WHO WE ARE
People across the country know the Georgetown University National Technical Assistance Center for Children's Mental Health (TA Center) from the many different ways they have benefitted from the TA that we provide. Perhaps you have:

• Participated in one (or all) of the 15 biennial Training Institutes that we have conducted since our first in Colorado in 1986
• Received TA from us in building and sustaining your system of care
• Used one of our many documents such as the *Intersect of Health Reform and Systems of Care*
• Participated in one of our Leadership, Finance, or Policy Academies
• Joined one of our webinars in our monthly series on important, timely topics related to children’s mental health
• Or partnered with us in one of our many cross-system collaborations

Since 1984 when the National Technical Assistance Center for Children’s Mental Health was established at the Center for Child and Human Development in the Georgetown University Department of Pediatrics in Washington, DC, we have been assisting states, tribes, territories, communities, and the federal government in improving policies, systems, and services for children, youth, and young adults, with or at risk for behavioral health challenges, and their families.

Our TA is designed for people working in real world settings. Our strategies are multifaceted to disseminate needed knowledge and information broadly, as well as to provide the in-depth, “how-to” learning, consultation, and strategic coaching required to implement and sustain systemic reform. All of Georgetown’s activities are grounded in system of care values and principles.

AREAS OF FOCUS
Three cross-cutting themes capture our current areas of focus. A detailed description of the types of TA that are available in each of these areas will be presented at the Training Institutes Poster Session.

**Expanding and Sustaining Systems of Care**
• Operationalizing Systems of Care and Taking Them to Scale
• Alternatives to Residential Services
• Cross-System Financing Strategies
• Health Reform and Opportunities for Systems of Care
• Cultural and Linguistic Competence and Eliminating Disparities
• Family-Driven and Youth-Guided Systems
• Policy Research and Evaluation

CONTINUED
Developing Leaders
• Leadership Development and Coaching
• Collaboration and Negotiation
• Workforce Development

Improving Services and Outcomes Within and Across Child and Youth-Serving Systems
• Trauma-Informed Systems
• Evidenced-Informed Practices
• Early Childhood Mental Health
• Youth and Young Adults of Transition Age
• Co-Occurring Mental Health and Substance Use Disorders
• Co-Occurring Mental Health and Developmental Disabilities
• Child Welfare
• Juvenile Justice
• Mental Health and Primary Care Integration
• Mental Health and Schools
• Youth Mental Health First Aid
• A Public Health Approach to Children’s Mental Health

FOR ADDITIONAL INFORMATION
National Technical Assistance Center for Children’s Mental Health
Georgetown University Center for Child and Human Development
Phone: 202-687-5000
Fax: 202-687-1954
Email: childrensmh@georgetown.edu
Website: http://gucchdtacenter.georgetown.edu

The Georgetown University National Technical Assistance Center for Children’s Mental Health is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), the Administration for Children and Families (ACF), and the Centers for Medicare and Medicaid Services (CMS) within the U.S. Department of Health and Human Services (DHHS).

Notice of Non-Discrimination
Georgetown University provides equal opportunity in its programs, activities, and employment practices for all persons and prohibits discrimination and harassment on the basis of age, color, disability, family responsibilities, gender identity or expression, genetic information, marital status, matriculation, national origin, personal appearance, political affiliation, race, religion, sex, sexual orientation, veteran status or any other factor prohibited by law. Inquiries regarding Georgetown University’s nondiscrimination policy may be addressed to the Director of Affirmative Action Programs, Institutional Diversity, Equity & Affirmative Action, 37th and O Streets, N.W., Suite M36, Darnall Hall, Georgetown University, Washington, DC 20057.
Welcome to the District of Columbia, the Nation’s Capital and home to more than 600,000 residents. The Department of Behavioral Health is honored to co-sponsor this year’s Institutes!

Exciting work is taking place to improve children’s mental health services here in the District. Led by Mayor Vincent C. Gray, we are embracing the system of care approach and seeing big changes that are making a difference in the lives of children, youth and their families. Working with our government and community partners, we are building a comprehensive community-based mental health system that offers prevention and a range of high-quality services in both the youth’s natural settings, as well as in clinic and office-based settings. Mental health services can be accessed in a number of ways—in child development centers, public schools, and public charter schools, non-mental health points of service entry within government, and through an unscheduled walk-in at a community clinic. The number of children and youth receiving a public mental health service grew by nearly 20% over the last three years. We would like to share a few highlights of our work with you:

• A wide range of evidence-based and evidence-informed practices for youth and their families are now available and utilization continues to grow—in some cases it has doubled since 2011.
• In school year 2014-2015, school mental health clinicians will be based in 71 public schools and public charter schools.
• We continue to increase the number of mental health screenings taking place in child development centers and public and public charter schools, and we are supporting pediatricians to make mental health screening a regular part of the annual child well-check visit.
• The nationally recognized Youth Mental Health First Aid Program is in great demand, and in the last year, we trained more than 400 individuals to recognize the signs of mental health needs and refer to services.
• While a residential treatment placement is available for youth who need that higher level of care, because of the growth in community-based programs and the collaborative work of District agencies, a much smaller number require out-of-home placements.

We know that exciting changes like these are taking place in other cities and states, and we are looking forward to sharing stories with you and learning from your experiences at the Institutes.

Sincerely,

STEPHEN T. BARON
Director, Department of Behavioral Health

BARBARA J. BAZRON, PhD.
Senior Deputy Director

MARIE MORILUS-BLACK, LICSW-R
Director, Child and Youth Services
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INSTITUTES
APP & SOCIAL MEDIA

Training Institutes 2014 is the official mobile app for the 2014 Georgetown University Training Institutes. The app allows you to:

- View the overall Institutes agenda and detailed schedule
- Explore session and faculty information
- Create your own personal schedule to make the most of the Institutes
- Find session locations
- Rate the sessions you attend
- Post updates to General Sessions, Institutes, and Workshops
- Interact with a real-time feed of all Institutes activity that showcases which sessions are trending, most popular photos, and popular discussion topics
- Find and connect with participants and faculty
- Earn points, and badges for being active on the app and at the event. Check the leaderboard to see how you compare to other attendees.
- Expand your professional network and have fun!

Features of the Training Institutes App:

- **Update**—A quick way to share photos, comments, and which session you’re attending
- **Activity Feed**—The real-time pulse of the Institutes. See what people are saying, view photos from the Institutes, and find trending sessions and topics.
- **Agenda**—View the full agenda and information for specific sessions (time, room number, faculty, etc.)
- **Users**—See who’s at the event, and connect with them on the app
- **Social Media Connections**—Connect to your social media platform—Facebook, Twitter, and LinkedIn. Add them to your profile to share your app updates.

Download on the
App Store

ANDROID APP ON
Google play

AGENDA OVERVIEW

**MONDAY • JULY 14**
4:00 PM – 8:00 PM Registration

**TUESDAY • JULY 15**
7:30 AM – 6:00 PM Registration
8:30 AM – 5:30 PM Pre-Institutes Training Programs

**WEDNESDAY • JULY 16**
7:30 AM – 7:00 PM Registration
8:30 AM – 5:30 PM Pre-Institutes Training Programs
1:30 PM – 3:30 PM RockStar Youth Leadership Track Orientation
2:30 PM – 3:30 PM Orientation to Institutes App and Social Media
4:00 PM – 5:30 PM SPECIAL PRESENTATION

**THURSDAY • JULY 17**
7:30 AM – 6:00 PM Registration
7:30 AM – 8:30 AM Continental Breakfast
8:30 AM – 11:45 AM OPENING SESSION
11:45 AM – 1:15 PM Lunch On Your Own—Networking
1:30 PM – 5:00 PM Institutes and Workshops
5:00 PM – 6:30 PM RECEPTION
6:30 PM – 9:30 PM BANQUET

**FRIDAY • JULY 18**
7:30 AM – 6:00 PM Registration
7:30 AM – 8:30 AM Continental Breakfast
8:30 AM – 12:00 PM Institutes and Workshops
12:15 PM – 3:15 PM LUNCHEON and GENERAL SESSION
3:30 PM – 5:30 PM POSTER SESSION and DESSERT RECEPTION

**SATURDAY • JULY 19**
7:30 AM – 6:00 PM Registration
7:30 AM – 8:30 AM Continental Breakfast
8:30 AM – 12:00 PM Institutes and Workshops
12:15 PM – 1:15 PM Lunch On Your Own—Listening Sessions
1:30 PM – 5:00 PM Institutes and Workshops

**SUNDAY • JULY 20**
7:30 AM – 12:30 PM Registration
8:30 AM – 9:30 AM Continental Breakfast
9:30 AM – 12:30 PM Professional Development Seminars
Continuing Education (CE) credits are available for attendance at all Training Institutes sessions. A CE credit application must be completed and can be found online at the Training Institutes website. A paper form may be requested at the Training Institutes Registration Desk. A processing fee of $35 is required with this application. The CE credit application must be submitted no later than August 15, 2014 in order to receive CE credits.

Training Institutes participants may earn up to 36 hours of CE credits based on the number of hours of training that they attend. Each participant may receive CE credits only for the hours actually spent in training activities. Verification will be obtained by having name badges scanned in each session that is attended. Your name badge must be scanned at the conclusion of each session in order to determine the number of CE credits you have earned. CE credits cannot be awarded if your nametag has not been scanned. Scanning is not required for general sessions. The following table shows the maximum number of CE credits that can be awarded per day.

All attendees will receive a letter of attendance certifying participating in the training and the number of CE credits earned. Participants are responsible for submitting this letter to their respective professional organizations, licensing entities, or employers in order to receive CE credit. Letters of attendance will be issued following the Training Institutes via email.

In addition to the letter of attendance, participants may receive a CE credit certificate from a professional organization that is checked on their CE application form. No additional fee is required. The Training Institutes have been approved for CE credit by the following organizations:

**American Psychological Association (APA):** Sessions have been reviewed and approved by the American Psychological Association’s (APA) Office of Continuing Education in Psychology (CEP) to offer Continuing Education (CE) credit for psychologists (Approval Number: #2014004). Full attendance is required at each session for which you are claiming CE credit. Partial credit is not awarded. The CEP Office maintains responsibility for the delivery of the program.

**National Association of Social Workers (NASW):** This program is approved by the NASW (Approval #886526750-2821) for up to 36 Social Work continuing education contact hours.

**Continuing Medical Education (CME):** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MedStar Washington Hospital Center and Georgetown University Center for Child and Human Development. MedStar Washington Hospital Center is accredited by the ACCME to provide continuing medical education for physicians. MedStar Washington Hospital Center designates this educational activity for a maximum of 36 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**National Board of Certified Counselors (NBCC):** This program has been approved by the NBCC (Approval Number: SP-2373) for up to 36 hours of Continuing Education Credits.

### SCHEDULE OF TRAINING HOURS & MAXIMUM # OF CONTINUING EDUCATION CREDITS

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<td>Pre-Institutes Training Program</td>
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<td>Youth Mental Health First Aid Training</td>
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<td>Youth Mental Health First Aid Training</td>
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<td>Leadership Camp for Directors and Emerging Leaders of Family- and Youth-Run Organizations</td>
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<td>Special Presentation</td>
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<td><strong>SUNDAY • JULY 20</strong></td>
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<tr>
<td>Professional Development Seminar</td>
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**MAXIMUM TOTAL # CREDIT/CONTACT HOURS = 36**
# MY TRAINING INSTITUTES PLANNER

<table>
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<tr>
<th>TIME</th>
<th>TYPE OF SESSION</th>
<th>I PLAN TO ATTEND</th>
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<td>Opening Session</td>
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<td>POTOMAC BALLROOM</td>
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| 1:30 PM – 5:00 PM     | **Institutes and Workshops**  
Choice of 1 Institute OR 2 Workshops |                  | INSTITUTE #   |
|                      | WORKSHOP #       |                  | WORKSHOP #    |
| 5:00 PM – 6:30 PM     | Reception: Voting for Excellence in Communication and Outreach (ECCO) Recognition and Youth MOVE Displays |                  | POTOMAC FOYER |
| 6:30 PM – 9:30 PM     | Welcome Banquet  |                  | POTOMAC BALLROOM |
| **FRIDAY • JULY 18**  |                 |                  |               |
| 8:30 AM – 12:00 PM    | **Institutes and Workshops**  
Choice of 1 Institute OR 2 Workshops |                  | INSTITUTE #   |
|                      | WORKSHOP #       |                  | WORKSHOP #    |
| 12:15 PM – 3:15 PM    | Luncheon and General Session |                  | POTOMAC BALLROOM |
| 3:30 PM – 5:30 PM     | Poster Session   |                  | MARYLAND BALLROOM |
| **SATURDAY • JULY 19** |                 |                  |               |
| 8:30 AM – 12:00 PM    | **Institutes and Workshops**  
Choice of 1 Institute OR 2 Workshops |                  | INSTITUTE #   |
|                      | WORKSHOP #       |                  | WORKSHOP #    |
| 12:00 PM – 1:15 PM    | Networking Lunch  |                  |               |
| 1:30 PM – 5:00 PM     | **Institutes and Workshops**  
Choice of 1 Institute OR 2 Workshops |                  | INSTITUTE #   |
|                      | WORKSHOP #       |                  | WORKSHOP #    |
| **SUNDAY • JULY 20**  |                 |                  |               |
| 9:30 AM – 12:30 PM    | Professional Development Seminar  
Choice of 1 Seminar |                  | SEMINAR #     |
# AGENDA

## MONDAY • JULY 14
4:00 PM – 8:00 PM  
Registration  
CONVENTION CENTER FOYER

## TUESDAY • JULY 15
7:30 AM – 6:00 PM  
Registration  
CONVENTION CENTER FOYER
7:30 AM – 8:30 AM  
Pre-Institutes Training  
Program Continental Breakfast

8:30 AM – 5:30 PM  
PRE-INSTITUTES TRAINING PROGRAMS
Addressing Disparities:  
POTOMAC D
Achieving Equity in Children's Mental Health Care
Strategic Financing for Expanding and Sustaining Children's Mental Health and Substance Abuse Systems of Care
Implementing Systems of Care for Youth with Mental Health Challenges and Their Families: A Curriculum for State and Community Leaders
Building Collaboration: From Me to We  
CHESAPEAKE G/H/I

8:30 AM – 12:30 PM  
Youth Mental Health  
First Aid USA: A Training for Adults Assisting Young People  
CHESAPEAKE A/B/C

8:30 AM – 5:30 PM  
Meeting of the Children, Youth and Families Division, National Association of State Mental Health Program Directors  
NATIONAL HARBOR 4/5

8:30 AM – 5:30 PM  
SAMHSA Residential Treatment Program for Pregnant and Postpartum Women (PPW) Grantee Meeting  
NATIONAL HARBOR 12/13

1:30 PM – 4:30 PM  
Meeting of the Early Childhood Community of Practice  
NATIONAL HARBOR 6/7

1:30 PM – 3:30 PM  
Pre-Conference Orientation  
CHERRY BLOSSOM

## WEDNESDAY • JULY 16
7:30 AM – 8:30 AM  
Pre-Institutes Training  
Program Continental Breakfast

8:30 AM – 5:30 PM  
PRE-INSTITUTES TRAINING PROGRAMS
Addressing Disparities:  
POTOMAC D
Achieving Equity in Children's Mental Health Care
Strategic Financing for Expanding and Sustaining Children's Mental Health and Substance Abuse Systems of Care
Implementing Systems of Care for Youth with Mental Health Challenges and Their Families: A Curriculum for State and Community Leaders

8:00 PM – 9:00 PM  
The Power of Story Telling: Digital Voices in a Digital Age  
MARYLAND A

**Moderator:** Jane Tobler, Director, Technical Assistance and Training, Caring for Every Child's Mental Health, Washington, DC

**Andres Arano,** Statewide Youth Leader, Youth N Action, Washington State University, Federal Way, WA

**Kevon Beaver,** Statewide Youth Leader, Youth N Action, Washington State University, Seattle, WA

**Elizabeth Jetton,** Statewide Youth Leader, Youth N Action, Washington State University, Olympia, WA

**Tamara Johnson,** Statewide Program Manager, Youth N Action, Washington State University, Seattle, WA
<table>
<thead>
<tr>
<th>Time</th>
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<tr>
<td>6:00 AM</td>
<td>Registration</td>
<td>CONVENTION CENTER FOYER</td>
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<tr>
<td>7:00 AM</td>
<td>Continental Breakfast</td>
<td>POTOMAC BALLROOM</td>
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<td>POTOMAC BALLROOM</td>
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<td>11:45 AM</td>
<td>Lunch On Your Own—Networking</td>
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**THURSDAY • JULY 17**

- **Cardio Zumba**
- **Registration**
- **Continental Breakfast**
- **Welcome and Opening Remarks**
- **Child and Youth Mental Health: This Really Matters**
- **Barking to the Choir: Attachment Repair, Community, and the Gang Member**
- **Knowledge Network for Systems of Care TV (KSOC-TV) Presents...The REAL Real World: Helping Young People on Their Journey to Adulthood**
- **INSTITUTES**
  - **INSTITUTE #1** • NATIONAL HARBOR 3
  - **INSTITUTE #2** • CHESAPEAKE D/E/F
  - **INSTITUTE #3** • MARYLAND C
  - **INSTITUTE #4** • MARYLAND B
  - **INSTITUTE #5** • NATIONAL HARBOR 12/13
  - **INSTITUTE #6** • CHESAPEAKE 4/5/6
  - **INSTITUTE #7** • MARYLAND A
  - **INSTITUTE #8** • NATIONAL HARBOR 10
  - **INSTITUTE #9** • NATIONAL HARBOR 11
  - **INSTITUTE #10** • NATIONAL HARBOR 2
  - **INSTITUTE #11** • MARYLAND D
  - **INSTITUTE #12** • POTOMAC 1/2
  - **INSTITUTE #13** • POTOMAC 3/4
  - **INSTITUTE #14** • POTOMAC 5/6
  - **INSTITUTE #15** • MARYLAND 1/2
  - **AMERICAN INDIAN COMMUNITIES #1**

**TRAINING INSTITUTES 2014**
### THURSDAY • JULY 17

**1:30 PM – 3:00 PM**

**WORKSHOPS**

**WORKSHOP #1** • MARYLAND 3/4  
Community Alternatives to Residential Treatment for Children and Youth with Complex Behavioral Health Challenges: National and State Perspectives

**WORKSHOP #2** • MARYLAND 5/6  
Leveraging Financing Opportunities to Sustain and Expand Systems of Care: The Affordable Care Act and Title IV-E Demonstration Waivers

**WORKSHOP #3** • CHESAPEAKE 1/2/3  
Trauma-Informed Services in Systems of Care

**WORKSHOP #4** • CHESAPEAKE 7/8/9  
Through the Eyes of Youth: Peer Support, Advocacy, and Education for Transition Age Youth

**WORKSHOP #5** • CHESAPEAKE 10/11/12  
Meeting the Developmental and Mental Health Needs of Young Children Through Caregiver Engagement

**WORKSHOP #6** • CHESAPEAKE A/B/C  
Parent Support Providers Working with Public Health: The New World of Peer Support

**WORKSHOP #7** • CHESAPEAKE G/H/I  
Implementing Gender-Responsive Systems of Care: Trauma-Informed Services for Girls

**WORKSHOP #8** • CHESAPEAKE J/K/L  
Empowering Families with a “Road Map” to Navigating Service Systems: A Train the Trainer Curriculum

**3:00 PM – 3:30 PM**  
Break

**3:30 PM – 5:00 PM**

**WORKSHOPS**

**WORKSHOP #9** • MARYLAND 3/4  
Implementing Universal Screening in Schools for Early Identification and Intervention

**WORKSHOP #10** • MARYLAND 5/6  
Suicide Prevention: LGBTQQ Inclusive Strategies and Tools

**WORKSHOP #11** • CHESAPEAKE 1/2/3  
Addressing Adolescent Substance Use Through School-Based, Recovery-Oriented Wraparound Services

**WORKSHOP #12** • CHESAPEAKE 7/8/9  
Creating and Maintaining an Agency Culture that Supports Families and Youth as Equal Workforce Members

**WORKSHOP #13** • CHESAPEAKE 10/11/12  
Family Leadership for System Transformation: Advocacy is NOT Enough

**WORKSHOP #14** • CHESAPEAKE A/B/C  
Partnerships with Youth and Families at All Levels: Peer Fusion Without Confusion

**WORKSHOP #15** • CHESAPEAKE G/H/I  
Making Change Happen Through the Power of Persuasive Storytelling

**5:00 PM – 6:30 PM**

**Reception: Excellence in Community Communications and Outreach (ECCO)**

**Youth MOVE Chapter Displays**

### FRIDAY • JULY 18

**6:30 PM – 9:30 PM**

**BANQUET**  
POTOMAC BALLROOM

Celebrating the Training Institutes’ 15th Anniversary – Presentation of the Caring for Children Lifetime Achievement Award

Phyllis Magrab, PhD, Director, Georgetown University Center for Child and Human Development, Washington, DC

Celebrating Our Youth – Youth MOVE RockStar Awards

Marvin Alexander, MSW, LCSW, Chair, Youth MOVE National Board of Directors, Hattiesburg, MS

Dance Party!

**6:00 AM – 7:00 AM**  
Cardio Zumba  
POTOMAC 1-6 FOYER

**7:30 AM – 6:00 PM**  
Registration  
CONVENTION CENTER FOYER

**7:30 AM – 8:30 AM**  
Continental Breakfast  
POTOMAC BALLROOM

**8:30 AM – 12:00 PM**

**INSTITUTES**

**INSTITUTE #16** • NATIONAL HARBOR 2  
From Policy to Practice: Building a Statewide System of Care

**INSTITUTE #17** • MARYLAND C  
Financing Behavioral Health Services: Medicaid, Block Grants, and the Affordable Care Act

**INSTITUTE #18** • MARYLAND D  
Using Motivational Interviewing to Enhance Wraparound

**INSTITUTE #19** • MARYLAND B  
Crisis Response and Stabilization Services in Systems of Care: Partnering with Youth, Families, and Communities

**INSTITUTE #20** • CHESAPEAKE D/E/F  
Developing Trauma-Informed Services and Continuous Quality Improvement Processes for Juvenile Justice

**INSTITUTE #21** • NATIONAL HARBOR 3  
Early Intervention Services: Teacher-Child Interaction Training

**INSTITUTE #22** • CHESAPEAKE 4/5/6  
Role, Supervision, and Financing of Parent Support Providers

**INSTITUTE #23** • MARYLAND A  
Strategies for Using Medicaid and Monitoring Psychotropic Medications: Improving Services for Children in Child Welfare

**INSTITUTE #24** • NATIONAL HARBOR 10  
Serving Youth with Intellectual/Developmental Disabilities and Substance Abuse Challenges in Systems of Care

**INSTITUTE #25** • NATIONAL HARBOR 11  
Supporting LGBTQ Children and Youth: Resources, Strategies, and Action Planning

**INSTITUTE #26** • POTOMAC 1/2  
Implementing Evidence-Based Practices for Transition-Age Youth, Adolescents, Children, and Families Affected by Substance Use and Co-Occurring Mental Health Disorders
INSTITUTE #27 • POTOMAC 3/4
Building an Effective Peer Workforce for Emerging Adults through Partnerships and Technology
“Youth and Young Adults are Encouraged to Attend”

INSTITUTE #28 • POTOMAC 5/6
Models of Family Run Organizations: One Size Does Not Fit All

INSTITUTE #29 • MARYLAND 1/2
Full Partners in Systems of Care: How to Develop an Integrated, Youth-Guided System

INSTITUTE #30 • NATIONAL HARBOR 12/13
Continuous Quality Improvement (CQI): Assessing System of Care Implementation and Expansion

8:30 AM – 12:00 PM
System of Care Cinema
“The Perks of Being a Wallflower” AZALEA 3

8:30 AM – 10:00 AM
WORKSHOPS

WORKSHOP #16 • MARYLAND 3/4
Go Big or Go Home: Strategies for Statewide System of Care Implementation

WORKSHOP #17 • MARYLAND 5/6
Assessment Tools to Guide Behavioral Health Service Delivery: The CANS and CASII

WORKSHOP #18 • CHESAPEAKE 1/2/3
Prevention and Intervention Strategies for Child and Adolescent Trauma

WORKSHOP #19 • CHESAPEAKE 7/8/9
Innovations in Systems of Care for Young Adults of Transition Age: Oh the Places You’ll Go!

WORKSHOP #20 • CHESAPEAKE 10/11/12
Rapid Stabilization Inpatient Services in Systems of Care: Family-Centered, Youth-Guided Interventions

WORKSHOP #21 • CHESAPEAKE A/B/C
Addressing Child-to-Parent Violence Using System of Care Values and Principles

WORKSHOP #22 • CHESAPEAKE G/H/I
Evidence-Based Interventions in Schools: Meeting the Behavioral Health Needs through a Collaborative Approach

WORKSHOP #23 • CHESAPEAKE J/K/L
Helping Diverse Families to Support Their LGBT Children: An Evidence-Based Framework and Guide

AMERICAN INDIAN COMMUNITIES #2
ANNAPOLIS 1/2
Using Culture, Values, and Traditions to Address Behavioral Health: A Holistic, Indigenous Approach to Systems of Care

10:00 AM – 10:30 AM
Break

10:30 AM – 12:00 PM
WORKSHOPS

WORKSHOP #24 • MARYLAND 3/4
Treatment Foster Care: What Does the Research Tell Us?

