Oh the Places You’ll Go!  
Friday 8:30 AM - 10:00 AM • Saturday 1:30 PM - 3:00 PM

#### LGBTQI2-S Youth

**INSTITUTE #25** Supporting LGBTQ Children and Youth: Resources, Strategies, and Action Planning  
Friday 8:30 AM - 12:00 PM • Saturday 1:30 PM - 5:00 PM

**WORKSHOP #10** Suicide Prevention: LGBTQ Inclusive Strategies and Tools  
Thursday 3:30 PM - 5:00 PM • Saturday 8:30 AM - 10:00 AM

**WORKSHOP #23** Helping Diverse Families to Support Their LGBTQ Children: An Evidence-Based Framework and Guide  
Friday 8:30 AM - 10:00 AM • Saturday 1:30 PM - 3:00 PM

#### Child Welfare, Juvenile Justice, and Education

**INSTITUTE #23** Strategies for Using Medicaid and Monitoring Psychotropic Medications: Improving Services for Children in Child Welfare  
Friday 8:30 AM - 12:00 PM • Saturday 1:30 PM - 5:00 PM

**WORKSHOP #7** Implementing Gender-Responsive Systems of Care: Trauma-Informed Services for Girls  
Thursday 1:30 PM - 3:00 PM • Saturday 10:30 AM - 12:00 PM

**WORKSHOP #9** Implementing Universal Screening in Schools for Early Identification and Intervention  
Thursday 3:30 PM - 5:00 PM • Saturday 8:30 AM - 10:00 AM

**WORKSHOP #21** Addressing Child-to-Parent Violence Using System of Care Values and Principles  
Friday 8:30 AM - 10:00 AM • Saturday 1:30 PM - 3:00 PM

**WORKSHOP #22** Evidence-Based Interventions in Schools: Meeting the Behavioral Health Needs through a Collaborative Approach  
Friday 8:30 AM - 10:00 AM • Saturday 1:30 PM - 3:00 PM

#### Developmental Disabilities

**INSTITUTE #24** Serving Youth with Intellectual/Developmental Disabilities and Substance Abuse Challenges in Systems of Care  
Friday 8:30 AM - 12:00 PM • Saturday 1:30 PM - 5:00 PM

#### Trauma

**INSTITUTE #20** Developing Trauma-Informed Services and Continuous Quality Improvement Processes for Juvenile Justice  
Friday 8:30 AM - 12:00 PM • Saturday 1:30 PM - 5:00 PM

**WORKSHOP #3** Trauma-Informed Services in Systems of Care  
Thursday 1:30 PM - 3:00 PM • Saturday 10:30 AM - 12:00 PM

**WORKSHOP #18** Prevention and Intervention Strategies for Child and Adolescent Trauma  
Friday 8:30 AM - 10:00 AM • Saturday 1:30 PM - 3:00 PM
### Peer Support

| Institute #22 | Role, Supervision, and Financing of Parent Support Providers | **Friday** 8:30 AM - 12:00 PM | **Saturday** 1:30 PM - 5:00 PM |
| WORKSHOP #4 | Through the Eyes of Youth: Peer Support, Advocacy, and Education for Transition Age Youth | **Thursday** 1:30 PM - 3:00 PM | **Saturday** 10:30 AM - 12:00 PM |
| WORKSHOP #6 | Parent Support Providers Working with Public Health: The New World of Peer Support | **Thursday** 1:30 PM - 3:00 PM | **Saturday** 10:30 AM - 12:00 PM |

### Substance Use Services

| Institute #10 | Developing a Good and Modern Treatment and Recovery System for Youth With Substance Use Disorders | **Thursday** 1:30 PM - 5:00 PM | **Saturday** 8:30 AM - 12:00 PM |
| Institute #26 | Implementing Evidence-Based Practices for Transition-Age Youth, Adolescents, Children, and Families Affected by Substance Use and Co-Occurring Mental Health Disorders | **Friday** 8:30 AM - 12:00 PM | **Saturday** 1:30 PM - 5:00 PM |
| WORKSHOP #11 | Addressing Adolescent Substance Use Through School-Based, Recovery-Oriented Wraparound Services | **Thursday** 3:30 PM - 5:00 PM | **Saturday** 8:30 AM - 10:00 AM |
| WORKSHOP #25 | Enhancing Reflective Functioning in Substance Abusing Mothers: An Approach to Improving Parent-Child Relationships | **Friday** 10:30 AM - 12:00 PM | **Saturday** 3:30 PM - 5:00 PM |

