

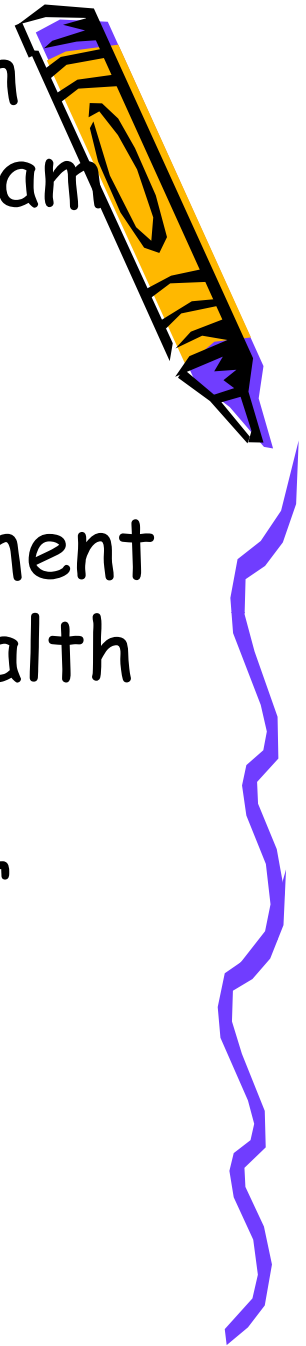


Ohio's Early Childhood
Mental Health
Consultation Program
December 15, 2010



Ohio Department of Mental Health Early Childhood Mental Health Program

- Celebrating 10 Years
- ODMH Leadership in the development of the Early Childhood Mental Health (ECMH) program.
- Children age birth to six and their families and caregivers



ODMH EARLY CHILDHOOD MENTAL HEALTH PROGRAM STATE AND LOCAL PARTNERSHIPS

- **Ohio Department of Job & Family Services - child welfare and child care**
- **Ohio Department of Education**
- **Ohio Department of Health - Help Me Grow - birth to 3 program, ECCS, Project LAUNCH**
- **Ohio Department of Developmental Disabilities**
- **Ohio Department of Alcohol & Drug Addiction Services**
- **Early Childhood Cabinet**
- **Ohio Family and Children First Council**
- **Ohio Association of Infant Mental Health**
- **Ohio Child Care Resource & Referral Association - Professional Development Registry**
- **Head Start**
- **Children's Hospital Association**
- **Ohio Developmental Disabilities Council**
- **Local and state children's advocacy organizations**
- **Local Alcohol Drug Addiction & Mental Health Services Boards**
- **Local mental health providers**
- **Families**
- **Institutions of Higher Education**
- **Ohio Department of Mental Health staff**

In the beginning...



- RFP for 50 local mental health boards - 25 funded
- Funded activities included:
 - Mental health consultation services to early childhood programs
 - Cross-systems training for early childhood professionals
 - Education for parents and early childhood staff
 - Establishment of community collaborative teams
 - Public awareness and community education activities
 - Therapy for infants and toddlers to include infant massage, art and music therapy.
 - Establish parent support groups and parent mentoring



Early Childhood Mental Health (ECMH) State Plan for Ohio



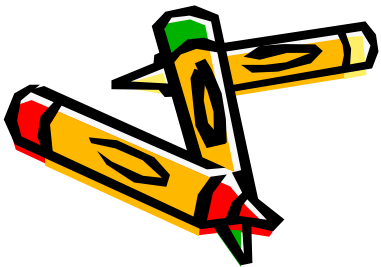
- Goal (Service Continuum)
- Goal (Training)
- Goal (Funding/Financing)
- Goal (Public Awareness & Advocacy)
- Goal (Evaluation/Research)