WORKSHOP #25 • MARYLAND 5/6
Enhancing Reflective Functioning in Substance Abusing Mothers: An Approach to Improving Parent-Child Relationships

WORKSHOP #26 • CHESAPEAKE 1/2/3
The Sounds of Reaching Families: The Click of a Mouse, The Ring of a Phone, The Chime of a Doorbell

WORKSHOP #27 • CHESAPEAKE 7/8/9
Organizational Cultural and Linguistic Competence: Assessment and Continuous Quality Improvement

WORKSHOP #28 • CHESAPEAKE 10/11/12
Beyond Facebook & Twitter: Why You Shouldn’t Ignore the “Cinderellas” of Social Marketing

WORKSHOP #29 • CHESAPEAKE A/B/C
Using Performance Measurement to Improve Outcomes: Utilization, Cost, and Quality

WORKSHOP #30 • CHESAPEAKE G/H/I
How to Evaluate Statewide Systems of Care Using Data from all Child-Serving System Partners

WORKSHOP #31 • CHESAPEAKE J/K/L
The New Technology Landscape: Using Business Analytics and Health Information Exchanges to Improve Practice and Systems of Care

AMERICAN INDIAN COMMUNITIES #3
ANNAPOLIS 1/2

12:15 PM – 3:15 PM
LUNCHEON and GENERAL SESSION

POTOMAC BALLROOM

Cracked, Not Broken: The Kevin Hines Story
Kevin Hines

The Suicide Epidemic: Discovery and Insight
Sgt. Kevin Briggs

Excellence in Community Communications and Outreach (ECCO) Recognition Program

3:30 PM – 5:30 PM
POSTER SESSION and DESSERT RECEPTION

MARYLAND BALLROOM

3:30 PM – 5:30 PM
WELLNESS FAIR
CHESAPEAKE A/B/C

5:30 PM – 7:30 PM
MOVIE NIGHT

CHESAPEAKE 4/5/6
“Behind the Seen: Using Creativity to Spread Awareness”

CHESAPEAKE 7/8/9
“Hear Our Voices: Transforming the Children’s Mental Health System”

CHESAPEAKE 10/11/12
“Pariah”

CHESAPEAKE 1/2/3
“Wounded Places”

CHESAPEAKE D/E/F
“It’s Kind of a Funny Story”

CHESAPEAKE G/H/I
“The Perks of Being a Wallflower”

CHESAPEAKE J/K/L
“Silver Linings Playbook”

TRAINING INSTITUTES 2014
SATURDAY • JULY 19

6:00 AM – 7:00 AM  Cardio Zumba  POTOMAC 1-6 FOYER
7:30 AM – 6:00 PM  Registration  CONVENTION CENTER FOYER
7:30 AM – 8:30 AM  Continental Breakfast  POTOMAC BALLROOM
8:30 AM – 12:00 PM

INSTITUTES

INSTITUTE #1 • NATIONAL HARBOR 3
What's in a Policy: Implementing and Sustaining Services for Youth in Transition

INSTITUTE #2 • CHESAPEAKE D/E/F
Building and Sustaining a Comprehensive System of Care: How to Improve Outcomes for Children and Families

INSTITUTE #3 • MARYLAND C
Customizing Care Coordination in Medicaid for Children with Serious Behavioral Health Challenges: Care Management Entities and Wraparound Teams

INSTITUTE #4 • MARYLAND B
Using Information and Technology to Reinforce Quality and Fidelity in Wraparound

INSTITUTE #5 • NATIONAL HARBOR 12/13
Developing Centers of Excellence: A Roadmap to Effective Implementation of Evidence-Based Practices

INSTITUTE #6 • CHESAPEAKE 4/5/6
Embedding and Sustaining Evidence-Based Practices in Systems of Care

INSTITUTE #7 • MARYLAND A
Integrating and Monitoring the Use of Psychotropic Medications in Systems of Care

INSTITUTE #8 • NATIONAL HARBOR 10
Young Adults Driving into New System of Care Territory: A Public Health Approach

INSTITUTE #9 • NATIONAL HARBOR 11
Integrating Behavioral and Primary Health Care

INSTITUTE #10 • NATIONAL HARBOR 2
Developing a Good and Modern Treatment and Recovery System for Youth With Substance Use Disorders

INSTITUTE #11 • MARYLAND D
Recruiting, Developing, and Retaining a Quality Wraparound Workforce: Hiring, Inspiring, and Never Tiring

INSTITUTE #12 • POTOMAC 1/2
Moving from Youth-Guided to Youth-Driven Systems of Care: The Evolution of Adaptive Youth Leadership

INSTITUTE #13 • POTOMAC 3/4
Communication and Language Assistance: Putting the National CLAS Standards into Practice

INSTITUTE #14 • POTOMAC 5/6
Innovations in Social Media: How to Move Social Marketing Forward

INSTITUTE #15 • MARYLAND 1/2
Data Informed Care: The Right Information to the Right People at the Right Time

AMERICAN INDIAN COMMUNITIES #4
ANNAPOLIS 1/2
Creating Customized Family Progress Reports: Engaging an Urban American Indian/Alaska Native (AI/AN) Community

8:30 AM – 12:00 PM  System of Care Cinema
“It's Kind of a Funny Story”  AZALEA 3

8:30 AM – 10:00 AM  WORKSHOPS

WORKSHOP #9 • MARYLAND 3/4
Implementing Universal Screening in Schools for Early Identification and Intervention

WORKSHOP #10 • MARYLAND 5/6
Suicide Prevention: LGBTQQ Inclusive Strategies and Tools

WORKSHOP #11 • CHESAPEAKE 1/2/3
Addressing Adolescent Substance Use Through School-Based, Recovery-Oriented Wraparound Services

WORKSHOP #12 • CHESAPEAKE 7/8/9
Creating and Maintaining an Agency Culture that Supports Families and Youth as Equal Workforce Members

WORKSHOP #13 • CHESAPEAKE 10/11/12
Family Leadership for System Transformation: Advocacy is NOT Enough

WORKSHOP #14 • CHESAPEAKE A/B/C
Partnerships with Youth and Families at All Levels: Peer Fusion Without Confusion

WORKSHOP #15 • CHESAPEAKE G/H/I
Making Change Happen Through the Power of Persuasive Storytelling

10:00 AM – 10:30 AM  Break

10:30 AM – 12:00 PM  WORKSHOPS

WORKSHOP #1 • MARYLAND 3/4
Community Alternatives to Residential Treatment for Children and Youth with Complex Behavioral Health Challenges: National and State Perspectives

WORKSHOP #2 • MARYLAND 5/6
Leveraging Financing Opportunities to Sustain and Expand Systems of Care: The Affordable Care Act and Title IV-E Demonstration Waivers

WORKSHOP #3 • CHESAPEAKE 1/2/3
Trauma-Informed Services in Systems of Care

WORKSHOP #4 • CHESAPEAKE 7/8/9
Through the Eyes of Youth: Peer Support, Advocacy, and Education for Transition Age Youth

WORKSHOP #5 • Chesapeake 10/11/12
Meeting the Developmental and Mental Health Needs of Young Children Through Caregiver Engagement

WORKSHOP #6 • CHESAPEAKE A/B/C
Parent Support Providers Working with Public Health: The New World of Peer Support

WORKSHOP #7 • CHESAPEAKE G/H/I
Implementing Gender-Responsive Systems of Care: Trauma-Informed Services for Girls

WORKSHOP #8 • CHESAPEAKE J/K/L
Empowering Families with a “Road Map” to Navigating Service Systems: A Train the Trainer Curriculum
**INSTITUTE #28 • POTOMAC 5/6**
Models of Family Run Organizations: One Size Does Not Fit All

**INSTITUTE #29 • MARYLAND 1/2**
Full Partners in Systems of Care: How to Develop an Integrated, Youth-Guided System

**INSTITUTE #30 • NATIONAL HARBOR 12/13**
Continuous Quality Improvement (CQI): Assessing System of Care Implementation and Expansion

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### 1:30 PM – 5:00 PM  
**System of Care Cinema**  
“Pariah”  
AZALEA 3

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### 1:30 PM – 3:00 PM  
**WORKSHOPS**

**WORKSHOP #16 • MARYLAND 3/4**
Go Big or Go Home: Strategies for Statewide System of Care Implementation

**WORKSHOP #17 • MARYLAND 5/6**
Assessment Tools to Guide Behavioral Health Service Delivery: The CANS and CASII

**WORKSHOP #18 • CHESAPEAKE 1/2/3**
Prevention and Intervention Strategies for Child and Adolescent Trauma

**WORKSHOP #19 • CHESAPEAKE 7/8/9**
Innovations in Systems of Care for Young Adults of Transition Age: Oh the Places You’ll Go!

**WORKSHOP #20 • CHESAPEAKE 10/11/12**
Rapid Stabilization Inpatient Services in Systems of Care: Family-Centered, Youth-Guided Interventions

**WORKSHOP #21 • CHESAPEAKE A/B/C**
Addressing Child-to-Parent Violence Using System of Care Values and Principles

**WORKSHOP #22 • CHESAPEAKE G/H/I**
Evidence-Based Interventions in Schools: Meeting the Behavioral Health Needs through a Collaborative Approach

**WORKSHOP #23 • CHESAPEAKE J/K/L**
Helping Diverse Families to Support Their LGBTQ Children: An Evidence-Based Framework and Guide

**AMERICAN INDIAN COMMUNITIES #5**
ANNEAPOLIS 1/2
Promoting Sustainability through Peer Integration in a Native American-Focused System of Care
WORKSHOPS #28 • CHESAPEAKE 10/11/12
Beyond Facebook & Twitter: Why You Shouldn’t Ignore the “Cinderellas” of Social Marketing

WORKSHOP #29 • CHESAPEAKE A/B/C
Using Performance Measurement to Improve Outcomes: Utilization, Cost, and Quality

WORKSHOP #30 • CHESAPEAKE G/H/I
How to Evaluate Statewide Systems of Care Using Data from all Child-Serving System Partners

WORKSHOP #31 • CHESAPEAKE J/K/L
The New Technology Landscape: Using Business Analytics and Health Information Exchanges to Improve Practice and Systems of Care

AMERICAN INDIAN COMMUNITIES #6
ANNAPOLIS 1/2
Implementing an Indigenous Theory of Change for Service Transformation: Case Examples

WORKSHOPS Continued

WORKSHOP #28 • CHESAPEAKE 10/11/12
Beyond Facebook & Twitter: Why You Shouldn’t Ignore the “Cinderellas” of Social Marketing

WORKSHOP #29 • CHESAPEAKE A/B/C
Using Performance Measurement to Improve Outcomes: Utilization, Cost, and Quality

WORKSHOP #30 • CHESAPEAKE G/H/I
How to Evaluate Statewide Systems of Care Using Data from all Child-Serving System Partners

WORKSHOP #31 • CHESAPEAKE J/K/L
The New Technology Landscape: Using Business Analytics and Health Information Exchanges to Improve Practice and Systems of Care

AMERICAN INDIAN COMMUNITIES #6
ANNAPOLIS 1/2
Implementing an Indigenous Theory of Change for Service Transformation: Case Examples

SUNDAY • JULY 20

6:00 AM – 7:00 AM  Cardio Zumba  POTOMAC 1-6 FOYER
7:30 AM – 12:30 PM  Registration  CONVENTION CENTER FOYER
8:30 AM – 9:30 AM  Continental Breakfast  POTOMAC BALLROOM
9:30 AM – 12:30 PM  PROFESSIONAL DEVELOPMENT SEMINARS

PROFESSIONAL DEVELOPMENT SEMINAR #1
MARYLAND C
Taking Innovations to Scale: Strategies and Tools for System of Care Expansion and Measuring Progress

PROFESSIONAL DEVELOPMENT SEMINAR #2
MARYLAND D
Affordable Care Act: How to Use Key Provisions for Children’s Behavioral Health Services

PROFESSIONAL DEVELOPMENT SEMINAR #3
NATIONAL HARBOR 2
Cultural and Linguistic Competence and Disparities: The Application of the National CLAS Standards to Systems of Care

PROFESSIONAL DEVELOPMENT SEMINAR #4
MARYLAND B
Strategies for Organizing and Financing Systems of Care: State-Community Partnerships

PROFESSIONAL DEVELOPMENT SEMINAR #5
NATIONAL HARBOR 3
Peer Consultation: Strategic Problem Solving

PROFESSIONAL DEVELOPMENT SEMINAR #6
CHESAPEAKE E/F
Building Systems of Care: Using a Primer for Designing and Implementing Effective Systems of Care

PROFESSIONAL DEVELOPMENT SEMINAR #7
NATIONAL HARBOR 10
Return on Investment in Systems of Care: How to Collect and Use Data on Outcomes and Cost Savings

PROFESSIONAL DEVELOPMENT SEMINAR #8
NATIONAL HARBOR 11
Evaluation of System of Care Expansion: Introduction to the National Evaluation

PROFESSIONAL DEVELOPMENT SEMINAR #9
POTOMAC 1/2
Leadership Development: How to Develop Family Leaders

PROFESSIONAL DEVELOPMENT SEMINAR #10
POTOMAC 3/4
Leadership Development: Tools and Strategies for Young Adults Using Lived-Experience as Developing Professionals

PROFESSIONAL DEVELOPMENT SEMINAR #11
POTOMAC 5/6
Collaboration: Strategies for Improving Cross-System Collaboration in Systems of Care

PROFESSIONAL DEVELOPMENT SEMINAR #12
MARYLAND 1/2
Peer Support: How to Train and Certify Parent Support Providers

PROFESSIONAL DEVELOPMENT SEMINAR #13
MARYLAND 3/4
Practitioner Development: How to Train, Certify, and Coach a High-Quality Wraparound Workforce

PROFESSIONAL DEVELOPMENT SEMINAR #14
MARYLAND 5/6
Child Welfare: How to Leverage Consent Decrees to Improve Mental Health Services for Children and Families Involved with the Child Welfare System

PROFESSIONAL DEVELOPMENT SEMINAR #15
CHESAPEAKE 1/2/3
Early Childhood: Strategies and Tools for Improving Services and Practice

PROFESSIONAL DEVELOPMENT SEMINAR #16
MARYLAND A
Youth and Young Adults in Transition: Policy and Tools for Effective Transition Services

PROFESSIONAL DEVELOPMENT SEMINAR #17
CHESAPEAKE 7/8/9
Evidence-Based Practices: Strategies for Taking Evidence-Based Practices to Scale

PROFESSIONAL DEVELOPMENT SEMINAR #18
NATIONAL HARBOR 12/13
Trauma: Tools for Creating Trauma-Informed Systems of Care and Services

PROFESSIONAL DEVELOPMENT SEMINAR #19
CHESAPEAKE 4/5/6
Behavioral and Physical Health: Strategies and Tools for the Integration of Care

PROFESSIONAL DEVELOPMENT SEMINAR #20
CHESAPEAKE A/B/C
Residential Interventions and Systems of Care: Building Bridges Initiative Strategies for Improving Practice, Outcomes, and Integration

9:30 AM – 12:30 PM  System of Care Cinema

“Wounded Places”  AZALEA 3
## ROCKSTAR YOUTH LEADERSHIP TRACK AGENDA

### WEDNESDAY • JULY 16

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>1:30 PM – 3:30 PM</td>
<td>RockStar Youth Leadership Track Orientation</td>
<td>MARYLAND B</td>
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### THURSDAY • JULY 17

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<td>1:30 PM – 3:00 PM</td>
<td>WORKSHOPS</td>
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<td>YOUTH TRACK #1 • NATIONAL HARBOR 4 Service Through Your Talents?</td>
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<td>YOUTH TRACK #2 • NATIONAL HARBOR 5 Bullying: Signs and Solutions from a</td>
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<td>Youth Perspective</td>
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<td>YOUTH TRACK #3 • NATIONAL HARBOR 6/7 Developing and Supporting Youth Engagement from the Ground Up: Self to System</td>
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<td>YOUTH TRACK WELLNESS #1 • ANNAPOlis 3/4 Zumba and Guided Meditation</td>
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<td>3:00 PM – 3:30 PM</td>
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<td>3:30 PM – 5:00 PM</td>
<td>WORKSHOPS</td>
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<td>YOUTH TRACK #4 • NATIONAL HARBOR 4 “LEEP” into Adulthood: Preparing for Successful Transition Out of the Foster Care System</td>
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<td>YOUTH TRACK #5 • NATIONAL HARBOR 6/7 Financial Wellness Bring Peace of Mind</td>
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<td>YOUTH TRACK #6 • NATIONAL HARBOR 5 Impact of Adverse Childhood Experiences on Our Whole Being</td>
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<td>YOUTH TRACK WELLNESS #2 • ANNAPOlis 3/4 Wellness Recovery Action Plan (WRAP) for Relationships</td>
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### FRIDAY • JULY 18

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<td>WORKSHOPS</td>
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<td>YOUTH TRACK #1 • NATIONAL HARBOR 4 Service Through Your Talents?</td>
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<td>YOUTH TRACK #7 • NATIONAL HARBOR 6/7 Leaders of Advocacy</td>
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<td>YOUTH TRACK #8 • NATIONAL HARBOR 5 Execute This! The Importance of a Youth Executive Board for Effective, Meaningful, Youth Impact and the Power of Youth Voice</td>
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<td>YOUTH TRACK #13 • AZALEA 2 Stick-It to the Shrink</td>
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<td>YOUTH TRACK WELLNESS #3 • ANNAPOlis 3/4 Pass the Carrots</td>
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<td>YOUTH TRACK #9 • NATIONAL HARBOR 4 Shout it from the Roof Tops: Youth Voice for System Change*</td>
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<td>YOUTH TRACK #10 • NATIONAL HARBOR 6/7 Trusting again..Rebuilding Relationships with Youth in Recovery</td>
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<td>YOUTH TRACK #11 • NATIONAL HARBOR 5 Youth Advocate to Advocate for Youth: The Next Transition*</td>
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### SATURDAY • JULY 19

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<td>YOUTH TRACK #6 • NATIONAL HARBOR 5 Impact of Adverse Childhood Experiences on Our Whole Being</td>
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<td>YOUTH TRACK #2 • NATIONAL HARBOR 5 Bullying: Signs and Solutions from a Youth Perspective</td>
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<td>YOUTH TRACK WELLNESS #4 • ANNAPOlis 3/4 Kickboxing</td>
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<td>YOUTH TRACK #3 • NATIONAL HARBOR 6/7 Developing and Supporting Youth Engagement from the Ground Up: Self to System</td>
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<td>YOUTH TRACK #4 • NATIONAL HARBOR 4 “LEEP” into Adulthood: Preparing for Successful Transition Out of the Foster Care System</td>
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<td>YOUTH TRACK #12 • NATIONAL HARBOR 5 #MentalHealth</td>
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<td>YOUTH TRACK #13 • AZALEA 2 Stick-It to the Shrink</td>
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<td>YOUTH TRACK #7 • NATIONAL HARBOR 6/7 Leaders of Advocacy</td>
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<td>YOUTH TRACK #11 • NATIONAL HARBOR 4 Youth Advocate to Advocate for Youth: The Next Transition*</td>
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<td>YOUTH TRACK #12 • NATIONAL HARBOR 5 #MentalHealth</td>
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<td>YOUTH TRACK WELLNESS #1 • ANNAPOlis 3/4 Zumba and Guided Meditation</td>
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<td>6:30 PM – 9:00 PM</td>
<td>RockStar Youth Leadership Track Closing Reception</td>
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* Supportive Adults are Welcome to Attend
SESSONS BY TOPIC AREA

INNOVATIONS IN POLICY AND PARTNERSHIPS

INSTITUTE #1  What’s in a Policy: Implementing and Sustaining Services for Youth in Transition
INSTITUTE #2  Building and Sustaining a Comprehensive System of Care: How to Improve Outcomes for Children and Families
INSTITUTE #16  From Policy to Practice: Building a Statewide System of Care
WORKSHOP #1  Community Alternatives to Residential Treatment for Children and Youth with Complex Behavioral Health Challenges: National and State Perspectives
WORKSHOP #16  Go Big or Go Home: Strategies for Statewide System of Care Implementation

INNOVATIONS IN SERVICES AND SUPPORTS

Evidence-Based and Promising Practices

INSTITUTE #4  Using Information and Technology to Reinforce Quality and Fidelity in Wraparound
INSTITUTE #5  Developing Centers of Excellence: A Roadmap to Effective Implementation of Evidence-Based Practices
INSTITUTE #6  Embedding and Sustaining Evidence-Based Practices in Systems of Care
INSTITUTE #7  Integrating and Monitoring the Use of Psychotropic Medications in Systems of Care
INSTITUTE #9  Integrating Behavioral and Primary Health Care
INSTITUTE #18  Using Motivational Interviewing to Enhance Wraparound
INSTITUTE #19  Crisis Response and Stabilization Services in Systems of Care: Partnering with Youth, Families, and Communities
WORKSHOP #17  Assessment Tools to Guide Behavioral Health Service Delivery: The CANS and CASII
WORKSHOP #20  Rapid Stabilization Inpatient Services in Systems of Care: Family-Centered, Youth-Guided Interventions
WORKSHOP #24  Treatment Foster Care: What Does the Research Tell Us?

Services and Supports for Populations of Children, Youth, and Young Adults

Early Childhood

INSTITUTE #21  Early Intervention Services: Teacher-Child Interaction Training
WORKSHOP #5  Meeting the Developmental and Mental Health Needs of Young Children Through Caregiver Engagement

Youth and Young Adults of Transition Age

INSTITUTE #8  Young Adults Driving into New System of Care Territory: A Public Health Approach
WORKSHOP #19  Innovations in Systems of Care for Young Adults of Transition Age: Oh the Places You’ll Go!

LGBTQI2-S Youth

INSTITUTE #25  Supporting LGBTQ Children and Youth: Resources, Strategies, and Action Planning

WORKSHOP #10  Suicide Prevention: LGBTQI Inclusive Strategies and Tools
WORKSHOP #23  Helping Diverse Families to Support Their LGBTQ Children: An Evidence-Based Framework and Guide

Child Welfare, Juvenile Justice, and Education

INSTITUTE #23  Strategies for Using Medicaid and Monitoring Psychotropic Medications: Improving Services for Children in Child Welfare
WORKSHOP #7  Implementing Gender-Responsive Systems of Care: Trauma-Informed Services for Girls
WORKSHOP #9  Implementing Universal Screening in Schools for Early Identification and Intervention
WORKSHOP #21  Addressing Child-to-Parent Violence Using System of Care Values and Principles
WORKSHOP #22  Evidence-Based Interventions in Schools: Meeting the Behavioral Health Needs through a Collaborative Approach

Developmental Disabilities

INSTITUTE #24  Serving Youth with Intellectual/Developmental Disabilities and Substance Abuse Challenges in Systems of Care

Trauma

INSTITUTE #20  Developing Trauma-Informed Services and Continuous Quality Improvement Processes for Juvenile Justice
WORKSHOP #3  Trauma-Informed Services in Systems of Care
WORKSHOP #18  Prevention and Intervention Strategies for Child and Adolescent Trauma

Peer Support

INSTITUTE #22  Role, Supervision, and Financing of Parent Support Providers
WORKSHOP #4  Through the Eyes of Youth: Peer Support, Advocacy, and Education for Transition Age Youth
WORKSHOP #6  Parent Support Providers Working with Public Health: The New World of Peer Support

Substance Use Services

INSTITUTE #10  Developing a Good and Modern Treatment and Recovery System for Youth With Substance Use Disorders
INSTITUTE #26  Implementing Evidence-Based Practices for Transition-Age Youth, Adolescents, Children, and Families Affected by Substance Use and Co-Occurring Mental Health Disorders
WORKSHOP #11  Addressing Adolescent Substance Use Through School-Based, Recovery-Oriented Wraparound Services
WORKSHOP #25  Enhancing Reflective Functioning in Substance Abusing Mothers: An Approach to Improving Parent-Child Relationships

INNOVATIONS IN FINANCING

INSTITUTE #3  Customizing Care Coordination in Medicaid for Children with Serious Behavioral Health Challenges: The Use of Care Management Entities and Wraparound Teams
INSTITUTE #17 Financing Behavioral Health Services: Medicaid, Block Grants, and the Affordable Care Act
WORKSHOP #2 Leveraging Financing Opportunities to Sustain and Expand Systems of Care: The Affordable Care Act and Title IV-E Demonstration Waivers

INNOVATIONS IN TRAINING AND WORKFORCE DEVELOPMENT
INSTITUTE #11 Recruiting, Developing, and Retaining a Quality Wraparound Workforce: Hiring, Inspiring, and Never Tiring
INSTITUTE #27 Building an Effective Peer Workforce for Emerging Adults through Partnerships and Technology
WORKSHOP #8 Empowering Families with a “Road Map” to Navigating Service Systems: A Train the Trainer Curriculum
WORKSHOP #12 Creating and Maintaining an Agency Culture that Supports Families and Youth as Equal Workforce Members

INNOVATIONS IN IMPLEMENTING CORE SYSTEM OF CARE VALUES: FAMILY DRIVEN, YOUTH GUIDED, CULTURAL AND LINGUISTIC COMPETENCE
INSTITUTE #12 Moving from Youth-Guided to Youth-Driven Systems of Care: The Evolution of Adaptive Youth Leadership
INSTITUTE #13 Communication and Language Assistance: Putting the National CLAS Standards into Practice
INSTITUTE #28 Models of Family Run Organizations: One Size Does Not Fit All
INSTITUTE #29 Full Partners in Systems of Care: How to Develop an Integrated, Youth-Guided System
WORKSHOP #13 Family Leadership for System Transformation: Advocacy is NOT Enough
WORKSHOP #14 Partnerships with Youth and Families at All Levels: Peer Fusion Without Confusion
WORKSHOP #26 The Sounds of Reaching Families: The Click of a Mouse, The Ring of a Phone, The Chime of a Doorbell
WORKSHOP #27 Organizational Cultural and Linguistic Competence: Assessment and Continuous Quality Improvement