### Innovations in Financing

| Institute #3 | Customizing Care Coordination in Medicaid for Children with Serious Behavioral Health Challenges: The Use of Care Management Entities and Wraparound Teams | **Thursday** 1:30 PM - 5:00 PM | **Saturday** 8:30 AM - 12:00 PM |
| Institute #17 | Financing Behavioral Health Services: Medicaid, Block Grants, and the Affordable Care Act | **Friday** 8:30 AM - 12:00 PM | **Saturday** 1:30 PM - 5:00 PM |
| WORKSHOP #2 | Leveraging Financing Opportunities to Sustain and Expand Systems of Care: The Affordable Care Act and Title IV-E Demonstration Waivers | **Thursday** 1:30 PM - 3:00 PM | **Saturday** 10:30 AM - 12:00 PM |

### Innovations in Training and Workforce Development

| Institute #11 | Recruiting, Developing, and Retaining a Quality Wraparound Workforce: Hiring, Inspiring, and Never Tiring | **Thursday** 1:30 PM - 5:00 PM | **Saturday** 8:30 AM - 12:00 PM |
| Institute #27 | Building an Effective Peer Workforce for Emerging Adults through Partnerships and Technology | **Friday** 8:30 AM - 12:00 PM | **Saturday** 1:30 PM - 5:00 PM |
| WORKSHOP #8 | Empowering Families with a “Road Map” to Navigating Service Systems: A Train the Trainer Curriculum | **Thursday** 1:30 PM - 3:00 PM | **Saturday** 10:30 AM - 12:00 PM |
| WORKSHOP #12 | Creating and Maintaining an Agency Culture that Supports Families and Youth as Equal Workforce Members | **Thursday** 3:30 PM - 5:00 PM | **Saturday** 8:30 AM - 10:00 AM |
Innovations in Implementing Core System of Care Values: Family Driven, Youth Guided, Cultural and Linguistic Competence

INSTITUTE #12  Moving from Youth-Guided to Youth-Driven Systems of Care: The Evolution of Adaptive Youth Leadership  
THURSDAY 1:30 PM - 5:00 PM • SATURDAY 8:30 AM - 12:00 PM

INSTITUTE #13  Communication and Language Assistance: Putting the National CLAS Standards into Practice  
THURSDAY 1:30 PM - 5:00 PM • SATURDAY 8:30 AM - 12:00 PM

INSTITUTE #28  Models of Family Run Organizations: One Size Does Not Fit All  
FRIDAY 8:30 AM - 12:00 PM • SATURDAY 1:30 PM - 5:00 PM

INSTITUTE #29  Full Partners in Systems of Care: How to Develop an Integrated, Youth-Guided System  
FRIDAY 8:30 AM - 12:00 PM • SATURDAY 1:30 PM - 5:00 PM

WORKSHOP #13  Family Leadership for System Transformation: Advocacy is NOT Enough  
THURSDAY 3:30 PM - 5:00 PM • SATURDAY 8:30 AM - 10:00 AM

WORKSHOP #14  Partnerships with Youth and Families at All Levels: Peer Fusion Without Confusion  
THURSDAY 3:30 PM - 5:00 PM • SATURDAY 8:30 AM - 10:00 AM

WORKSHOP #26  The Sounds of Reaching Families: The Click of a Mouse, The Ring of a Phone, The Chime of a Doorbell  
FRIDAY 10:30 AM - 12:00 PM • SATURDAY 3:30 PM - 5:00 PM

WORKSHOP #27  Organizational Cultural and Linguistic Competence: Assessment and Continuous Quality Improvement  
FRIDAY 10:30 AM - 12:00 PM • SATURDAY 3:30 PM - 5:00 PM

Innovations in Strategic Communications and Social Marketing

INSTITUTE #14  Innovations in Social Media: How to Move Social Marketing Forward  
THURSDAY 1:30 PM - 5:00 PM • SATURDAY 8:30 AM - 12:00 PM

WORKSHOP #15  Making Change Happen Through the Power of Persuasive Storytelling  
THURSDAY 3:30 PM - 5:00 PM • SATURDAY 8:30 AM - 10:00 AM

WORKSHOP #28  Beyond Facebook & Twitter: Why You Shouldn’t Ignore the “Cinderellas” of Social Marketing  
FRIDAY 10:30 AM - 12:00 PM • SATURDAY 3:30 PM - 5:00 PM