Early Childhood Mental Health Consultation

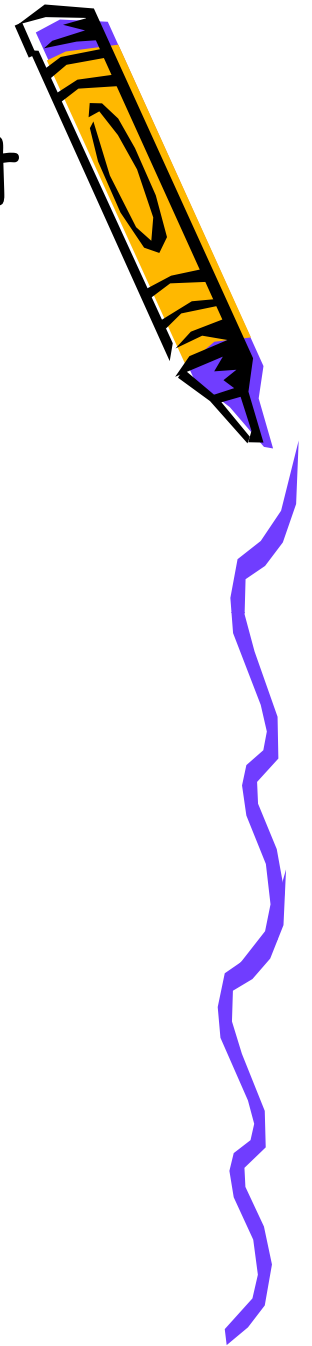


- Increase knowledge, awareness, resources and skills necessary for communities to meet the behavioral health needs of young children and their families, especially those at risk for abuse, neglect and mental health issues.
- Building protective factors in young children and increasing competencies and skills of parents and early childhood providers



ECMHC Logic Model Development

- Building the Framework
- Regional forums
- Providers and other stakeholders
- Comprehensive evaluation of Ohio's ECMH Consultation Program



Logic Model Measure Structure

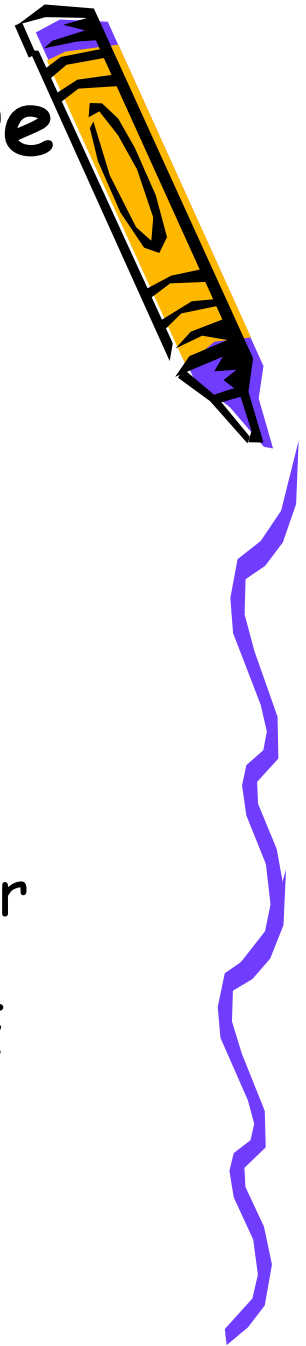


- Child/Family Focused Consultation Input Measures
- Process Measures—Child/Family Focused Consultation
- Outcome Measures--Child or Family Focused Consultation
 - Closed Successfully
 - Maintained in Center at Closing
 - Pretest/Posttest Outcome Assessment Measure Change—evaluated for Clinical and Significance Change (DECA)
 - Satisfaction Survey Results of Parents
 - Satisfaction Survey Results of ECE providers