INNOVATIONS IN STRATEGIC COMMUNICATIONS AND SOCIAL MARKETING
INSTITUTE #14 Innovations in Social Media: How to Move Social Marketing Forward
WORKSHOP #15 Making Change Happen Through the Power of Persuasive Storytelling
WORKSHOP #28 Beyond Facebook & Twitter: Why You Shouldn’t Ignore the “Cinderellas” of Social Marketing

INNOVATIONS IN OUTCOME MEASUREMENT AND CONTINuous QUALITY IMPROVEMENT
INSTITUTE #15 Data Informed Care: The Right Information to the Right People at the Right Time
INSTITUTE #30 Continuous Quality Improvement (CQI): Assessing System of Care Implementation and Expansion
WORKSHOP #29 Using Performance Measurement to Improve Outcomes: Utilization, Cost, and Quality

WORKSHOP #30 How to Evaluate Statewide Systems of Care Using Data from all Child-Serving System Partners
WORKSHOP #31 The New Technology Landscape: Using Business Analytics and Health Information Exchanges to Improve Practice and Systems of Care

AMERICAN INDIAN/ALASKA NATIVE COMMUNITIES
AMERICAN INDIAN COMMUNITIES #1 Maximizing Sustainable Financial Strategies for Tribal Systems of Care in the Affordable Care Act Era
AMERICAN INDIAN COMMUNITIES #2 Using Culture, Values, and Traditions to Address Behavioral Health: A Holistic, Indigenous Approach to Systems of Care
AMERICAN INDIAN COMMUNITIES #4 Creating Customized Family Progress Reports: Engaging an Urban American Indian/AlaskaNative (AI/AN) Community
AMERICAN INDIAN COMMUNITIES #5 Promoting Sustainability through Peer Integration in a Native American-Focused System of Care
AMERICAN INDIAN COMMUNITIES #6 Implementing an Indigenous Theory of Change for Service Transformation: Case Examples

PROFESSIONAL DEVELOPMENT SEMINARS
Expanding State and Community Systems of Care
SEMINAR #1 Taking Innovations to Scale: Strategies and Tools for System of Care Expansion and Measuring Progress
SEMINAR #2 Affordable Care Act: How to Use Key Provisions for Children’s Behavioral Health Services
SEMINAR #3 Cultural and Linguistic Competence and Disparities: The Application of the National CLAS Standards to Systems of Care
SEMINAR #4 Strategies for Organizing and Financing Systems of Care: State-Community Partnerships
SEMINAR #5 Peer Consultation: Strategic Problem Solving
SEMINAR #6 Building Systems of Care: Using a Primer for Designing and Implementing Effective Systems of Care
SEMINAR #7 Return on Investment in Systems of Care: How to Collect and Use Data on Outcomes and Cost Savings
SEMINAR #8 Evaluation of System of Care Expansion: Introduction to the National Evaluation

Developing Leaders and the Workforce for Systems of Care
SEMINAR #9 Leadership Development: How to Develop Family Leaders
SEMINAR #10 Leadership Development: Tools and Strategies for Young Adults Using Lived-Experience as Developing Professionals
SEMINAR #11 Collaboration: Strategies for Improving Cross-System Collaboration in Systems of Care
SEMINAR #12 Peer Support: How to Train and Certify Parent Support Providers
SEMINAR #13 Practitioner Development: How to Train, Certify, and Coach a High-Quality Wraparound Workforce
**Improving Services and Supports**

- **SEMINAR #14** Child Welfare: How to Leverage Consent Decrees to Improve Mental Health Services for Children and Families Involved with the Child Welfare System
- **SEMINAR #15** Early Childhood: Strategies and Tools for Improving Services and Practice
- **SEMINAR #16** Youth and Young Adults in Transition: Policy and Tools for Effective Transition Services
- **SEMINAR #17** Evidence-Based Practices: Strategies for Taking Evidence-Based Practices to Scale
- **SEMINAR #18** Trauma: Tools for Creating Trauma-Informed Systems of Care and Services
- **SEMINAR #19** Behavioral and Physical Health: Strategies and Tools for the Integration of Care
- **SEMINAR #20** Residential Interventions and Systems of Care: Building Bridges Initiative Strategies for Improving Practice, Outcomes and Integration

**ROCKSTAR YOUTH LEADERSHIP TRACK**

- **YOUTH TRACK #1** Achieving Recovery through Comedy
- **YOUTH TRACK #2** Bullying: Signs and Solutions from a Youth Perspective
- **YOUTH TRACK #3** Developing and Supporting Youth Engagement from the Ground Up: Self to System

**SESSION DESCRIPTIONS**

**ORIENTATIONS & SPECIAL PRESENTATION**

**Pre-Conference Orientation**

**WEDNESDAY, JULY 16 • 1:30 PM TO 3:30 PM**

The pre-conference orientation is designed to provide basic background information about children’s mental health activities nationally, the system of care concept, and an overview of the Training Institutes. Technical assistance from the National Technical Assistance Center for Children’s Mental Health and our partners to assist states and communities to implement and expand the system of care approach will be described. Participants who have not previously attended the Training Institutes may benefit from the orientation.

**Orientation to the Institutes App and Social Media at the Training Institutes**

**WEDNESDAY, JULY 16 • 2:30 PM TO 3:30 PM**

Are you excited about our Training Institutes app but have questions on how to use it? Ever wondered how you can use Twitter or how to get the most out of Facebook? The Orientation to the Institutes App and social media at the Training Institutes is designed to show you how you can take advantage of the mobile app and post to social media while at the Training Institutes. Members of our Tech Team will answer any questions you have about the app to get you started and a social media expert will provide some basic tips and tricks to help you get on social media and take what you already know to the next level. Technical assistance in the mobile app and how to integrate the app and social media will be available throughout the conference through our App Experts so you can practice what you learn in this orientation.

**ROCKSTAR YOUTH LEADERSHIP TRACK ORIENTATION**

**Rich Aronovitch—Achieving Recovery Through Comedy**

**Get Acquainted, Engaged, and Motivated!**

**WEDNESDAY, JULY 16 • 1:30 PM TO 3:30 PM**

You are here in Washington, DC! Where will you go? What will you do? Most importantly, who will you hang out with? Come to the orientation to meet your fellow youth, youth engagement specialists and adult partners who will be available to support you during the Institutes. It is also time to learn about all of the workshops and special events available to you over the next four days.

**Special Presentation: The Power of Story Telling: Digital Voices in a Digital Age**

**WEDNESDAY, JULY 16 • 4:00 PM TO 5:30 PM**

Stories humanize us. They heal us. They unify us. Stories illustrate and personalizing complex issues which make them a perfect vehicle to share information on mental health issues. Since the beginning of time, stories have been told, but the methods available to tell stories have been rapidly changing with the advent and advancement of digital media tools. In this Special Presentation, a dynamic panel will share best practices in persuasive storytelling and the latest digital breakthroughs in this time-honored tradition. Real world examples will illustrate the work that some youth and family members are doing in their communities and what you can do in yours. A diverse group of speakers will share methods they have employed and social media avenues that can help you share digital stories and change the world.
INSTITUTE #1
1:30 PM THUR 7/17 • 8:30 AM SAT 7/19 • NATIONAL HARBOR 3
What’s in a Policy: Implementing and Sustaining Services for Youth in Transition

MODERATOR: Ming Wang, MSW, Program Administrator, Healthy Transitions Initiative/System of Care Expansion Planning, Utah Division of Substance Abuse and Mental Health, Salt Lake City, UT
Marquis Butler, MHR, Project Manager, Cross System Collaboration, Community-Based Services—Systems of Care, Oklahoma Department of Mental Health and Substance Abuse Services, Oklahoma City, OK
John Coppola, MHS, State Project Director/Transition Age Youth Consultant and Trainer, School of Medicine, Department of Psychiatry, Evidence-Based Practice Center, University of Maryland, Baltimore, MD
Jewell Gooding, MA, Project Director, Community Mental Health, Georgia Department of Behavioral Health and Developmental Disabilities, Atlanta, GA

ABSTRACT: This Institute will bring policy down from a level where only high-level leadership is involved, to one where everyone can contribute. Faculty will describe types of policies, their impact, and critical elements for policy development. Participants will learn about and experience a Policy Readiness Assessment tool that examines a community’s stage of readiness to develop policy by focusing on a number of critical elements, and provides an opportunity to advance the level of readiness. The strategies are based on the combined experiences of seven states that received federal funding to implement services for youth in transition (Georgia, Oklahoma, Maryland, Maine, Missouri, Utah, and Wisconsin). Faculty will use real examples to illustrate different types of policies for implementing, expanding, and sustaining services for this population.

INSTITUTE #2
1:30 PM THUR 7/17 • 8:30 AM SAT 7/19 • CHESAPEAKE D/E/F
Building and Sustaining a Comprehensive System of Care: How to Improve Outcomes for Children and Families

MODERATOR: Melissa Norman, MSW, Executive Director, Choices, Inc., Indiana, Indianapolis, IN
Tawanda Dent, Director, Provider Relations, Choices, Inc., Indiana, Indianapolis, IN
Michael Goldberg, CEO, Choices, Inc., Indianapolis, IN
Todd Schroll, MSW, LCSW, Executive Director, Choices Inc., Illinois, Urbana, IL

RESOURCE PERSON: Sheila Phillip, JD, Director, Maryland Choices, Baltimore, MD

ABSTRACT: This Institute will focus on the implementation of the system of care approach in different state and community contexts, both urban and rural. Faculty will describe the key elements of systems of care and how they can be implemented in different environments, including provider networks, service array, individualized care, family- and youth-driven care, and community partnerships. The developmental stages of systems of care will be described along with challenges and opportunities encountered at various stages. In addition, participants will learn how to assess key outcome and quality measures to ensure fidelity to the system of care approach. The information in this session is based on the experience of Choices, which serves over 1300 children with the system of care approach in Indiana, Maryland, Louisiana, Illinois and the District of Columbia.

INSTITUTE #3
1:30 PM THUR 7/17 • 8:30 AM SAT 7/19 • MARYLAND C
Customizing Care Coordination in Medicaid for Children with Serious Behavioral Health Challenges: Care Management Entities and Wraparound Teams

MODERATOR: Sheila Pires, MPA, Partner, Human Service Collaborative, Washington, DC
Jody Levison-Johnson, LMSW, Deputy Assistant Secretary, Office of Behavioral Health, Louisiana Department of Health and Hospitals, Baton Rouge, LA
Elizabeth Manley, LSW, Director, Division of Child Behavioral Health Services, New Jersey Department of Children and Families, Trenton, NJ
Jackie Shipp, MHR, LPC, Director, Community Based Services, Oklahoma Department of Mental Health and Substance Abuse Services, Oklahoma City, OK

RESOURCE PERSONS: Dayana Simons, MEd, LMHC, Senior Program Officer, Center for Health Care Strategies, Inc., Hamilton, NJ
Michelle Zabel, MSS, Institute Director, The Institute for Innovation and Implementation, University of Maryland School of Social Work, Baltimore, MD

ABSTRACT: This Institute will focus on the design and implementation of intensive care coordination approaches using wraparound that are embedded into Medicaid delivery systems. Faculty will highlight elements of effective care coordination using fidelity wraparound within larger Medicaid delivery systems; Medicaid and Accountable Care Act vehicles for supporting customized care coordination approaches; coordination with primary care; role of family and youth peer support; care coordination and peer support rates and requirements; population definitions and standardized screening tools; and quality and outcome measures. This Institute draws on the experience of five states, Children’s Health Insurance Program Reauthorization Act (CHIPRA) Care Management Entity Quality Collaborative, and the Psychiatric Residential Treatment Facility (PRTF) Waiver Demonstration program.

INSTITUTE #4
1:30 PM THUR 7/17 • 8:30 AM SAT 7/19 • MARYLAND B
Using Information and Technology to Reinforce Quality and Fidelity in Wraparound

MODERATOR: Janet Walker, PhD, Director, Research and Training Center for Pathways to Positive Futures, Portland, OR
Kelly Hyde, PhD, Chief Executive Officer, Social TecKnowledge, Sante Fe, NM
John Ossowski, MSW, MS, Research Associate, Regional Research Institute for Human Services, Portland State University, Portland, OR
April Sather, MPH, Project Director, Division of Public Behavioral Health and Justice Policy, Wraparound Evaluation and Research Team, University of Washington, Seattle, WA
Jonathan Sutter, MSW, Independent Contractor, University of Cincinnati, College of Allied Health Sciences, Cincinnati, OH

ABSTRACT: This Institute will focus on how technology can support implementation, workforce support, quality assurance, and evaluation in wraparound care coordination. Faculty will share strategies for collecting and using quality assurance data; developing tablet-based applications that increase data collection response rates; using an electronic behavioral health system specific to the activities and workflow of the wraparound care coordination model; and using the National Wraparound Implementation Center’s Video Coaching Platform. Specific tools will include WrapTrack, WFI-EZ tablet software, TMS-WrapLogic, Remote Coaching, and Practice Wise/WrapMap. Participants will experience a live software demonstration and will have an opportunity to use the video coaching system to rate clinicians based on videos presented in the session.
INSTITUTE #5
1:30 PM THUR 7/17 • 8:30 AM SAT 7/19 • NATIONAL HARBOR 12/13

Developing Centers of Excellence: A Roadmap to Effective Implementation of Evidence-Based Practices

MODERATOR: Jennifer Metrick, MHS, MS, Director, Implementation, The Institute for Innovation and Implementation, University of Maryland School of Social Work, Baltimore, MD

Patrick Kanary, Med, Director, Center for Innovative Practices, The Begun Center for Violence Prevention Research and Evaluation, Case Western Reserve University, Cleveland, OH

Madge “Pat” Mosby, Wraparound Family Coach and Trainer, The Institute for Innovation and Implementation, University of Maryland School of Social Work, Baltimore, MD

Michelle Zabel, MSS, Institute Director, The Institute for Innovation and Implementation, University of Maryland School of Social Work, Baltimore, MD

RESOURCE PERSON: Molly Lopez, PhD, Director, Texas Institute for Excellence in Mental Health, University of Texas at Austin, School of Social Work, Austin, TX

ABSTRACT: This Institute will focus on describing the infrastructure that many states have developed to build and sustain their behavioral health service array to effectively meet the needs of the children, youth and families they serve. Specifically, the session will highlight the development of Centers of Excellence (COEs) that provide states with implementation technical assistance, creative financing options, training, coaching, education, continuous quality assurance monitoring, and outcomes evaluation. COEs utilize implementation science to foster connections, build capacity, monitor progress and change policy to ensure that effective implementation leads to improved outcomes and builds on existing system reform efforts.

INSTITUTE #6
1:30 PM THUR 7/17 • 8:30 AM SAT 7/19 • CHESAPEAKE 4/5/6

Embedding and Sustaining Evidence-Based Practices in Systems of Care

MODERATOR: Luann Gray, LMSW, Parent Management Training Oregon State Coordinator, Youth and Family Division, Kalamazoo Community Mental Health and Substance Abuse Services, Kalamazoo, MI

Kathy Burrows, Parent Management Training Oregon State Coordinator, Kalamazoo Community Mental Health, Augusta, MI

Nicole Lawson, MA, Manager, Clinical Practice and Healthcare Innovation, Office of the Deputy Director, Oakland County Community Mental Health Authority, Auburn Hills, MI

Laura Rains, LCSW, MA, Director, Implementation and Training, Implementation Sciences International, Inc., Oregon Social Learning Center, Eugene, OR

ABSTRACT: This Institute will discuss strategies for the statewide dissemination of an evidence-based practice (EBP) with sustained fidelity. Faculty will share strategies that can be used at the state level and by community agencies for embedding and sustaining EBPs. The session will provide strategies for creating and maintaining a statewide infrastructure that includes parents and families, therapists, coaches, fidelity raters, trainers, and regional/state leadership. Two specific methods for fidelity monitoring will also be shared. This session draws upon the Michigan experience in statewide implementation of the Oregon model of Parent Management Training (PMTO®), an empirically supported strengths-based intervention. Three key implementation components—instructure, fidelity monitoring, and a web-based portal will be presented from three perspectives—state, regional, and local—to build an infrastructure and comprehensive fidelity monitoring that lead to improved child and family outcomes,

reduced staff training time, and sustained competent adherence to the model. The development and benefits of using a web-based portal system will also be discussed.

INSTITUTE #7
1:30 PM THUR 7/17 • 8:30 AM SAT 7/19 • MARYLAND A

Integrating and Monitoring the Use of Psychotropic Medications in Systems of Care

MODERATOR: Albert Zachik, MD, Director, Office of Child and Adolescent Services, Maryland Department of Health and Mental Hygiene, Mental Hygiene Administration, Catonsville, MD

Gary Henschen, MD, Chief Medical Officer-Behavioral Health, Public Sector Solutions, Magellan Health Services, Alpharetta, GA

Michael Naylor, MD, Director, Behavioral Health and Welfare Program and Clinical Services in Psychopharmacology, Institute for Juvenile Research, University of Illinois at Chicago, Chicago, IL

Gloria Reeves, MD, Assistant Professor, Division of Child and Adolescent Psychiatry, University of Maryland, School of Medicine, Baltimore, MD

RESOURCE PERSON: Pat Hunt, Director of Child and Family Resiliency Services, Magellan Health Services, Turner, ME

ABSTRACT: Child welfare systems, public health systems, Medicaid and private insurance systems are all working on ways to support and monitor the appropriate use of psychotropic medications for children and adolescents with mental health needs. This Institute will focus on the standard of care for evaluation for and use of psychotropic medications as part of a plan of care and monitoring systems for medication use. Faculty will present best practices for the evaluation and use of psychotropic medication in children and youth, three psychotropic medication monitoring systems, and educational materials for families, agency partners, and prescribers. The strategies to be highlighted are based on a guide on psychotropic medication for children and adolescents developed by the American Academy of Child and Adolescent Psychiatry, and the experience of two states and a specialty health care management company.

INSTITUTE #8
1:30 PM THUR 7/17 • 8:30 AM SAT 7/19 • NATIONAL HARBOR 10

Young Adults Driving into New System of Care Territory: A Public Health Approach

MODERATOR: Charles Biss, MSW, Director, Vermont Department of Mental Health, Burlington, VT

Mercedes Avila, PhD, Assistant Professor/Multi-Cultural Director, University of Vermont, Burlington, VT

Isra Kassim, College Student, Diversity Rocks!, Burlington, VT

Lorna Mattern, MEd, Director, United Counseling Services, Bennington, VT

ABSTRACT: This Institute will focus on strategies for applying a public health approach to serving young adults. Faculty will describe the key elements of a public health approach and how these can be applied within a system of care framework. Strategies for applying this approach will be presented including how to: implement a youth-driven approach, provide individualized services, engage youth in services and in their communities, develop needed skills and competencies in the workforce, and enhance cultural and linguistic competence. Faculty will emphasize strategies for respecting, listening to, and empowering young adults and involving them as contributing members of their communities. The approaches to be highlighted are based on experience and lessons learned in Vermont in implementing services through the Youth in Transition (YIT) program.
facilitate the exchange of ideas among all participants on topics including co-occurring disorders, youth/family involvement, and effective recovery supports.

**INSTITUTE #11**

1:30 PM THUR 7/17 • 8:30 AM SAT 7/19 • MARYLAND D

**Recruiting, Developing, and Retaining a Quality Wraparound Workforce: Hiring, Inspiring, and Never Tiring**

**MODERATOR:** Marlene Matarese, PhD, Director, Training and Technical Assistance and Deputy Director, University of Maryland, School of Social Work, Baltimore, MD

**Emily Bradshaw, MSW, Wraparound Trainer and Coach, The Institute for Innovation and Implementation, University of Maryland School of Social Work, Baltimore, MD**

**Joe Anne Hust, Manager/National Trainer, Peer Support and System of Care Implementation, University of Maryland School of Social Work, Baltimore, MD**

**ABSTRACT:** This Institute will focus on wraparound workforce development implementation drivers which include staff recruitment, selection, and retention. Faculty will provide in-depth strategies for recruiting quality staff for both care coordination and parent peer support in wraparound. This session will include an overall approach to workforce development in wraparound that is consistent with the National Wraparound Initiative training, coaching, and supervision guidelines, as well as performance management and staff evaluation. Presenters will also explore strategies for staff retention by building a supportive organizational culture. The information and strategies are based on the experience of individuals who have been training and coaching in wraparound and other workforce development initiatives.

**INSTITUTE #12**

1:30 PM THUR 7/17 • 8:30 AM SAT 7/19 • POTOMAC 1/2

**Moving from Youth-Guided to Youth-Driven Systems of Care: The Evolution of Adaptive Youth Leadership**

**MODERATOR:** Ellen Kagen, MSW, Senior Policy Associate, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

**Michael Cox, MA, Youth Engagement Specialist/Cultural and Linguistic Competence Specialist, Texas Institute for Excellence in Mental Health, Austin, TX**

**Tamara Johnson, Certified Peer Counselor, Statewide Program Manager, Washington State University, Seattle, WA**

**David McClung, Youth/Young Adult Engagement Intern, Texas System of Care, Austin, TX**

**RESOURCE PERSONS:** Andres Arano, Statewide Youth Leader, Washington State University, Youth N Action, Federal Way, WA

**Elizabeth Jetton, Statewide Youth Leader, Youth N Action, Washington State University, Olympia, WA**

**ABSTRACT:** This Institute will focus on developing youth leadership to support the shift from “youth-guided” to “youth-driven” systems of care. In this interactive and participatory Institute, participants will have the opportunity to explore mental models for youth-driven systems of care and will learn how to apply adaptive leadership skills to implement this principle in their communities. Faculty will share lessons learned at the local, regional, and statewide levels by system of care youth leaders and Youth Engagement Experts from Texas and Washington State. Participants will leave with practical tools that can be easily adapted to assess the needs and strengths of youth leadership
in their communities. Faculty will also facilitate a “forum theatre” that will dramatize everyday scenarios that communities do or do not do to engage youth leaders. We invite youth and family leaders of all ages and any participants interested in further developing and utilizing youth leaders for system change to attend.

INSTITUTE #13
1:30 PM THUR 7/17 • 8:30 AM SAT 7/19 • POTOMAC 3/4
Communication and Language Assistance: Putting the National CLAS Standards into Practice
MODERATOR: Kathy Lazear, MA, Assistant Professor, Department of Child and Family Studies, University of South Florida and Technical Assistance Network for Children’s Behavioral Health, Tampa, FL
Maria Luisa Benavente, MA, Training Associate and Evaluator, University of Guam CEDDERS, Office of Academic and Student Affairs, University of Guam Center for Excellence in Developmental Disabilities Education, Research, and Service (CEDDERS) and Project Karinu, Mangilao, GU
Lauren Josephs, PhD, Vice President and Cultural and Linguistic Competence Coordinator, Visionary Vanguard Group, Inc., Wraparound Orange, Orlando, FL
Maria Elena Villar, PhD, Associate Professor, School of Journalism and Mass Communication, Florida International University, North Miami, FL

ABSTRACT: This Institute will focus on communication and language assistance in systems of care and meeting National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care (CLAS Standards). Faculty will highlight the four-factor analysis to make informed decisions in meeting the language needs of those with Limited English Proficiency and the communication needs of those with limited health literacy; challenges and solutions implementing a coordinated approach through workforce development, coalition building and community conversations; use of plain language in multimedia and evaluation documents; and outcomes and sustainability strategies. Information is based on the work of Wraparound Orange in Florida, Project Kariñu—Guam’s Early Childhood System of Care; and Families and Communities Empowered for Success (FACES) of Miami-Dade System of Care Transformation Project.

INSTITUTE #14
1:30 PM THUR 7/17 • 8:30 AM SAT 7/19 • POTOMAC 5/6
Innovations in Social Media: How to Move Social Marketing Forward
MODERATOR: Jane Tobler, BA, Director, Technical Assistance and Training, Caring for Every Child’s Mental Health, Washington, DC
Brandon Alexander, MA, Social Marketing Coordinator, Building Every Chance of Making It Now and Grown up (BECOMING) Durham System of Care, Durham, NC
Denine Anderson, Social Marketer, Nassau County Family Support System of Care and Long Island, Families Together, Amityville, NY
Corey Brown, Youth Engagement Specialist and Digital Media Specialist, Federation of Families for Children’s Mental Health, Rockville, MD

ABSTRACT: This not-to-be-missed Institute promises to be engaging, entertaining, and enlightening! So charge your device, take your tablet, and join us in the jungle of where social marketing and social media intersect! National experts will discuss how social media can be used to further your child-serving organization’s goals. Faculty will provide real-life examples, information, strategies, and tools to help organizations in their outreach. The approaches highlighted are based on the work and experience of the federally funded Caring for Every Child’s Mental Health Campaign and system of care communities in North Carolina and New York, as they illustrate how social media provides another set of social marketing tools to engage their audiences and increase positive outcomes. You will learn what YOU can do in your community.

INSTITUTE #15
1:30 PM THUR 7/17 • 8:30 AM SAT 7/19 • MARYLAND 1/2
Data Informed Care: The Right Information to the Right People at the Right Time
MODERATOR: Bruno Anthony, PhD, Professor of Pediatrics and Director of Research and Evaluation, Georgetown University Center for Child and Human Development, Washington, DC
Vicki Sprague Effland, PhD, Director, Outcomes and Evaluation, Choices, Inc., Indianapolis, IN
Ferol Mennen, PhD, Lead Evaluator, Project ABC Evaluation Team, University of Southern California, Los Angeles, CA
Bill Monro, MSW, Program Manager, Project ABC Evaluation Team, University of Southern California, Los Angeles, CA
Shannon Van Deman, MBA, Chief Financial Officer, Choices, Inc., Indianapolis, IN

ABSTRACT: This Institute will focus on providing practical strategies and tools for cultivating and maintaining a culture of data informed care in children’s mental health agencies. Presenters will share examples of data collection tools, dashboards, and reports, as well as practical techniques for identifying different audiences, tailoring data for their use, and creating a culture where they use this data to benefit the agency within and the population it serves. These strategies are grounded in system of care values and in a growing body of research that shows the value of using data in the context of mental health service delivery.