Innovations in Outcome Measurement and Continuous Quality Improvement

INSTITUTE #15  Data Informed Care: The Right Information to the Right People at the Right Time  
THURSDAY 1:30 PM - 5:00 PM • SATURDAY 8:30 AM - 12:00 PM

INSTITUTE #30  Continuous Quality Improvement (CQI): Assessing System of Care Implementation and Expansion  
FRIDAY 8:30 AM - 12:00 PM • SATURDAY 1:30 PM - 5:00 PM

WORKSHOP #29  Using Performance Measurement to Improve Outcomes: Utilization, Cost, and Quality  
FRIDAY 10:30 AM - 12:00 PM • SATURDAY 3:30 PM - 5:00 PM

WORKSHOP #30  How to Evaluate Statewide Systems of Care Using Data from all Child-Serving System Partners  
FRIDAY 10:30 AM - 12:00 PM • SATURDAY 3:30 PM - 5:00 PM

WORKSHOP #31  The New Technology Landscape: Using Business Analytics and Health Information Exchanges to Improve Practice and Systems of Care  
FRIDAY 10:30 AM - 12:00 PM • SATURDAY 3:30 PM - 5:00 PM
# American Indian/Alaska Native Communities

<table>
<thead>
<tr>
<th>Communities #1</th>
<th>Maximizing Sustainable Financial Strategies for Tribal Systems of Care in the Affordable Care Act Era</th>
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<tbody>
<tr>
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<td>THURSDAY 1:30 PM - 5:00 PM</td>
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<tr>
<td>Communities #2</td>
<td>Using Culture, Values, and Traditions to Address Behavioral Health: A Holistic, Indigenous Approach</td>
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<td>FRIDAY 8:30 AM - 10:00 AM</td>
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<td>FRIDAY 10:30 AM - 12:00 PM</td>
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<tr>
<td>Communities #4</td>
<td>Creating Customized Family Progress Reports: Engaging an Urban American Indian/Alaska Native (AI/AN) Community</td>
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<td>SATURDAY 8:30 AM - 12:00 PM</td>
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<td>Communities #5</td>
<td>Promoting Sustainability through Peer Integration in a Native American-Focused System of Care</td>
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<td>Communities #6</td>
<td>Implementing an Indigenous Theory of Change for Service Transformation: Case Examples</td>
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<td>SATURDAY 3:30 PM - 5:00 PM</td>
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# Professional Development Seminars - SUNDAY 9:30 AM - 12:30 PM

## Expanding State and Community Systems of Care

<table>
<thead>
<tr>
<th>Seminar #1</th>
<th>Taking Innovations to Scale: Strategies and Tools for System of Care Expansion and Measuring Progress</th>
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<tbody>
<tr>
<td>Seminar #2</td>
<td>Affordable Care Act: How to Use Key Provisions for Children’s Behavioral Health Services</td>
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<tr>
<td>Seminar #3</td>
<td>Cultural and Linguistic Competence and Disparities: The Application of the National CLAS Standards to Systems of Care</td>
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<td>Seminar #4</td>
<td>Strategies for Organizing and Financing Systems of Care: State-Community Partnerships</td>
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<tr>
<td>Seminar #5</td>
<td>Peer Consultation: Strategic Problem Solving</td>
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<td>Seminar #6</td>
<td>Building Systems of Care: Using a Primer for Designing and Implementing Effective Systems of Care</td>
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<td>Seminar #7</td>
<td>Return on Investment in Systems of Care: How to Collect and Use Data on Outcomes and Cost Savings</td>
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<td>Seminar #8</td>
<td>Evaluation of System of Care Expansion: Introduction to the National Evaluation</td>
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## Developing Leaders and the Workforce for Systems of Care

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<tr>
<th>Seminar #9</th>
<th>Leadership Development: How to Develop Family Leaders</th>
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<tr>
<td>Seminar #10</td>
<td>Leadership Development: Tools and Strategies for Young Adults Using Lived-Experience as Developing Professionals</td>
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<tr>
<td>Seminar #11</td>
<td>Collaboration: Strategies for Improving Cross-System Collaboration in Systems of Care</td>
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<td>Seminar #12</td>
<td>Peer Support: How to Train and Certify Parent Support Providers</td>
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<td>Seminar #13</td>
<td>Practitioner Development: How to Train, Certify, and Coach a High-Quality Wraparound Workforce</td>
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## Improving Services and Supports