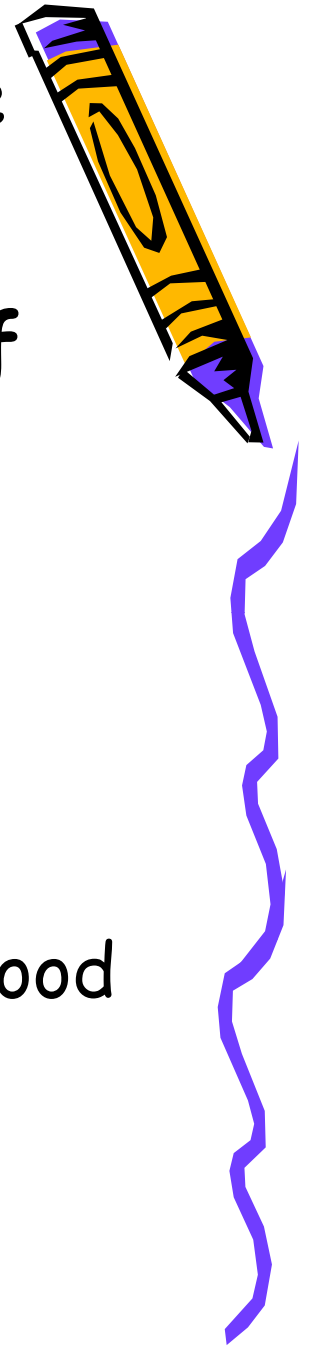
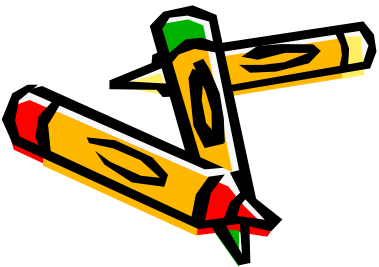
Logic Model Measure Structure

- Center Focused Consultation Input Measures
- Process Measures-- Center Focused Consultation
- Outcome Measures-- Center Focused Consultation
 - Pretest/Posttest Classroom/teacher Assessment Measure Change—evaluated for Educational and Significance Change
 - Overall Satisfaction Survey Results of ECE Program Providers



Logic Model Measure Structure

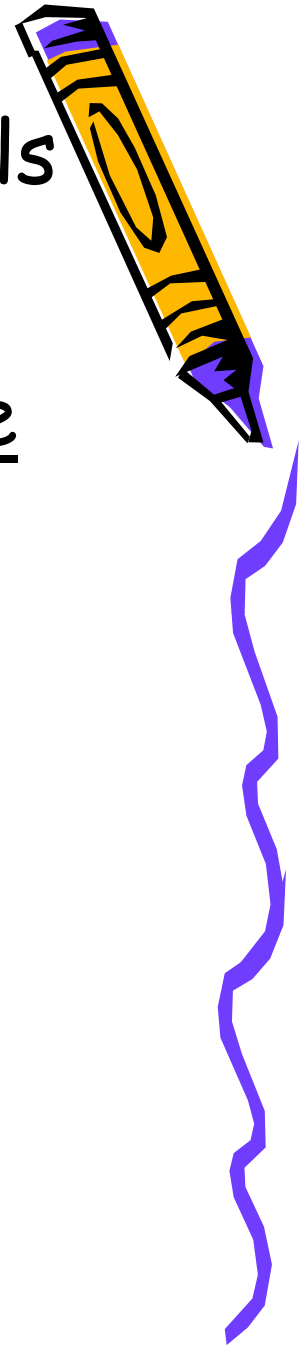
- Parent and Early Childhood Staff Training_Input Measures
- Outcome Measures
 - Individual and Overall Training Evaluation Responses by Parents
 - Individual and Overall Training Evaluation Responses by Early Childhood Providers



Ohio's Core Competencies for Early Childhood Mental Health Professionals

April 2009

- The Five Domains of ECMH Core Competencies
 - Social-Emotional Growth & Development
 - Family & Community Relations
 - Assessment
 - Interventions
 - Professional Development



ECMH Consultant Profile



- 80% have Master's Degree or higher
 - Psychology, Social Work and education most frequently cited disciplines
- 77% are licensed professionals
- 7 years Average Mental Health experience
 - 1 year to 37 years range
- 87% have early childhood experience
 - Average of 4 years in the field