INSTITUTE #16
8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • NATIONAL HARBOR 2
From Policy to Practice: Building a Statewide System of Care
MODERATOR: Susan Steckel, MSSW, Director, Office of Statewide System of Care Initiatives, Tennessee Department of Mental Health and Substance Abuse Services, Nashville, TN
Dustin Keller, PhD, Director, Council on Children’s Mental Health, Tennessee Commission on Children and Youth, Nashville, TN
Tawny Spinelli, BS, Children’s Cabinet Assistant Director, Tennessee Office of the First Lady, Nashville, TN
Patti Van Eys, PhD, Clinical Manager, Behavioral Health, BlueCare Tennessee, Chattanooga, TN

ABSTRACT: This Institute will focus on how states can implement a statewide system of care using creative and collaborative strategies for leveraging policy, funding, and family and youth engagement initiatives to expand the system of care approach. Strategies from Tennessee will be used to highlight the successes and lessons learned from 15 years of system of care expansion efforts and how these strategies can be applied in other states and communities. Topics will include system of care legislation, leveraging Medicaid funding, collaboration as best practice, and engaging youth/families in system of care activities. Participants will engage in group dialogue and facilitated action planning specific to system of care implementation in their own states and communities.
INSTITUTE #17
8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • MARYLAND C

Financing Behavioral Health Services: Medicaid, Block Grants, and the Affordable Care Act (ACA)

MODERATOR: Jim Worring, MSW, Director, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

Gary Macbeth, MEd, MSW, Senior Policy Associate, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

Katharine O’Grady, JD, Director, Child Welfare Policy, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

Sherry Peters, MSW, ACSW, Director, Psychiatric Residential Treatment Facility Waiver Initiative, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

ABSTRACT: This Institute will focus on various financing sources and vehicles to expand behavioral health services and systems of care statewide to better meet the needs of children, youth, and young adults with behavioral health challenges and their families. Participants will learn about the processes that are helpful in preparing to do the work of cross-system financial planning, such as financial mapping. Faculty will describe financing sources, such as Medicaid, Title IV-E, Block Grants, the ACA, and other state and federal fund streams, and will teach how to map these sources and identify ways to maximize Medicaid, and redirect and/or reallocate funding. Specific sections of the ACA will be explored, and opportunities will be identified to increase the availability of mental health services for children and their families.

INSTITUTE #18
8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • MARYLAND D

Using Motivational Interviewing to Enhance Wraparound

MODERATOR: Norin Dollard, PhD, Assistant Professor, Department of Child and Family Studies, Florida Mental Health Institute, CBSCS, University of South Florida, Tampa, FL

John Mayo, LMHC, Deputy Executive Director, Success for Kids and Families, Inc., Tampa, FL

Beth Piecera, CRPS-F, Family Specialist, Success for Kids and Families, Inc., Tampa, FL

James Winarski, MSW, Faculty and Research Associate, Department of Mental Health Law and Policy, Florida Mental Health Institute, CBSCS, University of South Florida, Tampa, FL

ABSTRACT: This Institute will focus on enhancing and sustaining family and youth engagement through the integration of Motivational Interviewing (MI) and wraparound. Faculty will describe the principles of MI; the integration and pairing of wraparound with MI; how, when, and where MI can be used in the context of wraparound; how to apply MI techniques to enhance engagement of families and youth; how to train and develop staff; and how to use a tool to assess fidelity. The session will incorporate didactic learning as well as interactive exercises that focus on sustaining practice change through coaching and supervision.

INSTITUTE #19
8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • MARYLAND B

Crisis Response and Stabilization Services in Systems of Care: Partnering with Youth, Families, and Communities

MODERATOR: Wendy Durst, MSW, Project Manager, Strategic Initiatives and Performance Improvement, Seneca Family of Agencies, Oakland, CA

Mark Nickell, Executive Director for the San Francisco Region, Seneca Family of Agencies, San Francisco, CA

Elizabeth Manley, LSW, Director, Division of Child Behavioral Health Services, Department of Children and Families, Trenton, NJ

Tim Marshall LCSW, Clinical Manager, Department of Children and Families, Hartford, CT

RESOURCE PERSONS: Jeffrey Vanderploeg, PhD, Associate Director, Child Health and Development Institute of Connecticut, Inc., Farmington, CT

Gary Zomalt, EdD, LCSW, LVN, Program Consultant and Administrative Nursing Supervisor, Willow Rock Crisis Stabilization Unit, Seneca Family of Agencies, Oakland, CA

ABSTRACT: This Institute will explore efforts in three states to provide alternatives to high-cost, restrictive interventions such as psychiatric hospitalization. Faculty will present methods for promoting youth and families’ safety and stability within their homes and communities through partnership with families in assessment and treatment planning, system-level collaborations, and data driven practices. The strategies to be highlighted are based on approaches and lessons learned by Connecticut’s Emergency Mobile Psychiatric Services, New Jersey’s Mobile Response and Stabilization Service Systems, and the Crisis Stabilization Unit and Mobile Response Teams of Seneca Family Agencies in California in their efforts to design and implement systems of care for families experiencing peak psychiatric crises. Faculty will also discuss how these services interact with the larger system of care.

INSTITUTE #20
8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • CHESAPEAKE D/E/F

Developing Trauma-Informed Services and Continuous Quality Improvement Processes for Juvenile Justice

MODERATOR: Arabella Perez, LCSW, Executive Director, THRIVE, Westbrook, ME

Dave Barrett, MA, Regional Corrections Administrator, Division of Juvenile Services, Department of Corrections, Bangor, ME

Sarah Goan, MPP, Evaluator, Hornby Zeller Associates, South Portland, ME

Dawn Johnson, Community Outreach Specialist, THRIVE, South Portland, ME

ABSTRACT: This Institute will focus on the creation of a System of Care Trauma Informed Agency Assessment (TIAA) specific to juvenile justice. Faculty will discuss the process, provide lessons learned, review preliminary data, and guide participants through a continuous quality improvement process. The session will review the process used to create the family, youth, and community staff assessment and the administration of the family and youth assessment. The strategies and tools to be highlighted are based on work in Maine. The state previously developed a trauma-informed taxonomy for classifying best practices within mental health agency settings, along with the TIAA to determine the level of trauma-informed practice within an agency and pinpoint areas for improvement. This Institute will demonstrate how these tools can be applied within juvenile justice agencies to provide trauma-informed assessment and training.
INSTITUTE #21
8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • NATIONAL HARBOR 3
Early Intervention Services: Teacher-Child Interaction Training
MODERATOR: Abigail Janney, PsyD, Clinical Psychologist, Delaware Division of Prevention and Behavioral Health, Newark, DE
Joshua Masse, PhD, Clinical Psychologist, Delaware Division of Prevention and Behavioral Health, Newark, DE
Lisa Masse, PhD, Clinical Psychologist, Delaware Division of Prevention and Behavioral Health, Newark, DE
ABSTRACT: This Institute will focus on Teacher-Child Interaction Training (TCIT) and the process of statewide implementation of this evidence-based practice for early intervention. TCIT is a classroom-based adaptation of Parent-Child Interaction Therapy (PCIT). TCIT is designed to address aspects of child care, including a teacher’s warmth and responsiveness, as well as structure and consistency within the classroom setting. The information and strategies to be highlighted are based on an initiative in Delaware entitled: “Delaware’s B.E.S.T. for Young Children and Their Families.” In addition to learning about TCIT, participants will have opportunities to role play the skills associated with TCIT. Participants will also see videos that share the experiences of participating teachers and show an actual example of TCIT taking place in a classroom.

INSTITUTE #22
8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • CHESAPEAKE 4/5/6
Role, Supervision, and Financing of Parent Support Providers
MODERATOR: Teresa King, Family Resource Specialist, National Federation of Families for Children’s Mental Health, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC
Belinda Harris, CPSP, Lead Parent Advocate, University Settlement, Inc., Cleveland, OH
Frances Purdy, MEd, JD, Director, Excellence in Family Support, Rockville, MD
Conni Wells, Consultant, AXIS GROUP 1, Roan Mountain, TN
ABSTRACT: Peer support services are increasingly seen as an important component of services for all types of populations, ages and programs. This Institute will focus on the use of Parent Support Providers (PSPs) in systems of care, including their role and how to develop and finance peer support services. The session will provide an overview of policies, training, and evaluation of PSP programs. Scenarios will be used to demonstrate the functions of PSPs, including their role in wraparound child and family teams. The Institute will also address the development of pay methods and rates for PSPs based on professional trends, experience, scope of work, and job description. Faculty will share formal agreements for PSPs and strategies for monitoring and supervision to promote the success and sustainability of a lived experience workforce.

INSTITUTE #23
8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • MARYLAND A
Strategies for Using Medicaid and Monitoring Psychotropic Medications: Improving Services for Children in Child Welfare
MODERATOR: Sheila Pires, MPA, Partner, Human Service Collaborative, Washington, DC
Mary Beirne, MD, Chief Child and Adolescent Psychiatrist, New Jersey Department of Children and Families, Trenton, NJ
Chris Bellonci, MD, Associate Professor, Department of Psychiatry, Tufts University School of Medicine, Boston, MA
Michael Naylor, MD, Director, Behavioral Health and Welfare Program and Clinical Services in Psychopharmacology, Institute for Juvenile Research, University of Illinois at Chicago, Chicago, IL
ABSTRACT: This Institute will focus both on the effective use of Medicaid, and approaches to ensure the appropriate use of psychotropic medications for children in child welfare. Faculty will share strategies from states to “make Medicaid work” for children involved with child welfare and their families/caregivers, and to improve the use of psychotropic medications through informed consent processes supported by clinical expertise, data tracking, consultation to providers, and education of youth, families and child welfare workers. The strategies and tools to be presented draw on a study profiling effective Medicaid strategies for the child welfare population in four states (AZ, MA, MI, NJ), as well as a six-state (IL, NJ, NY, OR, RI, VT) Quality Collaborative on Improving the Use of Psychotropic Medications among Children in Foster Care, both funded by The Annie E. Casey Foundation.

INSTITUTE #24
8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • NATIONAL HARBOR 10
Serving Youth with Intellectual/Developmental Disabilities and Substance Abuse Challenges in Systems of Care
MODERATOR: Diane Jacobstein, PhD, Senior Policy Associate and Clinical Psychologist, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC
Ruby Goyal-Carkeek, MBA, Deputy Director, New Jersey State Government, Trenton, NJ
Kathy Enerlich, Executive Director, PerformCare, Robbinsville, NJ
Robert Klaehn, MD, Medical Director, Arizona Division of Developmental Disabilities, Phoenix, AZ
Maureen Mills, Family Support Specialist, Raising Special Kids, Phoenix, AZ
ABSTRACT: This Institute will focus on strategies for applying the system of care philosophy and approach to new populations of children and youth and their families. The Institute will focus specifically on the application of the approach to children and youth with developmental disabilities and substance use disorders. Faculty from two states—Arizona and New Jersey—will share strategies used to address the needs of these populations within a system of care framework. For example, the child and family team model is being used for children with developmental disabilities in Arizona, and the statewide system of care in New Jersey was expanded in 2013 to include children with developmental disabilities and substance use disorders. Faculty will share strategies that participants can apply in their states and communities to create more integrated systems and to improve access and outcomes for new populations.
INSTITUTE #25
8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • NATIONAL HARBOR 11
Supporting LGBTQ Children and Youth: Resources, Strategies, and Action Planning
MODERATOR: Jeffrey Poirier, PhD, Senior Researcher, Health and Social Development, American Institutes for Research, Washington, DC
Sixto Cancel, Founder, Think of Us, Richmond, VA
Karen Francis, PhD, Senior Researcher, Health and Social Development, American Institutes for Research, Washington, DC

ABSTRACT: This Institute will equip participants with information and resources that will support efforts to implement culturally and linguistically competent policies and practices for LGBTQ children/youth and their families. This Institute will review information on LGBTQ identity and the experiences of LGBTQ youth. It will also review 10 standards of care published in Improving Emotional and Behavioral Outcomes: A Guide for Professionals. Faculty will discuss approaches including individual and organizational assessment, expanding professional and community knowledge about LGBTQ youth, and creating safe spaces. The faculty will also facilitate a strategic planning exercise using a tool each participant will receive.

INSTITUTE #27
8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • POTOMAC 3/4
Building an Effective Peer Workforce for Emerging Adults through Partnerships and Technology
★ YOUTH AND YOUNG ADULTS ARE ENCOURAGED TO ATTEND ★
MODERATOR: Martin Rafferty, Executive Director, Youth MOVE Oregon, Eugene, OR
Adrienne Croskey, Peer Coach and Supervisor, Portland State University Regional Research Institute, Portland, OR
Celeste Moser, MS, Research Associate, Portland State University Regional Research Institute, Portland, OR
Janet Walker, PhD, Director, Research and Training Center for Pathways to Positive Futures, Portland State University, Portland, OR

ABSTRACT: This Institute will focus on a strategy for building an effective workforce of peer support providers for emerging adults with serious mental health conditions. The approach is based on Achieve My Plan (AMP), an empirically supported intervention to enhance wraparound by providing a mechanism to ensure greater youth participation and engagement. Faculty will describe the key components of the AMP intervention and how it has been modified to become a peer-delivered intervention (AMP+Peer). Participants will learn to apply practical tools for ongoing coaching and support for young adults who are learning how to implement the AMP intervention and will participate in experiential exercises that are part of the new AMP+Peer training.

INSTITUTE #26
8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • POTOMAC 1/2
Implementing Evidence-Based Practices (EBPs) for Transition-Age Youth, Adolescents, Children, and Families Affected by Substance Use and Co-Occurring Mental Health Disorders
MODERATOR: Darren Fulmore, PhD, Public Health Advisor, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, Rockville, MD
Sylvia Barnard, Executive Director/Project Director, Good Samaritan Shelter, Santa Maria, CA
Oscar Fleming, MSPH, Implementation Specialist/Investigator, National Implementation Research Network and FPG Child Development Institute, UNC Chapel Hill, Chapel Hill, NC
Michelle Kilgore, MA, CADC, Adolescent Substance Abuse Program Administrator, Kentucky Division of Behavioral Health, Frankfort, KY

ABSTRACT: This Institute will focus on the implementation of EBPs to support transition-age youth and their families with substance use disorders, including co-occurring substance use and mental health disorders. The information and strategies to be presented are grounded in implementation science and are designed to help states and communities prioritize and implement policies and practices at the local and state levels to support EBP implementation for this population. Faculty will provide concrete, practical steps for implementing and spreading EBPs, including staffing, training, certification, financing, sustainability, policy change, cultural, ethnic, or linguistic considerations, and continuous quality improvement. The faculty team includes the perspectives of current state and local treatment providers who have implemented or are currently implementing EBPs for youth with substance use disorders and for pregnant and postpartum women.

INSTITUTE #28
8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • POTOMAC 5/6
Models of Family Run Organizations: One Size Does Not Fit All
MODERATOR: Jane Walker, MSW, Executive Director, Family Run Executive Director Leadership Association (FREDLA), Ellicott City, MD
Thomas Dillingham, Executive Director, Federation of Families for Children’s Mental Health – Colorado Chapter and President, FREDLA Board of Directors, Lakewood, CO
Candy Kennedy-Goergen, Executive Director, Nebraska Federation of Families for Children’s Mental Health and FREDLA Board of Directors, Minden, NE
Jane Plapinger, Executive Director, Maryland Coalition of Families, Columbia, MD

RESOURCE PERSON: Lisa Lambert, Executive Director, Parent/Professional Advocacy League (PPAL) and FREDLA Board of Directors, Boston, MA

ABSTRACT: This Institute will focus on different models of family-run organizations including structure, governance, advocacy, programs, and partners. Examples of family-run organizations in four states (Massachusetts, Colorado, Nebraska and Maryland) will be provided to illustrate the evolution and structure of family-run organizations. Faculty will discuss how organizations develop and adapt over time as a result of changes in funding, leadership, and programs and strategies for achieving diversified funding and developing partnerships that strengthen and sustain family-run organizations. Participants will have an opportunity to reflect on their own organizations’ evolution and future directions through timelines, organizational assessments, and small group discussions.
ABSTRACT: This Institute will focus on strategies for implementing the core value of youth as full partners within a system of care and will offer approaches to incorporate meaningful youth engagement. Strategies will be identified to develop, engage, and sustain youth voice and involvement in a system of care, based on experience in a system of care implementation initiative in Rhode Island. Faculty will present approaches including a youth-initiated strategic planning process, a curriculum and implementation of a youth leadership academy, and a process for youth focus groups to inform a strategic plan.

Continuous Quality Improvement (CQI): Assessing System of Care Implementation and Expansion

MODERATOR: Freda Brashears, MSW, Project Manager, Children’s Mental Health Initiative National Evaluation, ICF International, Atlanta, GA
Christopher Duckworth, KY SEED National Evaluation Coordinator, Eastern Kentucky University; Richmond, KY
Kurt Moore, PhD, Senior Research Manager, WRMA, Inc., Denver, CO
Tracy Pellegrino, MSW, Project Director, Community Based Care of Central Florida, Families and Communities Together: System of Care for Children’s Mental Health, Sanford, FL

ABSTRACT: This Institute will be a “hands-on” learning experience that focuses on increasing the knowledge and skills of participants to develop and implement system-change tools for use in their own agencies, states, and communities. Faculty will present a variety of tools, methods, and processes used to establish an effective Continuous Quality Improvement (CQI) process, particularly for system of care implementation and expansion efforts. The conceptual framework builds on the CQI Initiative of the national evaluation of the federal system of care program and the evaluation’s System of Care Assessment. Examples will be provided by Kentucky and Florida systems of care that use system-level data to inform community system change efforts. Participants will discuss CQI approaches used in their home states and communities and how these approaches might be enhanced.

Community Alternatives to Residential Treatment for Children and Youth with Complex Behavioral Health Challenges: National and State Perspectives

MODERATOR: Lauren Rabinovitz, MPH, MSW, LCSW-C, Policy Associate, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC
Rebecca Buhner, MSM, Assistant Deputy Director, Family and Social Services Administration, Indiana Division of Mental Health and Addiction, Indianapolis, IN
Lisa Rich, MA, Deputy Director, Services and Outcomes, Indiana Department of Child Services, Indianapolis, IN

ABSTRACT: This Workshop will focus on implementing and sustaining alternatives to residential treatment for children and youth with serious and complex behavioral health challenges. The strategies are based on the experience of the Psychiatric Residential Treatment Facilities (PRTF) Wavier Demonstration Program. Faculty will share strategies from the demonstration, with a view toward helping participants to design and implement similar strategies in their states and communities. Faculty will review the Medicaid authority for the demonstration; share successes and challenges with implementation; highlight the importance of data collection; and share strategies for developing effective partnerships between state agencies, with families and youth, and providers to ensure sustainability based on experience in Indiana. In addition, faculty will describe funding opportunities for home- and community-based services, such as 1915 i state plan authority and Money Follows the Person Demonstration.

Leveraging Financing Opportunities to Sustain and Expand Systems of Care: The Affordable Care Act and Title IV-E Demonstration Waivers

MODERATOR: Denise Sulzbach, JD, Co-Deputy Director, Technical Assistance Network, University of Maryland School of Social Work, Baltimore, MD
Deborah Harburger, MSW, LGSW, Director, Fiscal Strategy and Thrive@25 Project Director, University of Maryland School of Social Work, Baltimore, MD

ABSTRACT: This Workshop will focus on the analysis, selection, and implementation of federal financing opportunities to support Care Management Entity/wraparound models and expansion of evidence-based, research-informed practices and service delivery models. The strategies to be highlighted are based on experience in Maryland that includes the use of Health Home and 1915(i) State Plan Amendments (SPAs) to serve youth with behavioral health needs, as well as a Title IV-E Demonstration Waiver to expand the reach of the Affordable Care
Act (ACA) to improve services for youth and families involved with child welfare. Resources will be provided to help participants to determine when and why financing strategies may be more or less relevant for their particular states and communities based on their system of care needs, health reform implementation, political climate, and other contextual influences.

WORKSHOP #3
1:30 PM THURS 7/17 • 10:30 AM SAT 7/19 • CHESAPEAKE 1/2/3

Trauma-Informed Services in Systems of Care
MODERATOR: Sandra Parks, MCP, CMHT, Principal Investigator, Mississippi Department of Mental Health, Jackson, MS
Jackie Chatmon, Program Director, Mississippi Transitional Outreach Program, Mississippi Department of Mental Health, Jackson, MS
Willis Garrison, Clinical Coordinator, Mississippi Transitional Outreach Program, Mississippi Department of Mental Health, Jackson, MS

RESOURCE PERSON: Peter Gamache, PhD, MPH, Program Evaluator, Turnaround Achievement Network, New Orleans, LA

ABSTRACT: This Workshop will focus on practical strategies for providing trauma-informed care for youth and families across service settings. The strategies include a learning session model that includes education on core components and identification of the effects of trauma, using scenarios as tools to build awareness of the influence of culture on trauma, operational standard changes for certified providers, and innovative financing strategies for evidence-based training across systems. The information and strategies are based on the work of the Mississippi Transitional Outreach Project (MTOP), a system of care. The session will engage participants by discussing practical, “how to” information on approaches that can be applied in participants’ home communities.

WORKSHOP #4
1:30 PM THURS 7/17 • 10:30 AM SAT 7/19 • CHESAPEAKE 7/8/9

Through the Eyes of Youth: Peer Support, Advocacy, and Education for Transition Age Youth
MODERATOR: Rashad Eady, Transitional Age Youth—Family Member Coordinator, Family Education and Resource Center, Oakland, CA
Michele Wms-Smith, Family Advocate and Lead, Transitional Age Youth-Family Members Family Education and Resource Center, Oakland, CA

RESOURCE PERSON: Annie Kim, Program Director, Family Education and Resource Center, Oakland, CA

ABSTRACT: This Workshop will focus on the development of a Transitional Age Youth-Family Members (TAY-FMs) program within a community system of care. Faculty will discuss how to provide effective services, support, self-care tips, reduce stigma, and how to address cultural differences and barriers for family members and consumers. Faculty will also highlight activities, peer support, media, cultural differences and its impact on services, and provide strategies for incorporating youth voice as a form of support and youth collaboration. These strategies are based on the Family Education and Resource Center (FERC) in Alameda (California), National Alliance on Mental Illness (NAMI), and Wellness Recovery Action Plan (WRAP) programs.

WORKSHOP #5
1:30 PM THURS 7/17 • 10:30 AM SAT 7/19 • CHESAPEAKE 10/11/12

Meeting the Developmental and Mental Health Needs of Young Children Through Caregiver Engagement
MODERATOR: Elizabeth “Libby” Jones, CPSP, Family Support Director, North Carolina Families United, Burlington, NC
Robin Jordan, RN, Care Coordination for Children Case Manager, Care Coordination for Children, Alamance County Public Health, Burlington, NC

ABSTRACT: This Workshop will focus on how systems of care can build relationships with public health agencies to better integrate physical and behavioral health, reduce duplication, and improve outcomes for families. Specifically, faculty will discuss the role of Parent Support Providers (Family Partners) and how they can collaborate with public health nurses to achieve these goals. The approaches to be highlighted involve the use of futures plans, child and family teams, care coordination provided by Family Partners; tools to support collaboration; and outcome measurement strategies. The information and strategies are based on the work of North Carolina Families United and the Alamance Alliance 0-5 System of Care.

WORKSHOP #6
1:30 PM THURS 7/17 • 10:30 AM SAT 7/19 • CHESAPEAKE A/B/C

Parent Support Providers Working with Public Health: The New World of Peer Support
MODERATOR: Elizabeth “Libby” Jones, CPSP, Family Support Director, North Carolina Families United, Burlington, NC

ABSTRACT: This Workshop will focus on how systems of care can build relationships with public health agencies to better integrate physical and behavioral health, reduce duplication, and improve outcomes for families. Specifically, faculty will discuss the role of Parent Support Providers (Family Partners) and how they can collaborate with public health nurses to achieve these goals. The approaches to be highlighted involve the use of futures plans, child and family teams, care coordination provided by Family Partners; tools to support collaboration; and outcome measurement strategies. The information and strategies are based on the work of North Carolina Families United and the Alamance Alliance 0-5 System of Care.

WORKSHOP #7
1:30 PM THURS 7/17 • 10:30 AM SAT 7/19 • CHESAPEAKE G/H/I

Implementing Gender-Responsive Systems of Care: Trauma-Informed Services for Girls
MODERATOR: Lesley Slavin, PhD, Lead Psychologist, Project Kealahou, Honolulu, HI
Tia Roberts, MSW, Project Director, Hawaii Department of Health, Child/Adolescent Mental Health Division, Project Kealahou, Honolulu, HI

ABSTRACT: This Workshop will focus on gender-responsive and trauma-informed strategies for adolescent girls. Faculty will discuss strategies for responding to trauma-related behaviors, as well as the strategies of culturally resonant outreach and engagement, evidence-based therapies, and group and community activities to enhance social connectedness. Faculty will also explore effective use of peer supports in developing relationships to engage and retain girls in programming and facilitate their progress on pathways to healing. The approaches to
be discussed are based on experience and three years of pilot data from Project Kealahou’s gender-responsive, trauma-informed system of care initiative in Hawaii. Faculty will share strategies for adapting this approach in their communities.

