Future Directions for Early Childhood at the Federal Level

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Behavioral Health is Essential To Health

Prevention Works

Treatment is Effective

People Recover
Budget
Children’s Mental Health Initiative (CMHI)

- 173 grantees funded sites since 1993
- Program serves children and youth aged 0-21 years
- 17 sites focused on young children
- More than 113,000 children/youth served through FY2011
- 24 State-level expansion planning grants FY2011
CMHI Early Childhood Communities
Which to choose?

 Miracle vs. Tangible Strategies
System of Care Framework

Promote coordination and collaboration between child-serving agencies to better serve children and youth.
Definition of Risk

Determining eligibility for System of Care
Definition of Risk

- 13% were deemed eligible for System of Care services in another way
  - Structured instrument (SDQ, Vineland)
  - Clinician determining that the child was at “imminent risk” for developing a severe mental health concern
System of Care: Focus on Values

EBP’s & Clinical Excellence
Youth Guided
Family Driven
Continuous Quality Improvement
Cultural & Linguistic Competence

\[ T = (V + B + A) \times (CQI)^2 \]
Better service through knowledge & information
Overall Child and Youth Highlights

- Children and youth who have experienced traumatic events and receive services in CMHI or NCTSN have:
  - Reduced behavioral and emotional problems
  - Increased behavioral and emotional skills
  - Reduced trauma symptoms
  - Reduced substance use problems
  - Improved functioning in school and in the community
  - Improved ability to build relationships
### Who are the Children Aged 0-8 Served by CMHI?

<table>
<thead>
<tr>
<th>Referral Source</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caregiver</td>
<td>30.6%</td>
</tr>
<tr>
<td>Mental Health Agency/Clinic</td>
<td>21.6%</td>
</tr>
<tr>
<td>Public Child Welfare</td>
<td>13.8%</td>
</tr>
<tr>
<td>School</td>
<td>13.1%</td>
</tr>
<tr>
<td>Physical Health Care</td>
<td>5.8%</td>
</tr>
<tr>
<td>Early Care/Head Start/Preschool</td>
<td>3.9%</td>
</tr>
<tr>
<td>Others</td>
<td>11.2%</td>
</tr>
</tbody>
</table>

**Race/Ethnicity**

- **White**: 41%
- **Black/African-American**: 6%
- **American Indian/Native American**: 4%
- **Hispanic**: 14%
- **Multi-racial**: 4%
- **Asian**: 2%

(n = 5,807)
## Common Diagnoses

### Most common DSM-IV diagnoses

<table>
<thead>
<tr>
<th>Diagnosis</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADHD</td>
<td>28%</td>
</tr>
<tr>
<td>Adjustment Disorder</td>
<td>27%</td>
</tr>
<tr>
<td>Disruptive Behavior Disorder</td>
<td>23%</td>
</tr>
<tr>
<td>Oppositional Defiant Disorder</td>
<td>11%</td>
</tr>
<tr>
<td>Mood Disorders</td>
<td>7%</td>
</tr>
<tr>
<td>PTSD/Acute Stress</td>
<td>5%</td>
</tr>
<tr>
<td>Pervasive Developmental Disorders</td>
<td>5%</td>
</tr>
<tr>
<td>Anxiety Disorders (not PTSD)</td>
<td>4%</td>
</tr>
<tr>
<td>Learning/Motor/Communications Disorders</td>
<td>3%</td>
</tr>
</tbody>
</table>

### Most common DC:0-3 diagnoses

<table>
<thead>
<tr>
<th>Diagnosis</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adjustment Disorder</td>
<td>25%</td>
</tr>
<tr>
<td>Sensory Stimulation-Seeking/Impulsive</td>
<td>13%</td>
</tr>
<tr>
<td>Sensory Processing Disorders</td>
<td>8%</td>
</tr>
<tr>
<td>PTSD</td>
<td>7%</td>
</tr>
<tr>
<td>Hypersensitive (B): Negative/Defiant</td>
<td>7%</td>
</tr>
<tr>
<td>Disorders of Affect</td>
<td>5%</td>
</tr>
<tr>
<td>Deprivation/Maltreatment</td>
<td>5%</td>
</tr>
<tr>
<td>Mixed Disorder of Emotional Expressiveness</td>
<td>3%</td>
</tr>
</tbody>
</table>
Percentage Receiving Services

- Assessment/Evaluation: 79%
- Individual Therapy: 56%
- Informal Support: 43%
- Case Management: 39%
- Caregiver/Family Support: 29%
- After-school/Child Care: 21%
- Family Therapy: 20%
- Medication Monitoring: 18%
- Transportation: 12%
- Group Therapy: 11%
- Flex Funds: 8%
## Service Experiences

<table>
<thead>
<tr>
<th>Scale</th>
<th>Percent Satisfied</th>
</tr>
</thead>
<tbody>
<tr>
<td>Access to Services</td>
<td>91%</td>
</tr>
<tr>
<td>Participation</td>
<td>90%</td>
</tr>
<tr>
<td>Cultural Sensitivity</td>
<td>97%</td>
</tr>
<tr>
<td>Satisfaction with Provider</td>
<td>82%</td>
</tr>
<tr>
<td>Outcome for Child</td>
<td>63%</td>
</tr>
<tr>
<td>Overall</td>
<td>79%</td>
</tr>
</tbody>
</table>

Based on caregiver report. Participants are considered satisfied if the average scale score was 3.5 or greater on a 5 point Likert-type scale.
Behavioral and Emotional Health Improves

- CBCL Internalizing (n = 847): 25% (6 Months) vs. 18% (12 Months)
- CBCL Externalizing (n = 847): 24% (6 Months) vs. 27% (12 Months)
- CBCL Total (n = 847): 27% (6 Months) vs. 34% (12 Months)
Improvement in Child Strengths and Caregiver Strain

**Improved Strengths (BERS-2C)**
- (n = 380)
  - 30% 34%

**Improved in Caregiver Strain (CGSQ)**
- (n = 863)
  - 25% 36%

Strengths finding is based on Overall Strengths Score on BERS-2C, Parent Rating Form. Caregiver Strain finding is based on Caregiver Strain Questionnaire (CGSQ). Percentages indicate Reliable Change Indicators (RCI) at each time period.
Caregivers Missed Fewer Days of Work

Based on caregiver report of days of work missed within the last 6 months. Only data from caregivers who reported being employed at all three time periods were analyzed. F = 7.34, p < .01
5 Ways we can Transform Mental Health Care
Be on the lookout for new opportunities...
Technology “R” Us
HEROES OF HOPE

NATIONAL CHILDREN’S MENTAL HEALTH AWARENESS DAY 2012
Lisner Auditorium at GWU 730 21st Street, NW Washington, DC
May 9, 2012 7:30–9:30 p.m.
Use the buddy system when working on systems change...
Youth Driven

www.youthmovenational.org/
Celebrate the uniqueness of the families you work with
Eliminating disparities requires: Celebrating Difference!
Celebrating LGBTQI2-S Culture
Document your success...
Lead by Example

“With great power comes great responsibility.”

~ Stan Lee ~
Project LAUNCH has been called a Dinosaur...
But if Early Childhood Communities were dinosaurs......
You would be called

AWESOMEASAURUS
Change may happen slowly
We must stay on the right path...
So our dreams can come true
THANK YOU!!!

Gracias
Dank u
Salamat
Merci
Danke
תודה
शुक्रिया
cảm ơn bạn