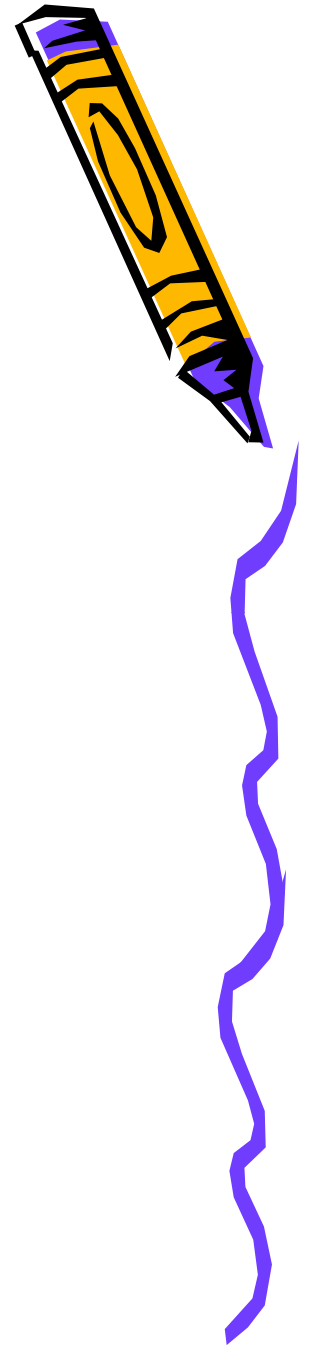
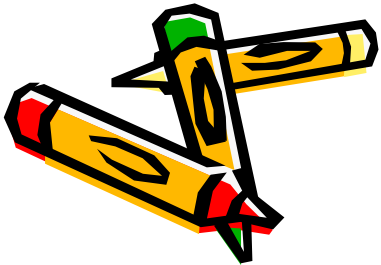


➤ 155 ECMH Consultants for FY 2010



ECMH Consultant Support

- Professional development
- Annual training calendar
- ECMHC required training
- Core training
- Requests from the field
- Master training
- Regional meetings
- Peer to peer support and mentoring
- List serve
- Training and technical assistance

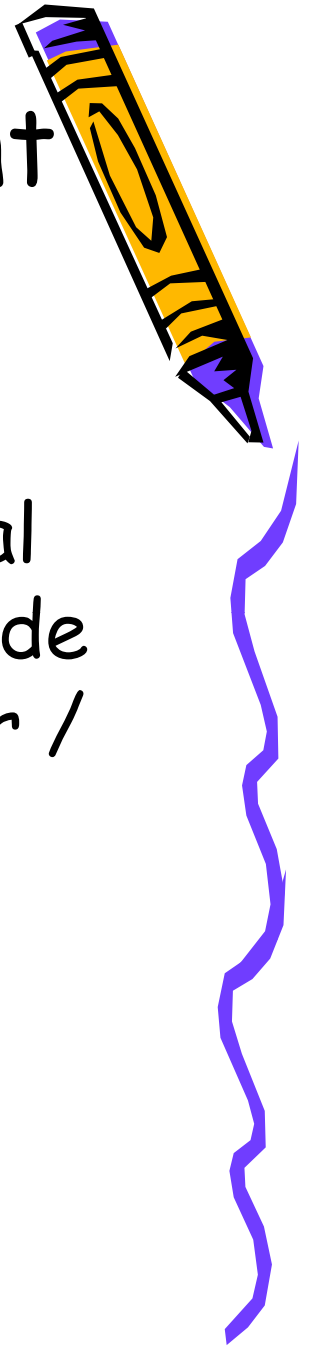


Ohio's ECMH Consultation Model 2010

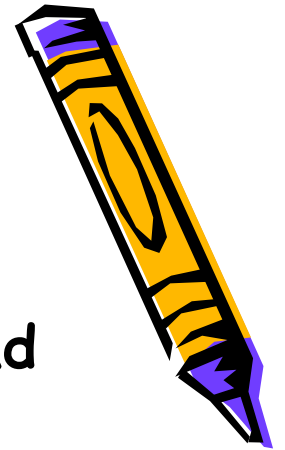
- Provide center-based consultation services in low income and high risk areas and include only subsidized child care and Head Start settings.
- Children identified as being at risk of expulsion from an early care setting remain a priority.
- Program funds should be focused on universal prevention and intervention and are intended to drive classroom change. Quality of services, rather than mere quantity, is important.
- Written agreements between the service provider and the center receiving services are required
 - ECMHC Partnership Agreement