### WORKSHOP #8

**1:30 PM THURS 7/17 • 10:30 AM SAT 7/19 • CHESAPEAKE J/K/L**

**Empowering Families with a “Road Map” to Navigating Service Systems: A Train the Trainer Curriculum**

**MODERATOR:** Wendy Besmann, Author, Team Up for Your Child and Road Map Curricula, Team Up for Families, Melton Hill Media, Oak Ridge, TN

**Keva Clark, MEd, Lead Family Involvement Coordinator, Saginaw Max System of Care, Saginaw, MI**

**ABSTRACT:** This Workshop will provide practical tools that families can use to work effectively with service providers as equal partners in treatment. Families often feel overwhelmed by the task of navigating complex systems to obtain health, education, or social services. This session will provide an overview of the “Road Map” learning series used by a variety of systems of care nationwide that provides knowledge “routes” for navigating systems. Practical tips and techniques will be drawn from the workbook Team Up for Your Child: A Step-by-Step Guide to Working Smarter with Doctors, Schools, Insurers, and Agencies, used as the text for “Road Map” learning modules. A group activity will spark discussion of essential skills that can boost communication with providers across diverse cultural environments.

### WORKSHOP #9

**3:30 PM THURS 7/17 • 8:30 AM SAT 7/19 • MARYLAND 3/4**

**Implementing Universal Screening in Schools for Early Identification and Intervention**

**MODERATOR:** Rachel Ludwig, LCSW, Project Manager, Chautauqua County Department of Mental Hygiene, Mayville, NY

**Mansoor Kazi, PhD, Assistant Professor, School of Social Welfare, University at Albany, Albany, NY**

**Tina Sandstrom, Director, Schools, Jamestown School District, Jamestown, NY**

**RESOURCE PERSON:** Victoria Patti, MSSA, Early Identification and Recognition Specialist, Chautauqua County Department of Mental Hygiene, Mayville, NY

**ABSTRACT:** This Workshop will focus on the development of universal screening tools in systems of care and how they can be used to target and evaluate services. Faculty will demonstrate how these tools can be used in combination with other data already collected by schools and other child-serving partners to evaluate the effectiveness of services as systems of care are implemented. The strategies are based on work in the Chautauqua (NY) System of Care, where screening tools are used for the continuous evaluation of services for over 5,000 students, including mental health. School outcomes are used along with the Strengths and Difficulties Questionnaire (SDQ). When combined with other agency outcomes and youth surveys, these data inform the continued development of the system of care, including services, cultural competence, youth, and family partnerships.

### WORKSHOP #10

**3:30 PM THURS 7/17 • 8:30 AM SAT 7/19 • MARYLAND 5/6**

**Suicide Prevention: LGBTQQ Inclusive Strategies and Tools**

**MODERATOR:** Nathan Belyeu, Education Director, The Trevor Project, New York, NY

**Jeffrey Poirer, PhD, Senior Researcher, Health and Social Development Program Lead of Youth and Family LGBT Initiatives, American Institutes for Research, Washington, DC**

**ABSTRACT:** This Workshop will focus on effective services and supports for Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning (LGBTQQ) youth and their families, providing information, recommended practices, and tools designed to promote social inclusion, reduce disparities in behavioral health services, and reduce the risk for suicide among LGBTQQ youth. Faculty will highlight specific approaches including individual and organizational assessment, standards of care, responsiveness to particular populations, and culturally and linguistically responsive materials to promote help-seeking behavior and social inclusion. Strategies are based on work of the Trevor Project and are drawn from a book, Improving Emotional and Behavioral Outcomes for LGBT Youth: A Guide for Professionals.

### WORKSHOP #11

**3:30 PM THURS 7/17 • 8:30 AM SAT 7/19 • CHESAPEAKE 1/2/3**

**Addressing Adolescent Substance Use Through School-Based, Recovery-Oriented Wraparound Services**

**MODERATOR:** Cassie Gray, MS, Assistant Systems of Care Director, CREOKS Behavioral Health Services, Tulsa, OK

**David Richardson, MSW, Director, Phoenix Rising Alternative School, Tulsa County Juvenile Bureau, Tulsa, OK**

**RESOURCE PERSON:** Brent Wolfe, MSW, Director, Tulsa County Juvenile Bureau, Tulsa, OK

**ABSTRACT:** This Workshop will focus on the development of recovery-oriented wraparound services in an alternative school setting. Faculty will share strategies; barriers to service delivery; options for services; development of relationships; and strategies for collaboration among wraparound service providers, juvenile justice agencies, and alternative school staff. The information and strategies to be highlighted are based on the school-based, recovery-oriented wraparound services provided at Phoenix Rising Alternative School in Tulsa, Oklahoma, a collaboration between the school and juvenile justice system. Recovery-oriented wraparound service providers are embedded at the school and provide intensive services to students and families focusing on substance abuse and other risky behaviors. The Workshop will provide strategies for adapting these services in other states and communities and will include perspectives from alternative school staff, juvenile bureau staff, and service providers.
Creating and Maintaining an Agency Culture that Supports Families and Youth as Equal Workforce Members

MODERATOR: Bryon Luke, MSS, Program Director, High Fidelity Wraparound, Child and Family Focus, Inc., Hatboro, PA
Ashlie King-Bratton, Youth Support Partner, High Fidelity Wraparound, Child and Family Focus, Inc., Broomall, PA

RESOURCE PERSON: Atheria Taggart, Family Support Partner, Child and Family Focus, Inc., Broomall, PA

ABSTRACT: This Workshop will explore how hiring youth and family members who have lived experience within the child-serving systems requires not only changes within agency culture, but also throughout the entire community system of care. Faculty will share strategies for hiring practices, agency training, and policy change to welcome youth and family members as professionals. The session will include discussion with a family member and youth who have made the shift from client to staff and an agency program director who has supported this approach since the beginning of High-Fidelity Wraparound implementation in Pennsylvania. Participants will hear about lessons learned and the potential impact on agency policy and procedure, teamwork paradigms, and agency culture in creating parent-professional partnerships.

Family Leadership for System Transformation: Advocacy is NOT Enough

MODERATOR: Pamela Ferguson, MSW, Family System Manager Supervisor, FAVOR, Inc., Wethersfield, CT
Susan Graham, MA, MSW, Statewide Family System Manager, Family System Manager Program, FAVOR, Inc., Wethersfield, CT

ABSTRACT: This Workshop will provide a system transformation strategy through family leadership. Individual advocacy is not enough—families and youth need to fully participate at the systems level by engaging policymakers and providing input to service delivery and practice. Based on Connecticut’s FAVOR Family System Manager approach, faculty will demonstrate how to engage families and “infiltrate and penetrate” the system so that families and youth participate in policy change and reform at all levels. Participants will learn how to implement regional, local, and statewide Family Engagement Action Teams, hold summits to develop action plans, and use family system managers and agency partners to facilitate family and youth voice in community and state-level policy conversations.

Partnerships with Youth and Families at All Levels: Peer Fusion Without Confusion

MODERATOR: Tiffany Sturdivant, MSW, LCSW, Team Leader, Futures Department, Truman Medical Center Behavioral Health, Kansas City, MO
Veronica Highley, MA, Program Director, Truman Medical Center Behavioral Health, Kansas City, MO

RESOURCE PERSON: Patrice Robinson, MSPLPC, Family Support Specialist, Truman Medical Center Behavioral Health, Kansas City, MO

ABSTRACT: This Workshop will focus on incorporating peer/consumer services at various levels within an organization as an important component of both clinical treatment and program and policy development. Faculty will highlight approaches to supporting peers/consumers in roles from advisors to paid staff. The strategies are based on evidence-supported practices and the experience of faculty in developing youth and parent councils and family and transition peer specialist positions at Truman Medical Center in Kansas City, Missouri. Specific topics include integrating non-clinical peer services with traditional clinical services, concrete steps for increasing consumer involvement in participants’ own organizations, and practical tools for supporting peers/consumers to become and remain involved in organizations at the service delivery and system/policy levels.

Go Big or Go Home: Strategies for Statewide System of Care Implementation

MODERATOR: Tegan Henke, MS, State Development Specialist, Texas Institute for Excellence in Mental Health, Center for Social Work Research, University of Texas at Austin, Austin, TX
Sherri Hammad, Project Director, Texas Health and Human Services Commission, Austin, TX

RESOURCE PERSON: Barbara Granger, Family Coordinator, Texas Lead Family Contact, Via Hope, Austin, TX

ABSTRACT: This Workshop will highlight strategies to develop a statewide infrastructure that will support and sustain local systems of care and make it easier for other communities to come on board with system of care implementation. Faculty will provide specific strategies for: building the infrastructure for evidence-based practices; engaging youth, families, and local and state agencies; building community capacity; financing; and cross-system data sharing. Developing the statewide support necessary to implement the system of care approach is not an easy task to undertake. Faculty will share system of care expansion strategies in Texas and explore ways in which other states and communities can “Go Big” in successfully building a system of care infrastructure.
**WORKSHOP #17**

8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • MARYLAND 5/6

**Assessment Tools to Guide Behavioral Health Service Delivery: The CANS and CASII**

**MODERATOR:** Jennifer Lowther, LCSW-C, Director, Clinical and Quality Initiatives, The Institute for Innovation and Implementation, University of Maryland School of Social Work, Baltimore, MD

**Mark Lardner, MSW, Director, The Child and Adolescent Needs and Strengths (CANS) Implementation, The Institute for Innovation and Implementation, University of Maryland School of Social Work, Baltimore, MD**

**ABSTRACT:** This Workshop will focus on how assessment tools can guide behavioral health service delivery, specifically the Child and Adolescent Strength and Needs (CANS) and the Child and Adolescent Service Intensity Instrument (CASII) tools. Based on experience in Maryland, faculty will discuss how these tools can be implemented and used to gather information on the needs and strengths of the youth and families, to evaluate the effectiveness of placement and service intensity decisions, and to provide information to support the development of an integrated community-based continuum of care. Faculty will also discuss how cross-system collaboration on selected assessment tools can enhance service planning, create shared knowledge across providers and agencies, and promote outcome monitoring for youth involved in multiple systems.

**WORKSHOP #18**

8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • CHESAPEAKE 1/2/3

**Prevention and Intervention Strategies for Child and Adolescent Trauma**

Daniel Karlow, MS, National Clinical Training Coordinator, Employee and Program Development, Youth Advocate Programs, Lancaster, PA

**ABSTRACT:** This Workshop will focus on the impact of trauma on children and adolescents and research-based prevention and intervention strategies to support positive youth development. Faculty will review the research based on the prevalence and impact of trauma and will describe specific, effective interventions for addressing trauma. Examples of topics include the types of trauma and examples, the impact of trauma on the brain, and the connection between adverse experiences and future health and mental health. Specific intervention strategies will be presented including strengthening relationships and supports, using Cognitive Behavioral Treatment (CBT) strategies, and working through traumatic memories and dissociations. Participants will use a trauma assessment tool and the Safety Emotion Loss Future (SELF) model to create a treatment plan for a hypothetical case study.

**WORKSHOP #19**

8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • CHESAPEAKE 7/8/9

**Innovations in Systems of Care for Young Adults of Transition Age: Oh the Places You’ll Go!**

**MODERATOR:** Gwendolyn White, MSW, Project Director, Healthy Transitions Initiative TA, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

**Brianne Masselli, Director of Technical Assistance and Evaluation, Youth MOVE National, Portland, ME**

**ABSTRACT:** This Workshop will focus on adapting the system of care approach to the population of young adults transitioning into adulthood with mental health challenges. Faculty will highlight critical elements of systems of care that are essential for young adults and those which require specific enhancements. Practice and policy issues will both be addressed. The strategies presented are based on specific community experiences, along with experiences from young adults. The session will address topics including developmental and service challenges, engagement and access issues, shifting to young adult-driven approaches, young adults as partners and leaders, and replication issues. Innovative solutions will be shared and participants will have an opportunity to discuss application of the strategies in their states and communities.

**WORKSHOP #20**

8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • CHESAPEAKE 10/11/12

**Rapid Stabilization Inpatient Services in Systems of Care: Family-Centered, Youth-Guided Interventions**

**MODERATOR:** Ross Yaple, MD, Assistant Professor, Psychiatry, Virginia Commonwealth University, Richmond, VA

**Bela Sood, M.D., MSHA, Professor, Psychiatry, Virginia Commonwealth University, Midlothian, VA**

**ABSTRACT:** This Workshop will focus on how acute inpatient stays can be used as part of an overall system of care approach. Acute inpatient stays to address mental health crises can be an important component of systems of care if they are outcome-based, focused on thorough assessment and engagement of the family and child, respectful, culturally informed, and strengths-based. Faculty will describe the model for acute inpatient services developed by the Virginia Commonwealth University Health System (VCUHS) and will highlight the Collaborative Problem Solving approach as the treatment philosophy, transitional planning to link with outpatient providers, and non-coercive treatment, and strategies for assessment and treatment planning that actively engage youth and families.

**WORKSHOP #21**

8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • CHESAPEAKE A/B/C

**Addressing Child-to-Parent Violence (CPV) Using System of Care Values and Principles**

**MODERATOR:** Laurie Reid, MS, Chief Executive Officer, Breaking the Cycle Consulting, Inc, Fort Lauderdale, FL

**Elaine Morgan, Med, Director, Curriculum and Instruction, Breaking The Cycle Consulting, Inc., Orlando, FL**

**ABSTRACT:** This Workshop will focus on the topic of Child to Parent Violence (CPV), a silent topic of teen abuse and violence toward a parent or caregiver, an all too common family secret that is seldom addressed and requires an understanding that is different from traditional domestic violence theories. Faculty will identify when typical youth behavior crosses the line to become identified as abuse and introduce a new theory of practice that is individualized to this form of family violence through the utilization of system of care guiding values and principles. Faculty will present an emerging model of practice that significantly reduces abuse and violence within the home and teaches participants to apply theoretical underpinnings and key principles of CPV for improving outcomes in work with families and youth in any setting.
Evidence-Based Interventions in Schools: Meeting the Behavioral Health Needs through a Collaborative Approach

**MODERATOR:** Janet Bessmer, PhD, Utilization Review Manager, Comprehensive Services Act, Family Services, Fairfax County, Fairfax, VA

**Jeanne Veraska, MSW, School Social Worker, Office of Social Work, Fairfax County Public Schools, Fairfax, VA**

**ABSTRACT:** This Workshop will focus on implementing evidence-based practices (EBPs) in schools as part of a larger community-wide system of care. The strategies are based on a partnership between the system of care and public schools in Fairfax County, VA that involves shared practice standards, inclusive governance, and access to funding for services and supports. System of care principles have been incorporated into direct service work across organizations. Within this framework, school social workers are provided with modular interventions that utilize essential components from EBPs. Faculty will provide strategies for implementing a tiered intervention framework across human service agencies and schools, 4 A’s model of EBPs in schools, EBP modular interventions tailored for school settings, and data and outcomes from a family’s journey from struggle to support of a gender diverse gay son.

**WORKSHOP #23**

8:30 AM FRI 7/18 • 1:30 PM SAT 7/19 • CHESAPEAKE J/K/L

**Helping Diverse Families to Support Their LGBT Children: An Evidence-Based Framework and Guide**

**Caitlin Ryan, PhD, ACSW, Director, Family Acceptance Project, San Francisco State University, San Francisco, CA**

**ABSTRACT:** This Workshop will discuss the paradigm-shifting work of the Family Acceptance Project (FAP) to create a new evidence-based family model of wellness, prevention, and care for LGBT children and adolescents to strengthen families, prevent health risks, and to promote their LGBT children’s well-being in the context of their families, cultures and faith traditions. The session will introduce and disseminate a research-based guide from SAMHSA to help diverse families to support LGBT youth that was written by the FAP for multiple practice settings. The information and strategies presented are based on FAP’s research and family intervention work. The session will include a video to demonstrate a family’s journey from struggle to support of a gender diverse gay son.

**WORKSHOP #24**

10:30 AM FRI 7/18 • 3:30 PM SAT 7/19 • MARYLAND 3/4

**Treatment Foster Care: What Does the Research Tell Us?**

**MODERATOR:** Doreen Cavanaugh, PhD, Research Professor, Health Policy Institute, Georgetown University, Washington, DC

**Paul Brylske, MSW, LCSW-C, Director, Therapeutic Foster Care Program, Kennedy Krieger Institute, Baltimore, MD**

**RESOURCE PERSON:** Larke Huang, PhD, Senior Advisor on Children, Youth and Families; Lead, Trauma and Justice Strategic Initiative; Administrator’s Office of Policy Planning and Innovation; Director, Office of Behavioral Health Equity, Substance Abuse and Mental Health Services Administration, Rockville, MD

**ABSTRACT:** This Workshop will focus on consensus findings from a technical expert panel on Treatment Foster Care (TFC) supported by three federal agencies—the Centers for Medicare and Medicaid; the Administration on Children, Youth and Families; and the Substance Abuse and Mental Health Services Administration. Faculty will highlight the findings of the TFC technical expert panel, including the existing research, essential elements of TFC, treatment interventions, and outcomes. Faculty will also identify a research agenda for the further study of the contributions of treatment foster care within a system of care for youth with mental health and/or substance use disorders.

**WORKSHOP #25**

10:30 AM FRI 7/18 • 3:30 PM SAT 7/19 • MARYLAND 5/6

**Enhancing Reflective Functioning in Substance Abusing Mothers: An Approach to Improving Parent-Child Relationships**

**MODERATOR:** Karen Rathburn, PhD, Program Director, Los Angeles Department of Mental Health, TIES for Families—South Bay, Torrance, CA

**Bronwyn Chambers, MA, Assistant Program Director, Center for Reflective Parenting, Los Angeles, CA**

**RESOURCE PERSON:** Keeley Gilmore, Parent Advocate, Service Area 8 Administration, Los Angeles County Department of Mental Health, Los Angeles, CA

**ABSTRACT:** Based on current findings in neurobiology, trauma, and attachment theory, this Workshop will focus on an integrated treatment approach for substance abusing mothers with children birth to five. The concept of parental reflective functioning and its impact on mitigating intergenerational transmission of trauma, child maltreatment, and attachment disorders will be discussed through the lens of the Reflective Parenting Program, an evidence-based, 10-week group treatment developed from current research on neurobiology, developmental psychology, and attachment. Using a presentation illustrated by video examples, participants will explore the theory and key components of a relational intervention in a substance treatment milieu and how the parent-child relationship can be a critical factor in both relapse as well as abstinence.

**WORKSHOP #26**

10:30 AM FRI 7/18 • 3:30 PM SAT 7/19 • CHESAPEAKE 1/2/3

**The Sounds of Reaching Families: The Click of a Mouse, The Ring of a Phone, The Chime of a Doorbell**

**MODERATOR:** Laurie Mulvey, MSW, Family Member and Consultant, Pennsylvania System Of Care, University of Pittsburgh, Pittsburgh, PA

**Gloria McDonald, Parent, Pennsylvania Families, Inc., Meadville, PA**

**ABSTRACT:** This Workshop will focus on a web-based, statewide family support and learning model created for families and the family support workforce. The statewide family organization in Pennsylvania established a goal that every family raising a child with behavioral health challenges and that is involved in any child-serving system will have the opportunity to access appropriate support and information needed to care for their children and family. Faculty will share the web-based model, materials, and strategies that support families to learn, give back, and lead others; allows family partners to connect with families; and engages systems to participate. Participants will be introduced to the e-learning modules and will learn how to access and use these tools.
**WORKSHOP #27**

10:30 AM FRI 7/18 • 3:30 PM SAT 7/19 • CHESAPEAKE J/K/L

Organizational Cultural and Linguistic Competence: Assessment and Continuous Quality Improvement

**MODERATOR:** Tawara Goode, MA, Director and Assistant Professor, National Center for Cultural Competence, Georgetown University Center for Child and Human Development, Washington, DC

Henry Gregory, PhD, Cultural and Linguistic Competence Coordinator, Maryland Coalition of Families, MD CARES, Woodstock, MD

**ABSTRACT:** The Workshop will focus on the essential role of self-assessment in achieving cultural and linguistic competence and the utility of this process for continuous quality improvement within systems of care. Faculty will highlight values, principles, benefits, processes, and instruments for conducting self-assessment; a comparison of two approaches to conducting self-assessment, lessons learned from a system of care; and strategies to advocate and conduct self-assessment. The strategies are based on literature and the extant instruments, tools, and guides to conduct cultural and linguistic competence self-assessment processes in organizations concerned with child and adolescent mental health.

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**WORKSHOP #28**

10:30 AM FRI 7/18 • 3:30 PM SAT 7/19 • CHESAPEAKE 10/11/12

Beyond Facebook & Twitter: Why You Shouldn’t Ignore the “Cinderellas” of Social Marketing

**MODERATOR:** Victoria Yu, Communications Lead, Texas Institute for Excellence in Mental Health, University of Texas at Austin, School of Social Work, Austin, TX

Molly Lopez, PhD, Director, Texas Institute for Excellence in Mental Health, University of Texas at Austin, School of Social Work, Austin, TX

**ABSTRACT:** This Workshop will focus on the importance of having both a social media and social marketing plan within an organizational framework and key strategies to infuse social marketing into state or community system change activities. The session will address incorporating social marketing into an organization’s overall structure, creation of measurable goals, evaluation of outcomes, and an overview of marketing tactics. Faculty will distinguish between social marketing and social media and will detail the process of social marketing including conducting an analysis, creating achievable and measurable goals, defining a target audience, evaluating outcomes, and using various marketing tactics. A mock organization will be used to demonstrate the entire process.

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**WORKSHOP #29**

10:30 AM FRI 7/18 • 3:30 PM SAT 7/19 • CHESAPEAKE A/B/C

Using Performance Measurement to Improve Outcomes: Utilization, Cost, and Quality

Richard Dougherty, PhD, Chief Executive Officer, DMA Health Strategies, Lexington, MA

**ABSTRACT:** This Workshop will focus on developing performance management systems in children’s system of care. Measuring performance and outcomes must be part of a comprehensive overall management strategy. Faculty will present types of measures that have been developed by national and statewide initiatives, examples of measurement systems in state and local risk-based procurements, and how to identify measurable activities and target populations. Participants will discuss examples and challenges in measuring performance and develop a better understanding of how data on cost, utilization, and outcomes are needed and can be used for managing systems of care. A framework for a comprehensive management strategy that is data-driven and builds on performance measurement will be presented to close the discussion.

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**WORKSHOP #30**

10:30 AM FRI 7/18 • 3:30 PM SAT 7/19 • CHESAPEAKE G/H/I

How to Evaluate Statewide Systems of Care Using Data from all Child-Serving System Partners

**MODERATOR:** Mary Coppola, DSW, Project Director, New York State System of Care Expansion Team, NYS Success: Connecting Systems of Care with Children and Families, Albany, NY

Mansoor Kazi, PhD, Lead Evaluator, School of Social Welfare, University at Albany, Albany, NY

Suzanne Lavigne, MHA, CTRS, CASAC, Director, Community Services, New York State System of Care Expansion Team, Franklin County, Saranac Lake, NY

**RESOURCE PERSON:** Daphne Brown, Family Engagement Consultant, NYS Success: Connecting Systems of Care with Children and Families, Albany, NY

**ABSTRACT:** This Workshop will focus on how evaluation can be used to effectively expand the system of care approach. Data from schools, mental health and other services are analyzed quarterly in each county, and data analysis methods drawn from a combination of epidemiology and effectiveness research are used to investigate if the comprehensive array of services and supports are working to provide better outcomes for youth and families. The Workshop will be both didactic and interactive, divided into three segments. It will also be an interactive display of data analysis and what these findings really mean for youth and families.

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**WORKSHOP #31**

10:30 AM FRI 7/18 • 3:30 PM SAT 7/19 • CHESAPEAKE J/K/L

The New Technology Landscape: Using Business Analytics and Health Information Exchanges to Improve Practice and Systems of Care

**MODERATOR:** Robin Trush, MAOM, Director, Business Analytics, Operations, Jewish Family and Children’s Services, Phoenix, AZ

Mary Jo Whitfield, MS, Vice President, Behavioral Health, Jewish Family and Children’s Services, Phoenix, AZ

**ABSTRACT:** Proper metrics are essential for clinical practice and sound operations/financial management. Health Information Exchanges (HIEs) will change the way we access data and utilize it, like never before. This Workshop will focus on business analytics and HIEs and how they can be used to improve performance and outcomes in systems of care. The strategies to be highlighted include: clinical profiling strategies and risk stratification methodologies, clinical decision support, using HIE data for population management and business forecasting, federal and state privacy laws impacting HIEs, and operationalizing patient-informed consent strategies. The strategies are derived from the experience of faculty who are system of care leaders from the provider community, national managed care organizations, and state government.
ABSTRACT: This Institute will focus on the critical elements necessary to sustain systems of care in tribal communities beyond the period of federal grant funding. Business planning strategies, financing opportunities, explanation of Affordable Care Act opportunities for tribal communities, and the development of operational practices will be defined and demonstrated in proven strategies for sustainability. The strategies are based on five years of work with tribal communities that are transitioning from grant-based funding to a sustainable revenue cycle. Aune Associates Consulting and the National Indian Child Welfare Association have partnered to develop effective tools and practices that leverage sustainable funding and proven operational practices.

ABSTRACT: Calricaraq, or “Helping Families Heal,” is a culturally based program in southwestern Alaska utilizing Yup’ik Eskimo culture, values, and traditions to address mental health issues from an indigenous approach that encourages health and well-being. Faculty will highlight the Calricaraq curriculum and core contents, implementation approaches, and strategies to develop similar programs in other tribes or communities. Calricaraq was created by indigenous providers and Elders who were frustrated over the ineffectiveness of Western clinical programs and by their observations that mental health services lacked inclusion of local cultural values and teachings. This program is now implemented by tribal, state and nonprofit organizations throughout southwestern Alaska.
**AMERICAN INDIAN COMMUNITIES #5**

**1:30 PM SAT 7/19 • ANNAPOLIS 1/2**

**Promoting Sustainability through Peer Integration in a Native American-Focused System of Care**

**MODERATOR:** Amanda WhiteCrane, Evaluation Assistant, Native American Health Center, San Francisco, CA

**Michelle Antone, Family Advocate, Native American Health Center, San Francisco, CA**

**ABSTRACT:** This Workshop will focus on the development of peer support services in the Native American Health Center’s System of Care. The creation of community advisory boards by peer interns has engaged stakeholders in the development of projects addressing mental health stigma and cultural identity. This session will offer strategies on how peer support services can contribute to system of care development, implementation, and sustainability, shared from the peer intern’s perspective. Faculty will also describe the practice of community-based participatory research (CBPR) as a way to make evaluation efforts purposeful and meaningful to the community. Specific topics to be covered include: how to develop measures of cultural identity, stigma reduction projects, and how to increase parent and youth involvement.