<table>
<thead>
<tr>
<th>Seminar #14</th>
<th>Child Welfare: How to Leverage Consent Decrees to Improve Mental Health Services for Children and Families Involved with the Child Welfare System</th>
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<tr>
<td>Seminar #15</td>
<td>Early Childhood: Strategies and Tools for Improving Services and Practice</td>
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<tr>
<td>Seminar #16</td>
<td>Youth and Young Adults in Transition: Policy and Tools for Effective Transition Services</td>
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<tr>
<td>Seminar #17</td>
<td>Evidence-Based Practices: Strategies for Taking Evidence-Based Practices to Scale</td>
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<tr>
<td>Seminar #18</td>
<td>Trauma: Tools for Creating Trauma-Informed Systems of Care and Services</td>
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<tr>
<td>Seminar #19</td>
<td>Behavioral and Physical Health: Strategies and Tools for the Integration of Care</td>
</tr>
<tr>
<td>Seminar #20</td>
<td>Residential Interventions and Systems of Care: Building Bridges Initiative Strategies for Improving Practice, Outcomes and Integration</td>
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**RockStar Youth Leadership Track**

**YOUTH TRACK #1**

**Achieving Recovery through Comedy**

**THURSDAY 1:30 PM - 3:00 PM** • **FRIDAY 8:30 AM - 10:00 AM**

**YOUTH TRACK #2**

**Bullying: Signs and Solutions from a Youth Perspective**

**THURSDAY 1:30 PM - 3:00 PM** • **SATURDAY 10:30 AM - 12:00 PM**

**YOUTH TRACK #3**

**Developing and Supporting Youth Engagement from the Ground Up: Self to System**

**THURSDAY 1:30 PM - 3:00 PM** • **SATURDAY 1:30 PM - 3:00 PM**

**YOUTH TRACK #4**

**“LEEP” into Adulthood: Preparing for Successful Transition Out of the Foster Care System**

**THURSDAY 3:30 PM - 5:00 PM** • **SATURDAY 1:30 PM - 3:00 PM**

**YOUTH TRACK #5**

**Financial Wellness Brings Peace of Mind**

**THURSDAY 3:30 PM - 5:00 PM** • **SATURDAY 10:30 AM - 12:00 PM**

**YOUTH TRACK #6**

**Impact of Adverse Childhood Experiences on Our Whole Being**

**THURSDAY 3:30 PM - 5:00 PM** • **SATURDAY 8:30 AM - 10:00 AM**

**YOUTH TRACK #7**

**Leaders of Advocacy**

**FRIDAY 8:30 AM - 10:00 AM** • **SATURDAY 3:30 PM - 5:00 PM**

**YOUTH TRACK #8**

**Execute This! The Importance of a Youth Executive Board for Effective, Meaningful, Youth Impact and the Power of Youth Voice**

**FRIDAY 8:30 AM - 10:00 AM** • **SATURDAY 10:30 AM - 12:00 PM**

**YOUTH TRACK #9**

**Shout it from the Roof Tops: Youth Voice for System Change**

**FRIDAY 10:30 AM - 12:00 PM** • **SATURDAY 8:30 AM - 10:00 AM**

**YOUTH TRACK #10**

**Trusting Again…Rebuilding Relationships with Youth in Recovery**

**FRIDAY 10:30 AM - 12:00 PM** • **SATURDAY 8:30 AM - 10:00 AM**

**YOUTH TRACK #11**

**Youth Advocate to Advocate for Youth: The Next Transition**

**FRIDAY 10:30 AM - 12:00 PM** • **SATURDAY 3:30 PM - 5:00 PM**

**YOUTH TRACK #12**

**#MentalHealth**

**SATURDAY 1:30 PM - 3:00 PM** • **SATURDAY 3:30 PM - 5:00 PM**

**YOUTH TRACK #13**

**Stick-It to the Shrink**

**FRIDAY 8:30 AM - 10:00 AM**

**WELLNESS #1**

**Zumba and Guided Meditation**

**THURSDAY 1:30 PM - 3:00 PM** • **SATURDAY 3:30 PM - 5:00 PM**

**WELLNESS #2**

**Wellness/ Whole Health Peer Support for Youth**

**THURSDAY 3:30 PM - 5:00 PM**

**WELLNESS #3**

**Pass the Carrots**

**FRIDAY 8:30 AM - 10:00 AM** • **SATURDAY 8:30 AM - 10:00 AM**

**WELLNESS #4**

**Kickboxing**

**FRIDAY 10:30 AM - 12:00 PM** • **SATURDAY 10:30 AM - 12:00 PM**

**WELLNESS #5**

**Wellness Recovery Action Plan (WRAP) for Relationships**

**SATURDAY 1:30 PM - 3:00 PM**