ECMHC Partnership Agreement

- Center Demographics
- Anticipated duration of services
- Services The Early Childhood Mental Health (ECMH) Consultant will provide
- Includes expectations of the Center / Head Start Provider (readiness)
- Signatures
- Contact information
- Other



Early Childhood Mental Health Consultation SFY 2010



- Center based consultation services provided to Head Start Centers and Child Care Centers serving with children with subsidies
- 24,281 children in group settings received consultation services
- 2463 families of young children received consultation services
- 2302 infants, toddlers, and preschoolers received individual services
- 3348 early childhood providers received specialized early childhood consultation and training supports
- 652 child care and Head Start centers received consultation services on individual children and/or their social and emotional learning environments for young children

» 155 ECMH Consultants statewide



Satisfaction with ECMH Consultation Services SFY 2010

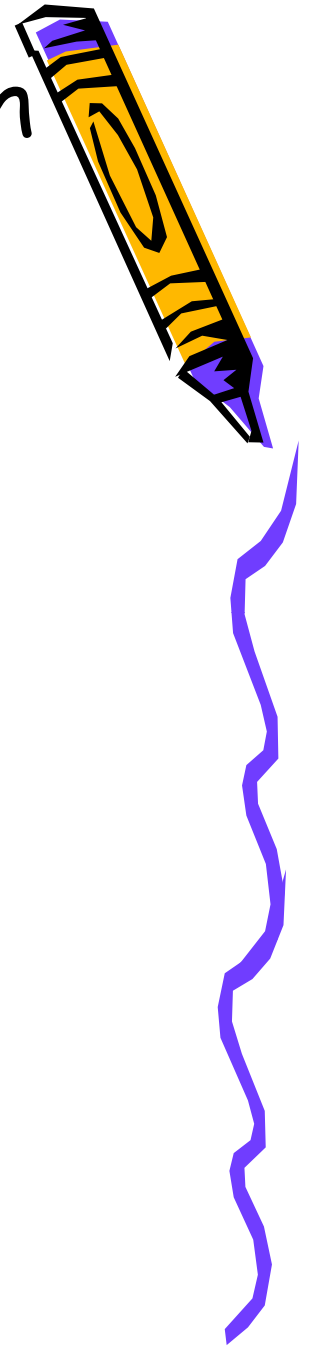
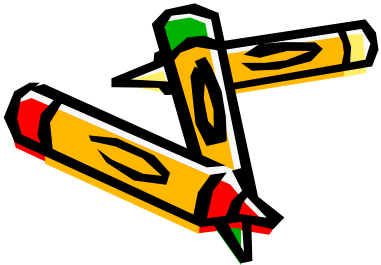


- **96.7 %** overall rate of parent satisfaction with the consultation services.
- **97%** overall rate of early childhood providers satisfaction with the consultation services provided.



Early Childhood Mental Health Program Strengths

- ECMH programming and services are characterized by flexibility.
- ECMH specialists are knowledgeable and skilled.
- Strength-based approaches are used.
- Evidence-based programs are employed.
- Continuum of Care provided
- Strong community relationships exist.