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**AMERICAN INDIAN COMMUNITIES #6**

**3:30 PM SAT 7/19 • ANNAPOLIS 1/2**

**Implementing an Indigenous Theory of Change for Service Transformation: Case Examples**

**MODERATOR:** Stacy Rasmus, PhD, Lead Evaluator, Lummi System of Care/Lummi Behavioral Health Division, Lummi Nation, Fairbanks, AK

**Valerie Phair, Cultural Coordinator, Behavioral Health Division-Lummi System of Care, Lummi Nation, Bellingham, WA**

**RESOURCE PERSONS:** Darrell Hillaire, Lummi Nation, Bellingham, WA

**Rhonda Martinez-McFarland, MSN, RN, Clinical Director, Lummi Nation, Bellingham, WA**

**Julia Ortiz, LCSW, Principal Investigator, Lummi Nation, Bellingham, WA**

**ABSTRACT:** This Workshop will present case examples from the Lummi System of Care (LSOC) Initiative that demonstrate how digital technologies and culturally grounded approaches were used to develop a local logic model showing systems transformation, along with a film showing outcomes for youth that resulted from the implementation of an indigenous theory of change. Faculty will demonstrate how the LSOC team used digital methods to bring their Cedar Tree logic model to life and how it evolved into an effective tool for systems transformation rooted in cultural process. The strategies to be highlighted are based on the experience of a tribal system of care community and can be replicated by other tribal communities wanting to engage in a similar transformation process.

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**PROFESSIONAL DEVELOPMENT SEMINARS**

**PROFESSIONAL DEVELOPMENT SEMINAR #1**

**9:30 AM SUN 7/20 • MARYLAND C**

**Taking Innovations to Scale: Strategies and Tools for System of Care Expansion and Measuring Progress**

**MODERATOR:** Beth Stroul, MEd, President, Management & Training Innovations, McLean, VA

**Lan Le, MPA, Policy Associate, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC**

**Jody Levison-Johnson, LMSW, Deputy Assistant Secretary, Office of Behavioral Health, Louisiana Department of Health and Hospitals, Baton Rouge, LA**

**RESOURCE PERSONS:** Lymari Benitez, PhD, Statistical Research Analyst and SOC-Expansion Lead Evaluator, Tennessee Department of Mental Health and Substance Abuse Services, Nashville, TN

**Irene Yoon, MSc, Project Researcher, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC**

**ABSTRACT:** This Seminar will provide strategies and tools for expanding the system of care approach statewide and throughout tribes and territories. A strategic framework with five core strategy areas for system change will be presented, along with a demonstration of how it can be applied for statewide system of care development. A new Rating Tool will also be presented as a tool for assessing progress in system of care implementation, and faculty will demonstrate how the tool is being used to support expansion efforts. Attendees will participate in a simulation to learn how the tool can be applied in their own states and communities to measure the level of implementation of the system of care approach.

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**PROFESSIONAL DEVELOPMENT SEMINAR #2**

**9:30 AM SUN 7/20 • MARYLAND D**

**Affordable Care Act: How to Use Key Provisions for Children’s Behavioral Health Services**

**MODERATOR:** Gary MacBeth, MEd, MSW, Senior Policy Associate, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

**Frank Rider, MS, Resource Specialist/Financing Specialist, National Resource Center on Mental Health Promotion and School Violence Prevention, American Institutes for Research, Health and Social Development Programs, Washington, DC**

**Jim Wotrimg, MSW, Director, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC**

**ABSTRACT:** This Seminar will discuss the Affordable Care Act (ACA) from two perspectives: 1) how the ACA has been strategically designed to improve access by families to needed health and behavioral health services and whether this promise has been met in implementation, and 2) specific ACA Medicaid and non-Medicaid provisions as vehicles for improving children’s behavioral health services and expanding systems of care. Faculty will use national data to explore how state policy decisions on ACA implementation can impact both the health of families and state economies, and will propose a long-term perspective on ACA implementation as a strategy to improve children’s behavioral health.
services. The Georgetown Healthcare Reform Tracking Website will be demonstrated as a tool for learning how states are innovating with specific ACA provisions to expand children’s behavioral health services and supports.

### PROFESSIONAL DEVELOPMENT SEMINAR #3

**9:30 AM SUN 7/20 • NATIONAL HARBOR 2**

**Cultural and Linguistic Competence and Disparities: The Application of the National CLAS Standards to Systems of Care**

**MODERATOR:** Tawara Goode, MA, Director and Assistant Professor, National Center for Cultural Competence, Georgetown University Center for Child and Human Development, Washington, DC

**Vivian Jackson, PhD, Senior Policy Associate, National Center for Cultural Competence and the National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC**

**Deborah Ward-White, Director, Colorado Multi-Ethnic Cultural Consortium, Denver, CO**

**ABSTRACT:** This Seminar is designed to examine the relevance of the National CLAS Standards within systems of care to address disparities and ensure equity. The Seminar will provide concrete examples of strategies to adopt and implement these standards statewide. Faculty will highlight strategies for engaging diverse communities in focus groups; training forums; the process of organizational self-assessment; and take home action planning for implementing the National CLAS Standards. A case study from the Colorado Trauma Informed System of Care will be used to illustrate these strategies. The Seminar will provide guidance to system of care expansion grantees regarding adherence to the National CLAS Standards of addressing disparities and ensuring equity.

### PROFESSIONAL DEVELOPMENT SEMINAR #4

**9:30 AM SUN 7/20 • MARYLAND B**

**Strategies for Organizing and Financing Systems of Care: State-Community Partnerships**

**MODERATOR:** Mary Armstrong, PhD, Associate Professor and Director, Division of State and Local Support, Department of Child and Family Studies, Louis de la Parte Florida Mental Health Institute, University of South Florida, Tampa, FL

**Ute Gazioch, Mental Health Lead, Department of Children and Families, Substance Abuse and Mental Health Program Office, Tallahassee, FL**

**Anne Marie Sheffield, MSW, LCSW, Project Director, Wraparound Orange, Orlando, FL**

**ABSTRACT:** This Seminar will focus on practical strategies and tools that state-community partnerships can use to promote changes at both the system level (state and local) and the service delivery level. Strategies at the system level will target financing structures, policy, and interagency collaboration; strategies at the service delivery level will include wraparound implementation and other innovative service delivery mechanisms. The strategies and tools that will be highlighted are based on a growing state-community partnership that shares common goals regarding system change in a challenging political environment. Both challenges and successes will be shared, as well as practical approaches to addressing systemic barriers. State-community partners are encouraged to attend this Seminar together.

### PROFESSIONAL DEVELOPMENT SEMINAR #5

**9:30 AM SUN 7/20 • NATIONAL HARBOR 3**

**Peer Consultation: Strategic Problem Solving**

**MODERATOR:** Sybil Goldman, MSW, Senior Advisor, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

**Albert Zachik, MD, Director, Office of Child and Adolescent Services, Maryland State Department of Health and Mental Hygiene, Mental Hygiene Administration, Catonsville, MD**

**ABSTRACT:** This Seminar will demonstrate a peer consultation strategic problem-solving process developed by the Georgetown University National Technical Assistance Center for Children’s Mental Health. This technical assistance approach is designed to support state, community, tribal, and territorial leaders to address real world challenges to complex system change efforts. The session is designed to be highly interactive. Participants will complete a worksheet to: (1) identify an issue and barriers that have been challenging their state or community in its efforts to expand systems of care; (2) provide a brief context of the current situation; and (3) state what help they need. Time will be allocated for a confidential, facilitated discussion drawing on the “peers” participating in the Seminar to share their strategic insights, experiences, examples, and lessons learned that have relevance to the challenge and questions posed.

### PROFESSIONAL DEVELOPMENT SEMINAR #6

**9:30 AM SUN 7/20 • CHESAPEAKE E/F**

**Building Systems of Care: Using a Primer for Designing and Implementing Effective Systems of Care**

**MODERATOR:** Sheila Pires, MPA, Partner, Human Service Collaborative, Washington, DC

**Lisa Conlan Associates, Interim Executive Director, Parent Support Network, Greene, RI**

**Janice DeFrances, EdD, Director, Rhode Island Department of Children, Youth and Families, Providence, RI**

**RESOURCE PERSONS:** Ana Santana Pena, Parent Support Network Rhode Island, Providence, RI

**Virginia Stack, MS, Project Director, Paul V. Sherlock Center on Disabilities, Rhode Island Department of Children, Youth and Families, Providence, RI**

**ABSTRACT:** The Seminar will focus on a comprehensive framework for designing and implementing systems of care. Specific strategies include: how to develop and sustain cross-agency/stakeholder governance entities; how to organize the delivery system to encompass Medicaid and other key purchasers; how to customize care coordination for children with serious and complex challenges; how to ensure coverage of effective services and supports; how to infuse family and youth voice into all levels of the system; how to structure effective purchasing and quality management; and strategies to ensure a competent workforce. The strategies are drawn from work with states and localities across the country, as well as from Rhode Island’s long-time experience in building systems of care.
ABSTRACT: This Seminar will focus on practical strategies for analyzing return on investment (ROI) in the system of care approach. In the context of current efforts to bring systems of care to scale, policy makers need information to guide decisions on how best to invest resources. ROI analyses offer the potential to help policy makers explore cost savings and the value of outcomes that can be “monetized” or translated into dollars (such as reduced utilization of hospitalization and residential treatment and less involvement with juvenile justice or fewer school dropouts). To illustrate different methods, faculty members will describe three approaches to calculating cost savings—from a national, multi-site evaluation; a community-level system of care; and a state analysis.

PROFESSIONAL DEVELOPMENT SEMINAR #8
9:30 AM SUN 7/20 • NATIONAL HARBOR 11
Evaluation of System of Care Expansion: Introduction to the National Evaluation
MODERATOR: Ana Maria Brannan, PhD, Principal Investigator, National System of Care Expansion Evaluation, School of Education, Indiana University, Bloomington, IN
Logan Nalker, Regional Evaluation Coordinator, Youth MOVE National, Mississippi Transitional Outreach Project, Hattiesburg, MS
Marie Niarhos, MEd, Family Involvement Content Specialist, National Federations of Families for Children’s Mental Health, Rockville, MD

ABSTRACT: This Seminar will focus on the national evaluation of the SAMHSA-funded system of care expansion grants under the Children’s Mental Health Initiative (CMHI) that promote the wide-scale implementation of the system of care approach. Faculty will describe the evaluation components and how the tools were developed and will lead a discussion of how the information can be used to improve local system performance and strategies for overcoming anticipated challenges.

Although the primary purpose of the Seminar is to introduce the national evaluation to expansion grantees, the approach and components of the evaluation can also inform methods for evaluating system of care expansion efforts in other states, tribes, territories, and communities.

PROFESSIONAL DEVELOPMENT SEMINAR #9
9:30 AM SUN 7/20 • POTOMAC 1/2
Leadership Development: How to Develop Family Leaders
MODERATOR: Ellen Kagen, MSW, Senior Policy Associate, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC
Teresa King, Family Resource Specialist, National Federation of Families for Children’s Mental Health, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

ABSTRACT: This Seminar will address the framework, skills, and tools necessary to support transformational leaders, focusing on both strategic and hands-on tools that leaders can take home to enhance their ability to facilitate change at the state or community level. With a specific focus on developing family leaders, faculty will provide a framework to distinguish the multiple roles of family leaders as “social strategists” and will share a definition of leadership as a function in systems change. Strategies and tools to support the change leader include: getting on the balcony and setting the context for change; advocacy and inquiry; dialogue and discussion; and assertions and assessments. Participants will also learn how to make requests and agreements that build alignment and sustain common ground among multiple stakeholders.

PROFESSIONAL DEVELOPMENT SEMINAR #10
9:30 AM SUN 7/20 • POTOMAC 3/4
Leadership Development: How to Develop Young Adults Using Lived Experience as Developing Professionals
MODERATOR: Gwendolyn White, MSW, Project Director, Healthy Transitions Initiative TA, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC
Johanna Bergan, Director, Member Services, Youth M.O.V.E. National, Decorah, IA
Lauren Grimes, Transitional Age Youth Outreach Project Director, On Our Own Maryland, Baltimore, MD

ABSTRACT: This unique Seminar is designed to address the personal level of development of young adults transitioning from Youth Advocate with lived experience to an Advocate for Youth professional. The Seminar will focus on strategies for supporting young adult professionals who are using their lived experience in the work place. The strategies utilized will include identification of Advocates for Youth’s role, determining the necessity of a community of peers, analyzing the role of self-care, and addressing the challenge of relationships with younger youth. The session is designed and presented from the experience of today’s workforce professionals who understand how lived experience provides the edge needed for success—if we can only manage the challenges and use peer supports as a tool. We appreciate the support of adult allies but this session is not for you!
PROFESSIONAL DEVELOPMENT SEMINAR #11
9:30 AM SUN 7/20 • MARYLAND 1/2

Collaboration: Strategies for Improving Cross-System Collaboration in Systems of Care

MODERATOR: Elizabeth Waetzig, JD, Partner, Change Matrix, LLC, Granger, IN
Rachele Espiritu, PhD, Partner, Change Matrix, LLC, Denver, CO
Susan Steckel, LMSW, Director, Office of Statewide System of Care Initiatives, Division of Mental Health Services, Tennessee Department of Mental Health and Substance Abuse Services, Nashville, TN

ABSTRACT: This Seminar is designed to increase the capacity of individuals to effectively collaborate in diverse groups to affect complex change for young people and their families. Faculty will focus on the principles of effective collaboration as a critical component of expanding systems of care. Participants will be asked to explore the principles of effective collaboration, reflect upon their capacity to apply them, and consider how they will begin to apply them in their system of care work. These principles are based upon experience of the faculty in multiple systems, experience and evaluation in Tennessee, and broad experience supporting collaboration through Collaboration LAB interventions.

PROFESSIONAL DEVELOPMENT SEMINAR #12
9:30 AM SUN 7/20 • MARYLAND 3/4

Peer Support: How to Train and Certify Parent Support Providers

MODERATOR: Lynda Gargan, PhD, Senior Managing Director, Parent Support Provider National Certification Initiative, National Federation of Families for Children’s Mental Health, Rockville, MD
Malisa Pearson, Project Coordinator, Family Run Executive Director Leadership Association (FREDLA), Lansing, MI
Sandra Spencer, Executive Director, National Federation of Families for Children’s Mental Health, Rockville, MD

ABSTRACT: This Seminar will focus on successful strategies for developing a comprehensive training program for Parent Support Provider (PSP) national examination candidates and will expose participants to the organizational capacity required to implement this intensive training. The Seminar will also focus on the importance of creating a standardized measure of competence for PSPs and the benefits to the organization, staff, and most importantly, the families being served. The strategies and tools to be highlighted include a Self-Assessment Checklist which can be utilized by potential candidates to evaluate training needs, a Self-Assessment for organizations to determine their capacity to provide PSP services and to identify their key readiness factors, and the National Parent Support Provider Candidate Handbook.

PROFESSIONAL DEVELOPMENT SEMINAR #13
9:30 AM SUN 7/20 • MARYLAND 5/6

Practitioner Development: How to Train, Certify, and Coach a High-Quality Wraparound Workforce

MODERATOR: Kimberly Estep, MA, Director, Wraparound Implementation, The Institute for Innovation and Implementation, University of Maryland, School of Social Work, Baltimore, MD
Erin Espinosa, PhD, Social Science/Humanities Research Associate, Center for Social Work Research, University of Texas at Austin, Austin, TX
Sara Strader, Supervisor, Wraparound Services of Northeast Louisiana Wraparound, Monroe, LA

RESOURCE PERSONS: Kimberly Coviello, MA, National Wraparound Trainer and Coach, The Institute for Innovation and Implementation, University of Maryland School of Social Work, Baltimore, MD
Jennifer Grant, MBA, Division Director II, Bureau of Mental Health Programs, Office of the Governor, Mississippi Division of Medicaid, Jackson, MS

ABSTRACT: This Seminar will focus on elements for successful implementation of wraparound, including workforce development; needed state supports; and implementation examples from states, centers of excellence, and front line providers. The strategies to be highlighted include core concepts and assumptions derived from implementation science and approaches used in states for real-world implementation, including key perceptions, experiences, and lessons learned. Faculty will share an overview of the different levels of support needed to implement a high-quality wraparound workforce, as well as key strategies to ensure that necessary supports are in place for ongoing workforce development and sustainability.

PROFESSIONAL DEVELOPMENT SEMINAR #14
9:30 AM SUN 7/20 • MARYLAND 5/6

Child Welfare: How to Leverage Consent Decrees to Improve Mental Health Services for Children and Families Involved with the Child Welfare System

MODERATOR: Kathryn O’Grady, JD, Director, Child Welfare Policy, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC
Sara Batrosz, JD, Lead Counsel, Children’s Rights, New York, New York
Jeanette Scheid, MD, PhD, Medical Consultant, Michigan Department of Human Services, Office of Child Welfare Policy and Programs, Lansing, MI

ABSTRACT: This Seminar will focus on how jurisdictions can leverage federal court orders involving child-serving systems to provide better coordinated, more appropriate mental health services for children. Faculty bring a real world perspective based on their involvement with Michigan’s child welfare consent decree. The team includes the lead counsel from Children’s Rights, the former Deputy Director of the Michigan Department of Human Services (DHS), and the current medical consultant for the DHS Children’s Services Administration. Strategies to be highlighted will focus on integrated, cross-systems mental health service delivery and planning; concentrating on reducing residential treatment; monitoring psychotropic medications; and creating evidence-based community services.
**PROFESSIONAL DEVELOPMENT SEMINAR #15**

9:30 AM SUN 7/20 • CHESAPEAKE 1/2/3

**Early Childhood: Strategies and Tools for Improving Services and Practice**

**MODERATOR:** Neal Horen, PhD, Deputy Director, Early Childhood Policy and Clinical Psychologist, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

Amy Hunter, MSW, LICSW, Assistant Professor, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

Roxane Kaufmann, MA, Director, Early Childhood Policy, National Technical Assistance Center for Children's Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

Deborah Perry, PhD, Research Associate Professor, Georgetown University Center for Child and Human Development, Washington, DC

**ABSTRACT:** This Seminar will provide an overview of selected early childhood mental health materials and strategies that Georgetown University faculty members have developed and used to enhance the knowledge and skills of cross-system administrators and providers. These practical products are available to the field for use with mental health providers, early childhood teachers, home visitors, health and child welfare providers, and others who work with or on behalf of young children. Resources to be shared include: ECMHC.org, which provides a wealth of materials on mental health consultation, new video clips on Head Start staff using motivational interviewing techniques, a preventive maternal depression intervention, and training materials on the impact of trauma on young children.

**PROFESSIONAL DEVELOPMENT SEMINAR #16**

9:30 AM SUN 7/20 • MARYLAND A

**Youth and Young Adults in Transition: Policy and Tools for Effective Transition Services**

**MODERATOR:** Nancy Koroloff, MSW, PhD, Director, Research, Pathways Research and Training Center, Portland State University, Portland, OR

Lacy Kendrick Burk, MS, MBA, Executive Director, Youth MOVE National, Hattiesburg, MS

Ming Wang, MSW, Program Administrator, Healthy Transitions Initiative/System of Care Expansion Planning, Utah Division of Substance Abuse and Mental Health, Salt Lake City, UT

**ABSTRACT:** This Seminar will focus on the lessons learned and products developed by the state and local communities that received federal funding from the Healthy Transitions Initiative (HTI). The first half of the session will focus on an HTI Toolkit, what it contains, why those components were developed, lessons learned in using this resource, and how to access the toolkit. The second half will focus on the process of identifying and changing state and local policies and administrative rules. Examples of successful policy change from the HTI states will be described and experiences discussed, with a view toward developing effective policies in participants' states and communities.

**PROFESSIONAL DEVELOPMENT SEMINAR #17**

9:30 AM SUN 7/20 • CHESAPEAKE 7/8/9

**Evidence-Based Practices: Strategies for Taking Evidence-Based Practices to Scale**

**MODERATOR:** My Banh, PhD, Assistant Professor, Departments of Psychiatry and Pediatrics, Georgetown University Hospital, Washington, DC

Alfie Breland-Noble, PhD, MHSc, Director, The African American Knowledge Optimized for Mindfully-Healthy Adolescents (AAKOMA) Project, Assistant Professor, Department of Psychiatry, Georgetown University Medical Center, Washington, DC

**ABSTRACT:** This Seminar will highlight practical considerations for the scaling up of evidence-based practices (EBPs) and treatments for children’s mental health within systems of care. The session will include an overview of the values and principles of systems of care, a framework for integrating systems of care and EBPs, and an opportunity to apply the lessons learned. Considerations of real-world implementation concerns, e.g., selection of evidence-based treatments and cultural adaptation of treatments, will be explored. The information and strategies highlighted are derived from the research literature, as well as the experiences of colleagues from Michigan and Pennsylvania.

**PROFESSIONAL DEVELOPMENT SEMINAR #18**

9:30 AM SUN 7/20 • NATIONAL HARBOR 12/13

**Trauma: Tools for Creating Trauma-Informed Systems of Care and Services**

**MODERATOR:** Sherry Peters, MSW, ACSW, Director, Psychiatric Residential Treatment Facility Waiver Initiative, National Technical Assistance Center for Children's Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

Lisa Conradi, PsyD, ACYF and SAMHSA Projects Co-Director, Chadwick Center for Children and Families, Rady Children’s Hospital—San Diego, CA

Brianne Masselli, Director, Technical Assistance and Evaluation, Youth M.O.V.E National, Portland, ME

**RESOURCE PERSONS:** Anne Leopold, MSc, Disability Research Analyst, Disability Services Center, JBS International, Inc., North Bethesda, MD

Lauren Rabinowitz, MPH, MSW, LCSW-C, Policy Associate, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

**ABSTRACT:** This Seminar will focus on the introduction and review of Trauma-Informed Care: Perspectives and Resources, an educational web-based video-enhanced resource tool designed to help build state-by-state and provider capacity to serve children and youth who have experienced trauma. The tool will highlight eight key elements required for implementing trauma-informed care at practice and policy levels. In the Seminar, participants will explore the video interviews, supporting issue briefs, and key resources to help them to understand, build, and enhance a trauma-informed workforce. Modules to be reviewed include: the impact of trauma, creating trauma-informed providers organizations, evidence-based treatments, public health approach, cost-benefits of trauma-informed care, youth and family perspectives, and lessons learned.

**ABSTRACT:** This session will focus on strategies and tools to further the integration of behavioral health and pediatric primary care, including screening linked to decision support, co-location of providers, enhancing provider expertise through guideline development and training programs, focused treatments, informal and formal consultation, and facilitated referral services. The Seminar will highlight approaches based on the Chronic Care Model (CCM), modified for pediatric practice through the NIMH-funded Center for Mental Health Services in Pediatric Primary Care, which knits many of these interventions together into an approach for organizing primary care practices to efficiently treat and manage behavioral health issues while addressing attitudinal, financial, and organizational barriers.

**PROFESSIONAL DEVELOPMENT SEMINAR #20**
9:30 AM SUN 7/20 • CHESAPEAKE A/B/C

Residential Interventions and Systems of Care: Building Bridges Initiative Strategies for Improving Practice, Outcomes and Integration

**MODERATOR:** Beth Caldwell, MS, Director, Building Bridges Initiative, Housatonic, MA

JoeAnne Hust, Peer Support and System of Care Implementation Manager, The Institute for Innovation and Implementation, University of Maryland, School of Social Work, Baltimore, MD

Mark Nelson, MA, Program Administrator, Division of Behavioral Health and Recovery, Washington State Behavioral Health and Service Integration Administration, Olympia, WA

**ABSTRACT:** This Seminar is designed to provide the most up-to-date information about best fiscal, clinical, and program practices to achieve successful sustained outcomes for youth and families touched by residential interventions and their community counterparts. Information will be shared on how the national Building Bridges Initiative (BBI) has supported states, communities, residential, and community programs in practice improvement efforts. Washington State’s journey will be highlighted, as well as family-driven and youth-guided practices and wraparound approaches that support residential transformation. Participants will learn how to utilize a variety of practical tools developed by BBI, including Outcome Measures & Self-Assessment Tools, Cultural and Linguistic Competence Guide, and Family and Youth Engagement Guides. Many strategies are drawn from the new book, Residential Interventions for Children, Adolescents and Families: A Best Practice Guide.
Pariah
5:30 PM FRIDAY 7/18 • CHESAPEAKE 10/11/12
1:30 PM SATURDAY 7/19 • AZALEA 3
Running Time: 86 minutes • NOTE: Pariah is rated R for sexual content and language.
Sharon Hunt, LICSW, PhD, Principal Project Specialist, Health and Social Development Programs, American Institutes for Research, Washington, DC

ABSTRACT: This contemporary film, Pariah, is the story of a young adolescent girl, Alike (pronounced ah-lee-kay), a 17-year-old African American young woman who lives with her parents and younger sister Sharonda in Brooklyn’s Fort Greene neighborhood. She has a flair for poetry and is a good student at her local high school. Alike is quietly but firmly embracing her identity as a lesbian and is especially eager to find a girlfriend. At home, her parents’ marriage is strained and there is tension in the household. Wondering how much she can confide in her family, Alike strives to survive adolescence with grace, humor, and tenacity—sometimes succeeding, sometimes not, but always moving forward. Pariah is a feature-length expansion of writer/director Dee Rees’ award-winning 2007 short film, and premiered worldwide at the Sundance Film Festival in 2011.

