## EARLY CHILDHOOD SYSTEM OF CARE COMMUNITY PROFILE

### Family CARE

**MCHEMRY COUNTY, ILLINOIS**

<table>
<thead>
<tr>
<th>Year Cooperative Agreement</th>
<th>FY2006</th>
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<tbody>
<tr>
<td>Awarded from SAMHSA</td>
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**Is this your first system of care cooperative agreement?** Yes

<table>
<thead>
<tr>
<th>Lead Agency</th>
<th>IL Department of Human Services and McHenry County Mental Health Board</th>
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**Service Area**

<table>
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<tr>
<th>Geographic Boundaries</th>
<th>McHenry County, IL</th>
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**Geographic Description**

McHenry County covers 600 square miles and is located about 45 miles from the city of Chicago and would be described as both a suburban/rural county in the northeast corner of Illinois. The southeast quadrant is heavily populated around the Metra train lines and Interstate routes used by commuters traveling each day to Chicago.

**Service Population Demographics**

Current population is around 300,000 residents with a dramatic increase in the Latino population over the past 15 years.

**Enrollment Criteria**

- 0 - 21 years
- Criteria is specific for different programs within the system of care; for example, Crisis Stabilization (SASS) Program, Wraparound Program, Prevention (Project Success) Program, etc.

**Key Partners**

- **Formal/Subcontracted Partners**
  - Family Service and Community Mental Health Center; Youth Service Bureau/Pioneer Center, Home of the Sparrow

- **Informal Partners**
  - Marengo High School, Crystal Lake High School, Special Education District of McHenry County; Regional Office of Education; IL DCFS; McHenry County Court Services
### Organizational Chart/Staffing Structure
- Project Director: Terri Reighard
- Co-Principal Investigator: Tanya Anderson, M.D., Il Department of Human Services
- Co-Principal Investigator: Sandy Lewis, Executive Director, Mental Health Board
- Project Director: Todd Schroll
- Lead Evaluator/Co-Principal Investigator: Mary Spooner, Ph.D.
- Lead Family Contact: Beth Berndt, Executive Director, Families, ETC
- Clinical Director: Liz Doyle
- Youth Coordinator: Elizabeth Bean
- Social Marketer: Independent Contractor Robyn Ostrem
- Cultural and Linguistic Competence Coordinator: Subcontracts with staff at 5 partner agencies that comprise the McHenry County Cultural and Linguistic Competency Committee
- TA Coordinator & State/Local Liaison: Not Filled

### Governance Structure
The Family CARE Governance Structure consists of 51% parent/youth representation and 49% professional and system partner representation. There are 2 parents and 1 youth currently chairing the Governance Council. The Council meets one evening per month, the last Tuesday of the month, and there are 3 active subcommittees: Finance Subcommittee, Steering Committee, and Orientation Subcommittee.

Members of the Governance Council include: youth, parents and consumers, schools and related organizations, funding agencies, businesses, local government, law enforcement and court services, faith community, service providers, health providers, advocacy groups, state agencies and citizens at large. Youth who have experienced services within the System of Care and/or their parents/caregivers shall comprise 51% of membership.

### Evidence-Based Practices Used
- Incredible Years Parenting Skills Program; Incredible Years Teacher Classroom Management Program, Theraplay, Wraparound, Transition to Independence Process (TIP);
- Integrated Co-occurring Treatment (ICT); Family Night Engagement Process and Trauma-Focused CBT

### Local Evaluation Measures Used
- Child and Adolescent Needs and Strengths (CANS) Assessment; GAIN (alcohol and substance abuse assessment); Columbia Impairment Scales; Ohio Scales; Pre and post test for Incredible Years
<table>
<thead>
<tr>
<th>Funding Sources</th>
<th>Current</th>
<th>Medicaid, local tax dollars, state contracts, and private insurance</th>
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<tbody>
<tr>
<td></td>
<td>Planned/Long-Term for Sustainability after Grant Award Expires</td>
<td>Medicaid, local tax dollars, state contracts, private insurance and state and federal grants</td>
</tr>
</tbody>
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| Resources Your Community Would Like to Highlight | Family Night (an evidence-based practice by Dr. Mary McKay)—this engagement process eliminated long waiting lists at the two major community mental health centers. |

| Lessons Learned/Recommendations to Share with Other Communities Developing Early Childhood Systems of Care | Start from a Public Health Approach and include all stakeholders for young children; Our community chose 4 targeted populations: Early Childhood, Transitional Age Youth, Youth with Co-occurring Disorders, and Latino Youth with SED – this has been a very difficult challenge to ensure that all populations are being adequately addressed – there have been varying degrees of success in each area. |

| Key Contact for More Information on Your System of Care | Liz Doyle  
Clinical Director  
McHenry County Mental Health Board  
620 Dakota Street  
Crystal Lake, IL 60012  
815-788-4369  
ldoyle@mc708.org |