ECMH Consultation Education and Training

- Overall satisfaction rate for training sessions by ECMH Consultants to ECE staff and parents
 - 98.2% for the instructor
 - 94.5% for the learning objectives.
- 66.9% understanding of topic prior to training
- 97.2% understanding of topic after training

SFY 2010 Outcomes

- Child-specific consultations were provided for 1758 children at risk of removal from an early childhood setting.
- **87.1% were maintained in the Center at closure or were enrolled in kindergarten,**
 - 6.4% were transferred during services,
 - 5.1% were removed - not participating in childcare, and
- **1.5% were expelled due to behavior.**



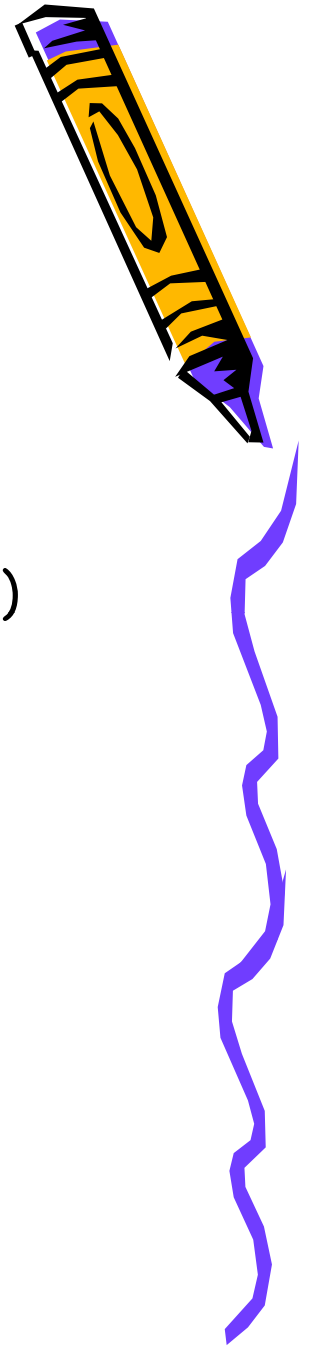
ECMHC Dosage



- **Classroom consultation**
 - 16,258 visits
 - 1,290,146 minutes - total duration of visits
 - 13 - average number of classroom visits
 - 1044 minutes - average duration of time per classroom
 - 79 minutes - average length of each visit was.
- **Child specific consultations**
 - 8,781 visits
 - 483,804 minutes - total duration of all visits
 - 7 - average number of visits per child
 - 408 minutes - average duration of time per child
 - 55 minutes - average length of each visit



ECMH Continuum



- Public awareness
- ECMH Consultation
- Assessing Resiliency and Social Emotional Development
 - Devereux Early Childhood Assessment Program (DECA)
 - ASQ:SE
- Incredible Years Programs
- Maternal depression screening and referral
- ECMH Treatment
 - Early Childhood Mental Health/ Child Welfare Demonstration Project



ECMH/CW Demonstration Project

Concept: Provide Early Childhood Mental Health Consultation and Treatment Services to children birth to age 6 including their families (either birth, custodial, adoptive or foster) involved with the child welfare system

Target Population: Children birth to 6 and their families

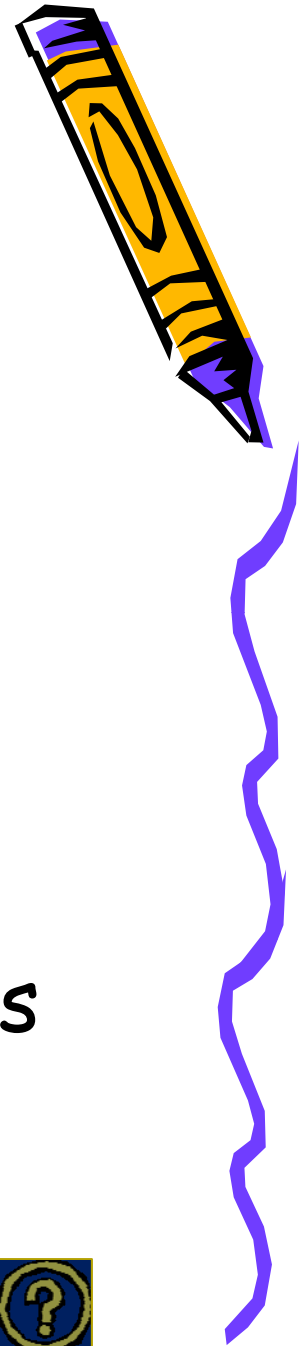
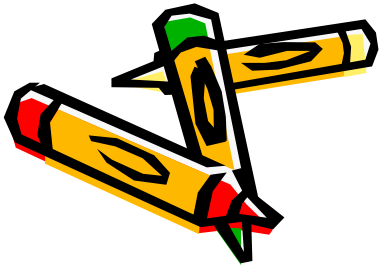
- Children identified through initial and/or ongoing assessment as being in need of ECMH services including children:
- with substantiated cases of abuse/neglect as determined by the Public Children Services Agency (PCSA);
- identified through the PCSA “Alternative Response System”;
- at risk of removal from their custodial home;
- entering foster care; or
- at risk of being moved to another foster care placement due to behavioral issues.