It’s Kind of a Funny Story
5:30 PM FRIDAY 7/18 • CHESAPEAKE D/E/F
8:30 AM SATURDAY 7/19 • AZALEA 3
Running Time: 101 minutes
Nicole Kahn, MEd, Project Researcher, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

ABSTRACT: Early one Sunday morning in Brooklyn, New York, stressed out 16-year-old Craig Gilner bicycles up to the entrance of a mental health clinic and is admitted by a psychiatrist. Unfortunately, the youth wing is temporarily closed, so he finds himself stuck in the adult wing. One of the patients, Bobby, soon becomes Craig’s mentor. Craig is also drawn to another 16-year-old displaced to the adult wing, the sensitive young woman, Noelle. With a minimum five days’ stay imposed by the staff psychiatrist, Craig is sustained by friendships on both the inside and the outside as he learns more about love, life, and the pressures of growing up. This comedy-drama was adapted from Ned Vizzini’s 2006 novel, “It’s Kind of a Funny Story.”

The Perks of Being a Wallflower
8:30 AM FRIDAY 7/18 • AZALEA 3
5:30 PM FRIDAY 7/18 • CHESAPEAKE G/H/I
Running Time: 103 minutes
Sharon Hunt, LICSW, PhD, Principal Project Specialist, Health and Social Development Programs, American Institutes for Research, Washington, DC

ABSTRACT: This film is based on Stephen Chbosky’s best-selling novel, The Perks of Being a Wallflower. It tells the story of 15-year-old Charlie, who is about to begin high school without his only close friend who completed suicide several months earlier. In an attempt to cope with his friend’s death and his own anxiety of entering high school alone, Charlie begins writing letters to an anonymous stranger. He does not feel that he can lean on his parents or siblings for support and laments that the only relative he ever felt close to was his Aunt Helen, who was killed in a car accident when he was 7 years old. At school, Charlie’s new friends, Sam and Patrick, introduce him to new experiences that he begins writing about. Charlie experiences an emotional setback and is hospitalized after a surprising discovery. However, his final letters close with a feeling of hope and determination. Although he cannot change his past, he will shape his own future.

Silver Linings Playbook
5:30 PM FRIDAY 7/18 • CHESAPEAKE J/K/L
Running Time: 122 Minutes
Joan Dodge, PhD, Senior Policy Associate, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

ABSTRACT: This family drama, comedy, and love story film about two young adults, Silver Linings playbook, is based on the best-selling novel by Matthew Quick. The film tells the story of Pat, who has lost his house, his job, and his wife. After spending 8 months in a state mental institution on a plea bargain, Pat finds himself living with his mother and father. He is determined to manage his bipolar disorder, rebuild his life, remain positive, and reunite with his wife. But when Pat meets Tiffany, a mysterious girl dealing with problems of her own after the unexpected death of her husband, things get complicated. Tiffany offers to help Pat reconnect with his wife, but only if he will do something very important for her in return. As their deal plays out, silver linings appear in both of their lives.

Wounded Places
5:30 PM FRIDAY 7/18 • CHESAPEAKE 1/2/3
9:30 AM SUNDAY 7/20 • AZALEA 3
Running Time: Introductory Episode–11 Minutes; Wounded Places–42 Minutes
Wendy Jones, MEd, MSW, Director, Children and Youth with Special Health Care Needs, National Center for Cultural Competence, Georgetown University Center for Child and Human Development, Washington, DC

ABSTRACT: The Raising of America is a six-part documentary series that explores how a strong start for all our kids can lead to a healthier, stronger and more equitable America. The series was created as part of a national public engagement campaign to reframe the way we look at early child health and development. The series, produced by California Newsreel with Vital Pictures, is scheduled for a Fall 2014 video release and national PBS Broadcast. First, the 11-minute trailer will be shown, which moves back and forth between the science of human development and the stories of families and communities struggling to provide the rich and responsive environments all children need to thrive while too often hindered by social conditions and public social policies that impede their every effort. Next, there will be a sneak preview of Episode 6: Wounded Places: Confronting Childhood PTSD in America’s Shell-Shocked Cities, which explores how too many of our children, especially children of color in neighborhoods of concentrated poverty, are exposed to adversity, violence, neglect and other forms of trauma and show symptoms similar to PTSD. Traveling to Philadelphia and Oakland, this episode asks not “What’s wrong with you?” but rather, “What happened to you?” and explores how can we help individuals and traumatized neighborhoods heal. Participants will have an opportunity to discuss how they might use The Raising of America documentary series and companion resources as a tool to educate, organize, and advocate for the bold and transformative childhood policy and systems changes needed to provide all infants with a strong start.
**ROCKSTAR YOUTH LEADERSHIP TRACK**

**YOUTH TRACK #1**
1:30 PM THUR 7/17 • 8:30 AM FRI 7/18 • NATIONAL HARBOR 4

Service Through Your Talents?
Rich Aronovich, Comedian, Astoria, NY

**ABSTRACT:** Rich Aronovich has been a professional comedian for over fifteen years—what started as a hobby turned into a career. However, in 2008, Rich's attitude shifted in perspective from being of self into being of service. In other words, Rich now focuses on “What can I give?” rather than “What can I get?” This Workshop will explore the idea of being of service through YOUR talents.

**YOUTH TRACK #2**
1:30 PM THUR 7/17 • 10:30 AM SAT 7/19 • NATIONAL HARBOR 5

Bullying: Signs and Solutions from a Youth Perspective
MODERATOR: Willie Hillman, MSCJ, Youth Involvement Coordinator, Saginaw MAX System of Care, Youth MOVE Saginaw, Saginaw, MI
C’ericka Moten, Youth Leader; Youth MOVE Saginaw, Saginaw MAX System of Care, Saginaw, MI

**ABSTRACT:** This Workshop will focus on the characteristics and the mental health effects of bullying. We will discuss the warning signs that youth will show when bullied and will identify subgroups that are mainly affected by bullying. We will also discuss the role of social media, including the top sites that may assist a bully. Strategies to minimize the probability of bullying will be provided for school settings, among peers, and even at home. Some of the strategies include community involvement, law enforcement, and youth involvement. You will also leave with solutions and tips for parents and youth when bullied or when bullying is suspected. Faculty will use video clips of real life situations, group discussions, and hearing from youth with lived experience with bullying.

**YOUTH TRACK #3**
1:30 PM THUR 7/17 • 1:30 PM SAT 7/19 • NATIONAL HARBOR 6/7

Developing and Supporting Youth Engagement from the Ground Up: Self to System
MODERATOR: Pauline Jivanjee, PhD, Research Associate, Research and Training Center for Pathways to Positive Futures, Portland State University, Portland, OR
Johanna Bergan, Director, Member Services, Youth MOVE National, Decorah, IA

**ABSTRACT:** With supportive relationships and capacity development, young adults can have successful futures and become youth advocates with self-advocacy skills, a positive social community, and awareness of changes they can make in their communities. This session from Youth MOVE National and the Pathways to Positive Futures Research and Training Center will share strategies to support youth in accessing successful futures and advocacy opportunities from direct services to national level engagement. This interactive session is designed to address challenges and opportunities by introducing an online training for providers to grasp and implement youth-driven philosophy. Participants will receive resources support youth voice in their own communities.

**YOUTH TRACK #4**
3:30 PM THUR 7/17 • 1:30 PM SAT 7/19 • NATIONAL HARBOR 4

“LEEP” into Adulthood: Preparing for Successful Transition Out of the Foster Care System
MODERATOR: Mary Ann Hamidy, Associates, Program Director, Cumberland/Cape May County Youth Advocate Program, Youth Advocate Programs, Inc., Fineland, NJ
Jennifer Rodriguez, MSW, Program Director, Gloucester/Salem Youth Advocate Programs, Youth Advocate Programs, Inc., Woodbury, NJ

**ABSTRACT:** This Workshop will focus on supporting youth for a positive transition into adulthood by empowering them with practical strategies. The session will have a particular focus on young people preparing to age out of the child welfare system, but will also be relevant to all young people of transition age. Faculty will highlight specific strategies including: life skill development across domains, particularly education and vocation; empowerment of youth through involvement in youth partnerships and opportunities for self-advocacy; evidence-based therapies; and preventive and crisis planning that draws on the youth’s internal resources, and formal and informal supports. You will have an opportunity to participate in experiential activities to work with scenarios, craft your own story, and identify supports.

**YOUTH TRACK #5**
3:30 PM THUR 7/17 • 10:30 AM SAT 7/19 • NATIONAL HARBOR 6/7

Financial Wellness Brings Peace of Mind
MODERATOR: Johanna Bergan, Director, Member Services, Youth MOVE National, Decorah, IA

**ABSTRACT:** If one thing makes relationships complicated, its money. When was the last time you sat down and looked your personal finances in the face? Financial struggles multiply, hide behind, or get confused with challenges in other dimensions of whole wellness. This Workshop will focus on providing the groundwork for financial check-ins and resource sharing. Faculty will share tools to perform annual financial check-ins—tools that are safe, friendly, and easy to understand for those who are not money managers. These tools can provide a snapshot of where you are on your financial track. We have one financial life—let’s live it well!

**YOUTH TRACK #6**
3:30 PM THUR 7/17 • 8:30 AM SAT 7/19 • NATIONAL HARBOR 5

Impact of Adverse Childhood Experiences on Our Whole Being
MODERATOR: Brianne Masselli, Director of Technical Assistance and Evaluation, Youth MOVE National, Portland, ME
Julian Abate, Youth Representative, Youth MOVE New Hampshire, Manchester, NH

**ABSTRACT:** Understanding our experiences as children and how those experiences have a lasting impact on who we are today can be a journey. This journey is life shaping and impacts many aspects of the lives of youth and young adults—the ability to connect with others, health, stress, and the ability to learn. Research has shown that Adverse Childhood Experiences are powerful indicators of adult health, functioning, and well-being. This session will focus on how youth and young adults can recognize adverse experiences, understand stress, and reduce high-risk behaviors through the power of making healthy choices and building resilience.

**ABSTRACT:** Rich Aronovich has been a professional comedian for over fifteen years—what started as a hobby turned into a career. However, in 2008, Rich’s attitude shifted in perspective from being of self into being of service. In other words, Rich now focuses on “What can I give?” rather than “What can I get?” This Workshop will explore the idea of being of service through YOUR talents.

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**ABSTRACT:** With supportive relationships and capacity development, young adults can have successful futures and become youth advocates with self-advocacy skills, a positive social community, and awareness of changes they can make in their communities. This session from Youth MOVE National and the Pathways to Positive Futures Research and Training Center will share strategies to support youth in accessing successful futures and advocacy opportunities from direct services to national level engagement. This interactive session is designed to address challenges and opportunities by introducing an online training for providers to grasp and implement youth-driven philosophy. Participants will receive resources support youth voice in their own communities.
Leaders of Advocacy

MODERATOR: Kristen Podgursk, Youth Coordinator, Trauma-Informed System of Care Collaborative Grant, Colorado Office of Behavioral Health, Wheat Ridge, CO

Tamisha Macklin, Student, Community Outreach Worker, Denver Human Services, Fresh Start Inc., Aurora, CO

ABSTRACT: This Workshop will focus on providing a youth advocacy toolbox, which includes resources and information on how youth can become effective leaders in their communities. The resources include information on advocacy, professional development, strengths and leadership assessments, effective networking, maintaining self-care, and healthy professional boundaries. Faculty will highlight strategies including defining youth advocacy and systems of care; skills and leadership assessments; building resumes, social media, and marketing materials; finding funding sources; how to seek out expertise and mentoring; and tools for maintaining self-care. The strategies are based on the work of Colorado’s Trauma Informed System of Care Collaborative, which integrates youth voice and involvement on all levels of decision making. Participants will also leave with a resource binder of national technical assistance agencies and organizations.

Execute This! The Importance of a Youth Executive Board for Effective, Meaningful, Youth Impact and the Power of Youth Voice

MODERATOR: Ciara Khan, Associates, Youth Coordinator, Youth MOVE, Youth MOVE Miami through the Arts, Miami, FL

Miguel Tucen, Youth Support, Youth MOVE Miami through the Arts, Miami, FL

RESOURCE PERSON: Allison Mora, President, Youth MOVE Executive Board, Miami, FL

ABSTRACT: This Workshop will focus on specific strategies for developing youth leadership in a youth-led organization and for addressing challenges in sustaining youth leadership. It is important that youth and young adults take an active role in determining their needs and that they are part of decision-making processes. Youth and adult partnerships are vital for any system of care serving the youth population. The more youth are involved in their own treatment, recovery, or program, the more successful the outcome. This session will highlight the approach that Youth MOVE Miami has implemented in creating and supporting an executive board, developing youth leaders, and creating youth and adult partnerships.

Shout it from the Roof Tops: Youth Voice for System Change

MODERATOR: Greg Dicharry, CPRP, Youth Empowerment Director, Magellan Health Services, Phoenix, AZ

ABSTRACT: This interactive Workshop will focus on strategies and techniques to help youth voice reach a broader audience to create system change, reduce stigma, and increase community awareness. The session will include practical information and activities that will give participants the opportunity to begin planning large-scale community events designed to increase the impact of youth voice by reaching a broader audience and increasing the chances of garnering media attention. Participants will also have the opportunity to practice media interviews and will learn creative ways to share their personal and youth group stories using poetry, video and social media.

Trusting again.. Rebuilding Relationships with Youth in Recovery

MODERATOR: Sam Chudyk, Community Outreach Specialist, Rochester, NY

ABSTRACT: The session will help participants understand the perspectives of youth and the supportive adults after a suicide attempt or self-harming behavior. We will dialogue about the behaviors (hiding all sharp objects, walking on eggshells, being overprotective, acting out, manipulation) that can re-stimulate tension in the relationship. Faculty will provide tools for rebuilding trust in youth-adult relationships through recognizing signs of when it’s safe to trust again. Participants will gain tools to help clear their lenses in a safe and effective manner, learning how to begin recovery together—an integral part of the youth’s journey in recovery.

Youth Advocate to Advocate for Youth: The Next Transition

MODERATOR: Lacy Kendrick Burk, MS, MBA, Executive Director, Youth MOVE National, Hattiesburg, MS

Johanna Bergan, Director, Member Services, Youth MOVE National, Decorah, IA

ABSTRACT: Transition happens for all young adults, and youth who “Motivate Others through Voices of Experience” (MOVE), and youth entering the field of advocacy are no exception. Come join us to learn about “youth advocates”, “advocates for youth,” and the stages we go through to get from one to the other. Share your experiences and connect to grow in your personal and professional development and learn one of the key pieces to sustaining the overall Youth MOVEment—supporting the next generation of youth advocates.
# Mental Health

**MODERATOR:** Michelle Wall, Community Outreach Coordinator, Community Outreach, Family Support Organization of Hunterdon, Somerset and Warren Counties, Washington, NJ


**ABSTRACT:** This Workshop will focus on strategies for encouraging youth to be active leaders in their community and their own care. Approaches will be provided for engaging youth in positive and proactive programming to shape their abilities and bring their innovations to reality. Faculty will highlight a systemic approach to wraparound care that integrates and coordinates services for youth, as well as youth-led and youth-based programming that empowers youth voice and encourages leadership skills. These strategies are based on the positive outcomes of a New Jersey system of care. The Workshop is also based on the story of a young man who has been able to use his experiences to create change to reduce mental health stigma in his community.

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## Pass the Carrots

**ABSTRACT:**
There are great health reasons to be a vegetable lover. What we use to fuel our bodies not only affects energy levels, but also brain function and mental wellbeing. What we eat is how we feel. Some of us have a love of vegetables and many of us turn up our noses. This Workshop will focus on why you should increase your daily dose of vegetables and ideas on how to do it. We’re not talking about a few tips and tricks, but about positive, intentional behavior change that brings long-term success. This wellness time will be interactive. You will leave with an understanding of how to successfully plan, and act, in this new way of thinking.

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## Zumba and Guided Meditation

**ABSTRACT:**
Nadia Cayce, National Certified Zumba Instructor, Mays Landing, NJ

The kickboxing class is used to help center the practitioners. Using shadow boxing in a group helps direct, guide, and open up an individual’s mind, body, and spirit. Through instruction and music, we execute stretches, techniques, and movement for wellness development. The purpose is to focus on breathing and becoming one in the moment with yourself and nature, which in turn helps develop clarity, breath control, and to release of unwanted stressors. Kickboxing gives participants another tool to help educate ourselves and others to help develop oneness.
POSTER PRESENTATIONS

POSTER #1: System of Care Expansion
Sybil Goldman, MSW, Senior Advisor, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development (GUCCHD), Washington, DC

POSTER #2: Mental Health First Aid U.S.A.
Sybil Goldman, MSW, Senior Advisor, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC

POSTER #3: Health Reform
Gary Macbeth, MSW, Med, Senior Policy Associate, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC; Jim Wotring, MSW, Director, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC

POSTER #4: Financing Strategies to Sustain and Expand Systems of Care
Gary Macbeth, MSW, Med, Senior Policy Associate, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC; Jim Wotring, MSW, Director, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC

POSTER #5: Primer Hands On: System of Care Training for Leaders
Marisa Irvine, MPP, Policy Associate, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC; Gary Macbeth, MSW, Med, Senior Policy Associate, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC; Sheila Pires, MPA, Partner, Human Service Collaborative, Washington, DC

POSTER #6: Family-Driven Systems and Services
Teresa King, Trainer and Family Content Specialist, National Federation of Families for Children’s Mental Health and National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC

POSTER #7: Young Adult-Driven Systems and Services
Teresa King, Trainer and Family Content Specialist, National Federation of Families for Children’s Mental Health and National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC

POSTER #8: Healthy Transitions Initiative
Gwen White, MSW, Project Director of the Healthy Transitions Initiative, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC and Great Lakes Behavioral Research Institute, Pittsburgh, PA

POSTER #9: Early Childhood Mental Health: National Technical Assistance Center for Children’s Mental Health
Neal Horen, PhD, Co-Director for Training and Technical Assistance, GUCCHD, Washington, DC; Roxane Kaufmann, MA, Director of Early Childhood Policy, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC

POSTER #10: Trauma Informed Child-Serving Systems
Neal Horen, PhD, Co-Director for Training and Technical Assistance, GUCCHD, Washington, DC; Amy Hunter, LICSW, National Center on Health Office of Head Start, GUCCHD, Washington, DC; Vivian Jackson, PhD, Senior Policy Associate, National Center for Cultural Competence, GUCCHD, Washington, DC; Diane Jacobstein, PhD, Senior Policy Associate and Clinical Psychologist, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC; Kathy O’Grady, JD, Child Welfare Policy Director/Assistant Professor, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC; Sherry Peters, MSW, ACSW, Director of the PRF Waiver Initiative, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC

POSTER #11: Alternatives to Residential Treatment
Sherry Peters, MSW, ACSW, Director of the PRF Waiver Initiative, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC

POSTER #12: Research and Evaluation: Linking Research, Policy, and Practice
Bruno Anthony, PhD, Director of Research and Evaluation, GUCCHD, Washington, DC; Lan Le, MPA, Policy Associate, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC

POSTER #13: Rating Tool for Implementation of the System of Care Approach
Lan Le, MPA, Policy Associate, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC; Beth Stroul, MEd, President, Management & Training Innovations, McLean, VA

POSTER #14: Policy and Implementation Academy: A Strategic Approach for Leading Change in Policy and Service Implementation
Joan Dodge, PhD, Senior Policy Associate, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC; Jim Wotring, MSW, Director, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC

POSTER #15: Health Care Reform Tracking Project: How Health Reform is Addressing the Needs of Children With Mental Health Challenges and Their Families
Joan Dodge, PhD, Senior Policy Associate, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC; Jim Wotring, MSW, Director, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC

POSTER #16: Leadership Development for Systems Change
Ellen Kagen, MSW, Senior Policy Associate, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC

POSTER #17: National Center for Cultural Competence (NCCC) Technical Assistance to Advance and Sustain Cultural and Linguistic Competence in Children’s Mental Health
Tawara Goode, MA, Director, National Center for Cultural Competence, GUCCHD, Washington, DC; Vivian Jackson, PhD, Senior Policy Associate, National Center for Cultural Competence, GUCCHD, Washington, DC

POSTER #18: University Center for Excellence in Developmental Disabilities
Diane Jacobstein, PhD, Senior Policy Associate and Clinical Psychologist, National Technical Assistance Center for Children’s Mental Health, GUCCHD, Washington, DC

POSTER #19: Join the National Conversation About Mental Health
Kaitlin Abell, Public Health Advisor, Substance Abuse and Mental Health Services Administration, Rockville, MD; Joyce Sebian, MEd, Public Health Advisor; Wendy Veloz, MSSW, Public Health Advisor, Substance Abuse and Mental Health Services Administration, Rockville, MD

POSTER #20: Children’s Mental Health Network
Scott Bryant-Comstock, MS, President and CEO, Children’s Mental Health Network, Durham, NC
POSTER #21: Change Matrix
Rachele Espritu, PhD, Partner, Change Matrix, LLC, Denver, CO; Suganya Sockalingam, PhD, Partner, Change Matrix, LLC, Las Vegas, NV; Elizabeth Waetzig, JD, Partner, Change Matrix, LLC, Granger, IN

POSTER #22: System of Care Institute: Portland State University
Cate Drinan, MA, System of Care Project Manager; Dan Embree, MEd, NCC, Senior Instructor; Aimee Griffin, Wraparound Trainer; Mark Zubaty, MA, Wraparound Trainer, Portland State University, Portland, OR

POSTER #23: The Promise Zone: How to Implement Cross-System Behavioral Health Services
Devon Bandison, Director of Network Relations, Visiting Nurse Service of NY, New York, NY; Scott Bloom, LCSW, Director of School Mental Health, Office of School Health, New York, NY; Jessica Fear, LMFT, Director, Health Home; Meeta Gandhi, LCSW, Director of Children’s Services, Bronx, NY; Neil Pessin, PhD, Vice President, Visiting Nurse Service of NY, New York, NY

POSTER #24: Building an Integrated Practice Model for Child Welfare and Mental Health
Barrett Johnson, LCSW, Director, In-Service Training, California Social Work Education Center, Berkeley, CA; Lisa Molinar, MA, Consultant, Shared Vision Consultants, Dublin, CA; Rich Weisgal, MA, System of Care Manager, Contra Costa County Behavioral Health Services, Walnut Creek, CA

POSTER #25: NYS Success: Connecting Systems of Care with Children and Families
Daphnne Brown, Family Engagement Consultant, NYS Success/FTNYS, Albany, NY; Stephanie Garvia, Masters in Strategic Marketing, Social Marketing/Communications Specialist, NYS Success/Ad Council of Rochester, Rochester, NY; Carrie Holmes, Hudson River Regional Youth Partner, NYS Success/Youth Power! NY, Albany, NY; Lenora Reid-Rose, MBA, Cultural Competence Specialist; Tricia Snyder, MSW, Manager – Training and Technical Assistance, NYS Success/CCSI, Rochester, NY

POSTER #26: Systems Mapping and University Partners Help Georgia Collaboratives’ Strategic Focus
Ann DiGirolamo, PhD, Director, Georgia Center of Excellence, Georgia State University, Atlanta, GA

POSTER #27: Systems of Care Partnering with Faith-Based Communities Through the Open Table Model
Sharon Hunt, PhD, Principal Project Specialist; Frank Rider, MS, Senior Finance Specialist, American Institutes for Research, Washington, DC

POSTER #28: Building Successful Partnerships
Ceatrice Kelly, PhD, Regional NFusionXpand Regional Director, NFusionXPand, Meridian, MS; Adetura Taylor, Education Specialist, NFusionXP Regional CLC/SM Coordinator, NFusionXPand, Meridian, MS; Trinity Ward, Education Specialist, NFusionX Project Coordinator, NFusionX, Meridian, MS

POSTER #29: Sin Puertas Adolescent Treatment Program at 10 Years: Integrating Best Practices, Evidence-Based Treatment Services, and Sustainability
Charlie Alcaraz, MPA, Director, Clinical Services; Judith Francis, PhD, Evaluator; Kara Jones, MA, Associate Director, Youth and Family Services, Pima Prevention Partnership, Tucson, AZ

POSTER #30: Crisis Response and Stabilization for Children, Youth, and Families
Ann Geddes, Director of Public Policy, The Maryland Coalition of Families for Children’s Mental Health, Columbia, MD; Ryan Shannahan, Technical Assistance Support Coordinator/CHPRA Policy Analyst, The TA Network for Children’s Behavioral Health/The Institute for Innovation and Implementation, University of Maryland School of Social Work, Baltimore, MD

POSTER #31: PMTO: Versatile Tools for Change: Families, Practitioners, Supervisors, Agencies, and Communities
Laura Rains, LCSW, MA, Director of Implementation and Training, Implementation Sciences International, Inc., Oregon Social Learning Center, Eugene, OR

POSTER #32: Review of Strength-Based Strategies, Assessment Tools, and Knowledge Translation: Back to the Future of Occupational Therapy - What We Can Contribute to the Team
Claudette Fette, PhD, Assistant Clinical Professor, Texas Woman’s University, Denton, TX

POSTER #33: Building on Strengths: Highlighting a Positive Behavior Support Program in Hawaii Preschools
Susan Mrazek, MA, Project Coach, University of Hawaii at Manoa, Honolulu, HI