Expected Outcomes:

- Increased access to ECMH consultation and treatment services;
- Increased protective factors and decreased behavioral concerns;
- Increased number of children who are able to safely remain in their own homes;
- Decreased number of children removed from foster homes and early care and education settings due to behavioral health concerns; and
- Decreased recidivism for abuse/neglect.

Who is Funded

- ODMH - state level
- Allocations to local mental health boards
- Local MH Board contracts with certified MH provider agencies
- Agencies employ ECMH Consultants
- Available in all areas of the state

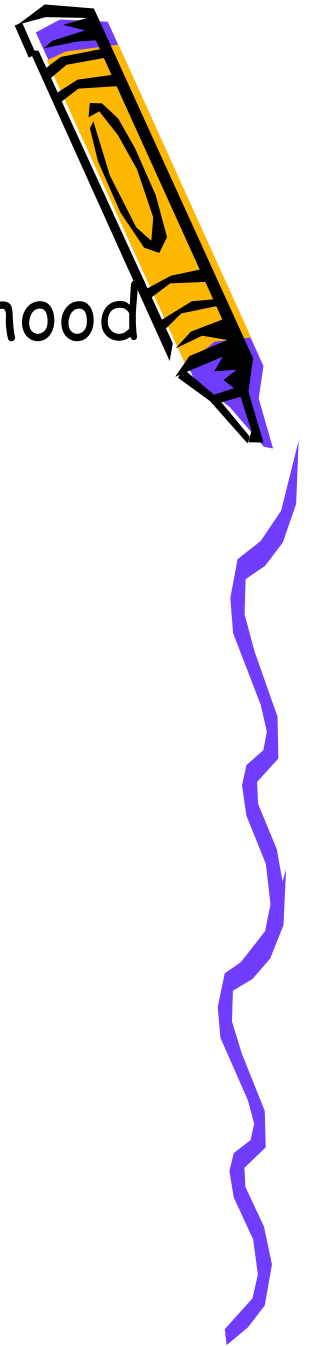


ECMH Program Funding Sources

- General Revenue Funds (state dollars) - all ECMH continuum services
- Ohio Children's Trust Fund, Community Based Child Abuse Prevention (CBCAP) - ECMH Consultation Services
- Federal Child Care Quality funds - ECMH Consultation services, materials, training
- IVB Part 2 - Incredible Years
- TSIG - training, professional development, data collection system development, program evaluation, public awareness, core competencies development
- Medicaid - ECMH Treatment
- FMAP (federal Medical assistance percentages) - ECMH consultation and treatment with child welfare population
- Local Funds

Local Funds

- Over \$2,000,000 in other funds were dedicated to support local early childhood mental health programs.
- Local funds
 - Local mental health board
 - United Way
 - Family and Children First Council
 - Children's Trust Fund
 - Provider agency
 - Community foundations
 - Job and Family Services
 - Community action
 - Contracts with early care and education programs



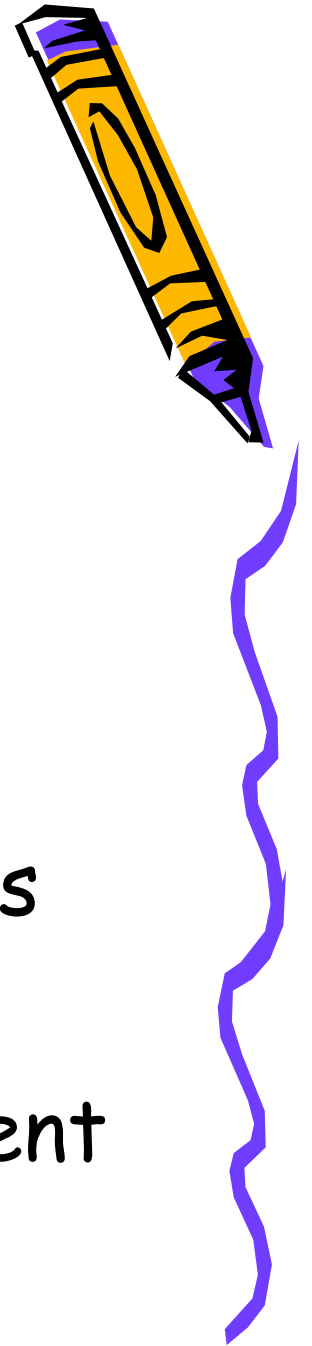
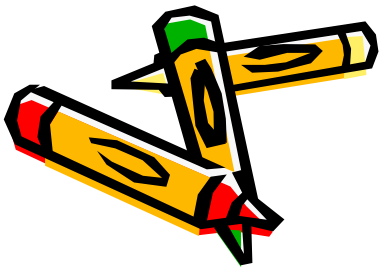
Costs of ECMH Services

- \$3875 average cost per center for center-based consultation per year
- \$560 average cost per child for child-focused consultation in centers
- \$1280 average cost per child for ECMH Treatment services



Contributors to Sustaining and Expanding Program

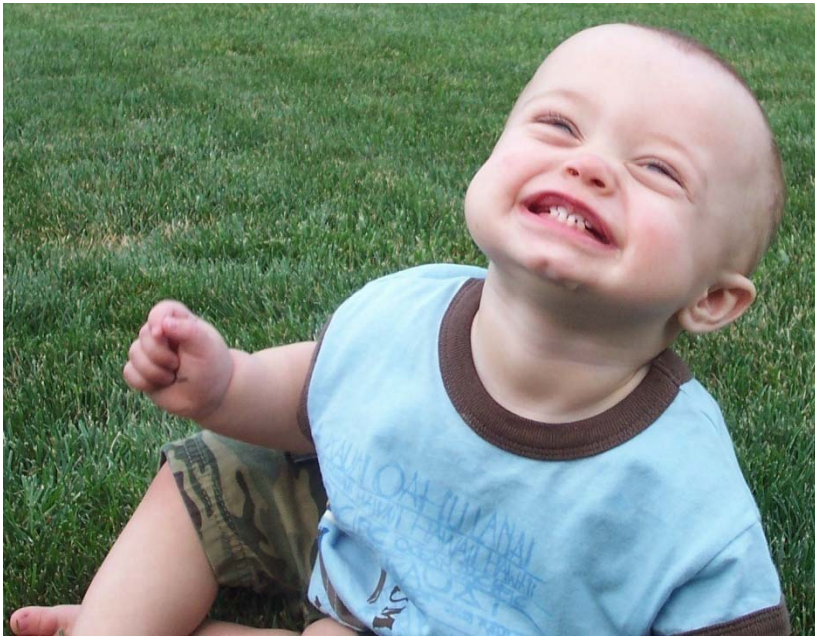
- RELATIONSHIPS
- Partnerships
- Advocates and Champions
- Evaluation
- Output and Outcome Measures
- Data to support Outcomes
- Continuous Quality Improvement



ODMH Early Childhood Mental Health Program



- For more information contact:



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