POSTER #34: The Magic of Play Therapy
Lena Kline, MA, LPC, Certification in Play Therapy, Therapist, Child and Adolescent Specialist, Chrysalis House, Lexington, KY

POSTER #35: The Pediatric Integrated Health Home Program: New Services for Iowa Children with Mental Health Challenges
Vickie Miene, MA, MS, Executive Director, Center for Child Health Improvement and Innovation; Debra Waldron, MD, MPH, Director, Division of Child and Community Health, University of Iowa, Iowa City, IA

POSTER #36: A Transformative Approach to Early Childhood Positive Behavior Support in a Rural County
Vicki Davolt, MSW, Mental Health Coordinator; Leslie Luchene, Ph.D, Psychologist, Project LAUNCH, Columbia, MO; Collin Miller, MSW, Research Analyst, Missouri Institute of Mental Health, St. Louis, MO; Isabel Rife, MHA, Wellness Coordinator; Laine Young-Walker, MD, Principal Investigator, Project LAUNCH, Columbia, MO

POSTER #37: Strength Based Screening in Naturalistic Settings
Wendy Ell, OT, Registered Occupational Therapist; Leslie Luchene, PhD, Psychologist; Isabel Rife, MPH, Wellness Coordinator; Jessica Willibey, LCSW, Social Worker; Laine Young-Walker, MD, Principal Investigator, Boone County Project LAUNCH, Columbia, MO

POSTER #38: My Case Plan; My Voice
Marjory Curry, MPA, Executive Director, Marjory Curry and Associates, Toledo, OH

POSTER #39: What Helps, What Harms
Jessica Grimm, Project Director, What Helps, What Harms, Youth MOVE National, Yonkers, NY
POSTER #40: Trauma-Informed Care to Advance Statewide Youth and Family Services in Mississippi
Jackie Chatmon, Program Director. Department of Mental Health, Jackson, MS; Peter Gamache, PhD, MBA, MLA, MPH, System of Care Evaluator, Turnaround Achievement Network, Tampa, FL; Sandra Parks, CMT, CMHT, Principal Investigator, Department of Mental Health, Jackson, MS

POSTER #41: Body-Centered Psychotherapy for Adolescents with Multiple Micro-Traumas
Tien Sydnor-Campbell, MS, Mental Health Counseling, Mental Health Counselor, Philadelphia, PA

POSTER #42: Clients to Giants: Moving into Recovery and Resiliency
Stephanie Stout, CPSS, Lead Family Contact; Jonathan Tittle, CPSS, Youth Engagement Specialist; Brad Vuncannon, MPSy, Project Director, NFusion IV, Corinth, MS

POSTER #43: Finding the Yellow Brick Road: Paving the Way to Recovery
Ashley Sautter, MA, Assistant Project Director, NFusion IV, Corinth, MS; Nikki Tapp, LPC, Children’s Service Director, Region IV Mental Health Services, Corinth, MS; Brad Vuncannon, MPSy, Project Director, NFusion IV, Corinth, MS

POSTER #44: Making All The Children Healthy: Using Health Case Reviews to Improve the Health of Children in Out of Home Placement
Rachel Dodge, MD, MPH, Medical Director, MATCH at Baltimore City Department of Social Services, HealthCare Access Maryland, Inc, Baltimore, MD

POSTER #45: Service Utilization Patterns in Transition-Age Youth Served in a System of Care
Angela Blizzard, Research Assistant; Jill Bohnenkamp, PhD, Postdoctoral Fellow; Eric Slade, PhD, Associate Professor; Sharon Stephan, PhD, Associate Professor, University of Maryland School of Medicine, Baltimore, MD

POSTER #46: Supporting Youth Transitioning from Intensive Psychiatric Care Back to the School and Community
Angela Blizzard, Research Assistant; Sharon Stephan, PhD, Associate Professor, University of Maryland School of Medicine, Baltimore, MD

POSTER #47: Cornerstone: A Transition to Independence Program
Santa Acevedo, Lead Peer Support Specialist; Lorine Kean, L-MSW, Lead Clinician, Southwest Counseling Solutions, Detroit, MI

POSTER #48: Journey to Successful Living: Independence City Experience
Kenya Wilson, MEd, Youth Engagement Coordinator; Tynisha Worthy, MPA, Cultural and Linguistic Competence Coordinator, JOURNEY to Successful Living, Cincinnati, OH; Nolan, Young Adult, Cincinnati, OH

POSTER #49: Perceptions of Transition-Age Youth Life Skills Development
Robin Lindquist-Grantz, MSW, LISW-S, Research Associate; Eric Rademacher, PhD, Co-Director, University of Cincinnati Institute for Policy Research, Cincinnati, OH

POSTER #50: Transitioning While Transitioning
Robert Hess III, Chief Executive Officer, Hess III Consulting, Phoenix, AZ

POSTER #51: Building Confidence from Within: Transitioning from Out-of-State to Local Expertise in a Statewide Wraparound Implementation
Nancy Borreani, Director of Family Support and Training, Community HealthLink, Leominster, MA; Laura Conrad, MSW, Program Manager, Office of Behavioral Health, MassHealth, Quincy, MA; Kelly English, PhD, Senior Associate, Technical Assistance Collaborative, Boston, MA

POSTER #52: Open 24/7: Creating a Virtual Space for Wraparound Teams
Ayesha Bajwa-Holmes, MA, Co-Founder; Kian Dixit, MA, Co-Founder, Strategix Consulting, Rockville, MD; Ravi Sundaram, MBA, Sagesurfer, Arlington, VA; Joseph Wilson, MSW, LCSWC, Department Director, MHSADS, Leesburg, VA

POSTER #53: Cost Savings Continue to Accrue for Youth Enrolled in High Fidelity Wrap Services a Year After Discharge
Angela Snyder, PhD, Research Assistant Professor, Georgia State University, Atlanta, GA

POSTER #54: Even More Systems of Care: Supporting Foster, Adoptive, and Kinship Families with Serious Emotional and Behavioral Needs
Kelly Henderson, PhD, Executive Director, Formed Families Forward, Fairfax, VA

POSTER #55: Foster Care for Newly Arrived, Unaccompanied Children
Tiara Beach, MSW, LGSW, Children’s Services Specialist, USCCB, Washington, DC

POSTER #56: Resilience Enhancing Strategies for Elementary Schools
Nimra Khan, MSW, School Based Therapist, Hope Health Systems, Baltimore, MD

POSTER #57: Middle School Workshops for Students
Sharla Marek, PhD, Director ESS/School Psychologist, Chavez Huerta K-12 Preparatory Academy, Pueblo, CO

POSTER #58: Resources and Strategies to Prevent Suicide Among LGBTQ Young People
Nathan Belyeu, Education Director, Trevor Project, New York, NY; Jeffrey Poirier, PhD, Principal Researcher, American Institutes for Research, Washington, DC

POSTER #59: Changing the Culture Climate: Embedding LGBT Training in the System of Care Beyond the Mental Health System
Lakicha Jernigan, EdS, CMHT, Project Coordinator, NFusion VII, Louisville, KY; Albertstein Johnson-Pickett, MEd, Division Director II/CLC Coordinator MTOP, Department of Mental Health, Jackson, MS

POSTER #60: TRANSforming Organizations: Empowering Organizations to Support Trans* and Genderqueer Youth
Qaiale Pelletier, Associates of Behavioral and Social Sciences, Peer Support Specialist, Humboldt County Health and Human Services Transition Aged Youth Division, Eureka, CA; Rochelle Trochtenberg, Lead Youth Organizer, Humboldt County Transition Age Youth Collaboration, Eureka, CA

POSTER #61: Affirming Integrity in Services and Supports for LGBTQ12-S Youth and Families
Jackie Chatmon, MA, Project Director, MS Department of Mental Health, Jackson, MS; Peter Gamache, PhD, MPH, President, Turnaround Achievement Network, Tampa, FL; Sandra Parks, MCP, Principal Investigator, MS Department of Mental Health, Jackson, MS
POSTER #62: Return on Investment in Systems of Care
Simone Peart Boyce, PhD, Senior Health Economist, ICF International, Atlanta, GA; Anna Krivelyova, MA, Principal, ICF International, Atlanta, GA; Sheila Pires, MPA, Partner; Human Service Collaborative, Washington, DC; Beth Stroul, MED, President, Management and Training Innovations, McLean, VA; Christine Walrath, PhD, Vice President, ICF International, New York, NY

POSTER #63: Transforming Behavioral Health Through the 1115(a) Medicaid Demonstration Option
Deborah Cohen, MSW, Research Associate; Molly Lopez, PhD, Director; Stacey Stevens Manser, PhD, Associate Director, Texas Institute for Excellence in Mental Health, University of Texas at Austin, Austin, TX

POSTER #64: Leveraging Medicaid to Provide Family and Youth Peer Support Services to Children with Behavioral Health Needs and Their Families
Taylor Hendricks, MS, Communications Associate; Jessica Lipper, MSJ, Program Associate; Dayana Simons, MED, LMHC, Senior Program Officer, Center for Health Care Strategies, Hamilton, NJ

POSTER #65: The Neuroscience of Leadership in Systems of Care: Transform the Way We Lead Systems Change With Insights from Brain Science
Laurie Ellington, MA, LPC, RCC, PCC, Chief Leadership, Silver Spring, MD

POSTER #66: Burnout: Creative Approaches to Help Staff Recognize, Manage, and De-Stigmatize Their Stress
Heather Stanley, ATR-BC, Deputy Director, Lookout Mountain Care Management Entity, Fort Oglethorpe, GA; Theresa Varos, MS, Director of Marketing and Public Relations, Lookout Mountain Community Services, LaFayette, GA

POSTER #67: Building Community Capacity to Enhance Informal Supports: Doing More with Less
Heather Stanley, ATR-BC, Deputy Director, Lookout Mountain Care Management Entity, Fort Oglethorpe, GA; Theresa Varos, MS, Director of Marketing and Public Relations, Lookout Mountain Community Services, LaFayette, GA

POSTER #68: Leveraging Tablet Technology for Improved Program Evaluation Efforts
Jonathan Sutter, MSW, Independent Contractor, University of Cincinnati, Cincinnati, OH

POSTER #69: Parent Support Provider National Certification Initiative
Lynda Gargan, PhD, Senior Managing Director; Sandra Spencer, Executive Director, National Federation of Families for Children’s Mental Health, Rockville, MD

POSTER #70: Taking Family Driven to Scale
Marie Niarhos, MEA, Family Resources Specialist; Sandra Spencer, Executive Director, National Federation of Families for Children’s Mental Health, Rockville, MD

POSTER #71: Road Map Curricula: Empowering Families to Navigate Service Systems
Wendy Besmann, Director, Team Up for Families/Melton Hill Media, Oak Ridge, TN

POSTER #72: Promoting Strong Family-Provider Partnerships in the System of Care
Kim Malat, Chief, Grants and Contracts Administration, Governor’s Office for Children, Baltimore, MD; Sheila Philip, JD, Director, Maryland Choices, Baltimore, MD; Celia Serkin, Executive Director, Montgomery County Federation of Families for Children’s Mental Health, Silver Spring, MD

POSTER #73: Cuyahoga Tapestry System of Care: Perspective of Family Involvement
Belinda Harris, Cuyahoga Tapestry System of Care Lead Parent Advocate, University Settlement, Cleveland, OH

POSTER #74: Families Rising: An Exploration of Four Community-Wide Traits Supportive of a Family-Driven System of Care
Patricia Baker, Owner/Manager, BakerSquared LLC, Albuquerque, NM; A. Elaine Slaton, MSA, Owner/Manager, Slaton Associates LLC, Cornelius, NC

POSTER #75: Children with Special Needs Have Gifts: It Is Up to Us to Listen, Identify, and Empower!
Linda Lozano, Family Partner, Certified Peer Specialist, National Alliance on Mental Illness Yakima, Yakima, WA

POSTER #76: Ekha Youth Project: Louisiana’s First Statewide Family Support Organization
Darrin Harris, Executive Director, Ekha Youth Project, Inc., New Orleans, LA

POSTER #77: Building an Authentic Voice: Staying the Course for True Family-Directed, Youth-Guided Involvement
Conni Wells, Manager, Axis Group I, LLC, Roan Mountain, TN

POSTER #78: Let’s Get Focused: Strategies to Develop and Run Your Own Focus Group
Chandra Watts, Lead Peer Support Specialist, Parent/Professional Advocacy League/Youth MOVE Massachusetts, Worcester, MA

POSTER #79: Youth Wellness
Johanna Bergan, Director of Membership Services, Youth MOVE National, Decorah, IA

POSTER #80: Promoting Youth and Young Adult Involvement in Your Organizations and Committees
Jordan Geddes, Youth Outreach Specialist; Rebecca Hiller, Youth Outreach Specialist, Maryland Coalition of Families for Children’s Mental Health, Columbia, MD

POSTER #81: Restructuring Wayne County Youth Involvement
Jasmine Boatwright, Youth Involvement Coordinator, Development Centers, Detroit, MI; Brittany Horton, Regional Youth Specialist, Detroit Wayne Mental Health Authority, Detroit, MI; Navneet Khangura, Youth Advocate, The Guidance Center, Southgate, MI; Q Watkins, Youth Advocate, Black Family Development, Detroit, MI

POSTER #82: MY LIFE (Magellan Youth Leaders Inspiring Future Empowerment)
Greg Dicharry, CPRP, Youth Empowerment Director, Magellan Health Services, Phoenix, AZ; Youth Representative, MY LIFE

POSTER #83: Asset Mapping: Utilizing Youth to Map Pathways of Care
Ebony Barnes, Youth Engagement Coordinator; Christy Peterson, MPPA, Senior Research Associate; Gregory Washington, PhD, Associate Professor, University of Memphis, Memphis, TN
POSTER #84: Love You Like A Sister: Empowering Young Women to Become Tomorrow’s Leaders
Ebony Barnes, Youth Engagement Coordinator; Christy Peterson, MPPA, Senior Research Associate; Gregory Washington, PhD, Associate Professor, University of Memphis, Memphis, TN; Kristina Wirt, MA, Family Support Partner Supervisor, JustCare Family Network, Memphis, TN

POSTER #85: Youth-Guided Empowerment Evaluation Consortium: An Innovative Approach to Sustaining Your Youth Engagement Initiative
Ebony Barnes, Youth Engagement Coordinator; Christy Peterson, MPPA, Senior Research Associate; Gregory Washington, PhD, Associate Professor, University of Memphis, Memphis, TN

POSTER #86: FOF Story Bank: Addressing the Stigma of Complementary and Alternative Medicine Among Culturally Diverse Families with a Youth Struggling with a Behavioral Health Issue
Lorene Bauduy; Clara Khani; Elizabeth Pessin, MS; Myriam Monsalve Serna; Maria Elena Villar, FACES Miami, Miami, FL

POSTER #87: Increasing Awareness of Complementary and Alternative Medicine for Mental Health and Substance Abuse Issues Among Youth in Miami
Lorene Bauduy; Clara Khani; Elizabeth Pessin, MS; Myriam Monsalve Serna; Maria Elena Villar, FACES Miami, Miami, FL

POSTER #88: Are You Culturally Comfortable?
Chantell Albert, Outreach Coordinator; Deborah Fauntleroy, MSW, Associate Director; Lisa Lambert, Executive Director, Parent/Professional Advocacy League and Family Run Executive Leadership Association (FREDLA) Board of Directors, Boston, MA

POSTER #89: Early Connections’ Multicultural Parent Café
Tanya McCullom, Lead Family Coordinator, Alameda County Behavioral Health Care, San Leandro, CA

POSTER #90: Partnering for Change: Building a Culturally Competent Organization
Ann Chun, MPA, Cultural and Linguistic Responsiveness Coordinator, Alameda County Behavioral Health Care Services Agency, San Leandro, CA

POSTER #91: Cultural and Linguistic Competence Poster Series
Judy Creel, MS, Social Marketing Coordinator; Felipe Sanchez-Alvarez, MS, MBA, Cultural and Linguistic Competence Coordinator, Families and Communities Together of Seminole, Sanford, FL

POSTER #92: Behind the Seen
Mary Erwin, Social Marketing Specialist, Alamance Alliance for Children and Families, Burlington, NC

POSTER #93: My Voice Through PhotoVoice
Evelyn Sears, MPA, Social Marketing and Technical Assistance; Kyre, Young Adult; Nolan, Young Adult, JOURNEY to Successful Living, Cincinnati, OH

POSTER #94: The Importance of Social Media: Raising Awareness, Increasing Cultural and Linguistic Competence, and Engaging Youth
Denine Anderson-Regan, Social Marketer; Norissa Williams, MSW, Doctorate, Director of Cultural and Linguistic Competence, Nassau County Family Support System of Care, Amityville, NY

POSTER #95: Miami’s Yellow Bus: On the Road to Recovery
Nicole Attong, LMHC, Faces Project Director, South Florida Behavioral Health Network, Miami, FL; Janet Pereyra, Executive Director, Federation of Families, Miami-Dade Chapter Inc., Miami, FL

POSTER #96: CQI Development in Systems of Care
Chris Stormann, PhD, Senior Research Associate, Case Western Reserve University, Cleveland, OH

POSTER #97: Gender-Responsive, Trauma-Informed Care in Hawaii: Preliminary Results from the Evaluation of Project Kealahu
Kathleen McGeehan, PhD, Data Analyst/Program; Edward Suarez, PhD, Lead Evaluator, Project Kealohau, Honolulu, HI

POSTER #98: Sharing Systems of Care Evaluation Information with Multiple Audiences
Elizabeth Cooley, MPH, Evaluation Team; Holly Ruch-Ross, ScD, Evaluation Team; Tracie Smith, MPH, Evaluation Team, Project Connect, Eldorado, IL

POSTER #99: The Curious Minds Workshop: Innovative Engagement Strategies to Promote Youth Involvement in Research and Evaluation
Joshua Calarino, Youth MOVE Member, Youth MOVE Miami-Dade Chapter, Miami, FL; Laqonia Johnson, Parent Evaluator; Gina Keane, MSW, Research Assistant, Spectrum Programs, Inc., Miami, FL; Clara Khan, Youth Coordinator; Isabel Tucen, Youth MOVE Member, Youth MOVE Miami-Dade Chapter, Miami, FL

POSTER #100: The Ordinary Magic of Children’s Resilience: Evidence From the National Evaluation of the Children’s Mental Health Initiative
Freda Brashears, PhD, Project Manager, Children’s Mental Health Initiative National Evaluation, ICF International, Atlanta, GA; Russell Carleton, PhD, Technical Specialist, ICF International, Atlanta, GA; Juliette Graziano, PhD, Vice President of Research and Innovation, Spectrum Programs, Inc., Miami, FL; Gina Keane, MSW, Research Assistant, Banyan Health Systems, Miami, FL; Mary Spooner, PhD, Senior Manager, ICF International, Atlanta, GA

POSTER #101: Challenges and Innovations in Maintaining Family and Youth Involvement in Evaluation Research
Rene Castillo, Senior Parent Evaluator, Miami-Dade County; FACES, Miami, FL; Elizabeth Grossman, MPH, Manager, ICF International, Atlanta, GA; Robin Lindquist-Grantz, MSW, LISW-S, Research Associate, Institute for Policy Research, Cincinnati, OH; Alicia Muzzi, Associate Evaluator, Delaware’s BEST for Young Children and Their Families, Newark, DE; Jessica Wolff, MPH, Senior Research Associate, ICF International, Atlanta, GA

POSTER #102: Implementing the System of Care Practice Review (SOCPR): A Three Year Trend Analysis
Kevin Flynn, MSW, LCSW, Implementation Manager/Grant Director, Arizona Department of Behavioral Health Services, Phoenix, AZ; John Mayo, MA, LMHC, Deputy Executive Director, Success 4 Kids and Families, Tampa, FL; Debra Mowrey, PhD, Assistant Professor, University of South Florida, Tampa, FL

POSTER #103: Action Builds Action: Helping Learners Translate Knowledge to Practice Through Interactive Events
Yvonne Stahl, Evaluation Coordinator, Centerstone Research Institute, Knoxville, TN
POSTER #104: All-in! for Student Success and Inclusion: Evaluating a Response-to-Intervention Partnership
Jenny Ventura, MSW, Manager of Strategic Education Initiatives, Seneca Family of Agencies, Oakland, CA

POSTER #105: Families Want Data Too!
Ferol Mennen, PhD, LCSW, Associate Professor; William Monro, MSW, Program Manager; USC School of Social Work, Los Angeles, CA

POSTER #106: Availability and Use of Experience of Care Surveys in Residential Care Settings
Marvin Alexander, MSW, LCSW, Doctoral Student, Louisiana State University, Baton Rouge, LA

POSTER #107: Impact of a Rural System of Care on the Mental Health and Academic Performance of Children with Emotional Disturbances
Eric Gee, PhD, Lead Evaluator; Jordan Moon, Evaluation Specialist, Brigham Young University-Idaho, Rexburg, ID; Amber Patterson, Evaluation Specialist, Madison CARES, Rexburg, ID

POSTER #108: Foster Children with Severe Emotional Disturbance: Using Child Psychiatric Consultation to Direct Treatment Recommendations
Shannon Barnett, MD, Child Psychiatrist Consultant, MATCH, Baltimore, MD

POSTER #109: Increasing Identification and Access to Mental Health Services in the District of Columbia
Tricia Mills, MA, System of Care Interagency Coordinator, DBH, Washington, DC; Melissa Affronti, PhD, LMSW, Senior Program Associate, Coordinated Care Services, Inc., Rochester, NY; Brian Pagkso, PhD, LMSW, Director of Research and Evaluation, Community Connection of New York, Buffalo, NY; Jenise Jo Patterson, President, Parent Watch, Washington, DC

POSTER #110: Meeting at the Crossroads: Juvenile Justice and Adolescent Treatment
Christa Myers, Fellowship Program Manager, Reclaiming Futures, Portland State University, Portland, OR; Cora Crary, Learning Collaborative Manager Reclaiming Futures, Portland State University, Portland, OR

POSTER #111: icareguam
Nia Seneo, Social Marketer, Guam Behavioral Health & Wellness Center, Hagatua, GU; Carissa Pangelinan, Project Director, Guam Behavioral Health and Wellness Center Hagatua, GU; Rowena Morada, Cultural and Linguistic Competence Coordinator, Guam Behavioral Health and Wellness Center Hagatua, GU

POSTER #112: Trauma-Informed Method of Engagement (T.I.M.E.) Model
Debra Cady, LCSW, Federal Project Officer, SAMSHA, Rockville, MD; Eric Lulow, BSW, Federal Project Officer, SAMSHA, Rockville, MD; Lacy Kendrick Burk, MS, MBA, Executive Director, Youth MOVE National, Washington, DC

POSTER #113: Impact of a Rural System of Care Program on the Mental Health and Academic Performance of Children with Emotional Disturbances
Jordan Moon, Evaluation Specialist; Eric Gee, PhD, Lead Evaluator, Brigham Young University-Idaho Rexburg, ID; Amber Patterson, Evaluation Specialist, Madison CARES, Rexburg, ID

ABSTRACT: This Pre-Institutes Training Program will offer an intensive, interactive, hands-on training experience that will enhance participants’ capacity to discern the nature of disparities in their setting, identify contributing factors, and create effective solutions. Faculty will address the unique challenges specific to different population groups and how to analyze data to identify disparities and track progress. The program will also explore the new requirements from the Substance Abuse and Mental Health Services Administration to develop a “Disparities Impact Statement” and the implications for states and communities. The training will also examine the role of cultural and linguistic competence (CLC) and the National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care (CLAS Standards) in addressing disparities. Participants will leave with an initial action plan unique to their setting that they can share with team members and system partners.

PRE-INSTITUTES TRAINING PROGRAM #2
8:30 AM TUES 7/15 • 8:30 AM WED 7/16 • POTOMAC C

Strategic Financing for Expanding and Sustaining Children’s Mental Health and Substance Abuse Systems of Care
MODERATOR: Gary Macbeth, MEd, MSW, Senior Policy Associate, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC
Doreen Cavanaugh, PhD, Research Professor, Health Policy Institute, Georgetown University, Washington, DC
Jody Levison-Johnson, LMSW, Deputy Assistant Secretary, Office of Behavioral Health, Louisiana Department of Health and Hospitals, Baton Rouge, LA
Elizabeth Manley, LSW, Director, Division of Child Behavioral Health Services, Department of Children and Families, Trenton, NJ
Frank Rider, MS, Resource Specialist/Financing Specialist, National Resource Center on Mental Health Promotion and School Violence Prevention, American Institutes for Research, Health and Social Development Programs, Washington, DC
Jim Wotrimg, MSW, Director, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC
Claudia Zundel, MSW, Director, Child, Adolescent and Family Services, Colorado Department of Human Services, Denver, CO

RESOURCE PERSONS: Kathryn O’Grady, JD, Director, Child Welfare Policy, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington DC

Sherry Peters, MSW, ACSW, Director, Psychiatric Residential Treatment Facility Waiver Initiative, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

**ABSTRACT:** Can states move from building a few successful local systems of care to implementing this approach broadly? This intensive, hands-on, two-day Pre-Institute Training Program is designed to explore financing strategies that can be effective for expanding and sustaining systems of care. The program will address creating a financing plan for system of care expansion; funding sources across child-serving agencies (federal, state, and local)—what they are, what they can do, and how they can be used; how to use financial mapping as a tool for collecting and analyzing service utilization and expenditure data to inform systems change decision-making; how to maximize the implementation of managed behavioral health care and care management entities toward meeting system of care expansion goals; and how to plan for future trends and issues affecting system of care expansion and sustainability, including opportunities in the Affordable Care Act. Participants will build an initial “case scenario” based on different administrative structures, political and fiscal environments, and system of care expansion goals, and will add to their scenarios over the course of the program, based upon the content of the training.

**PRE-INSTITUTES TRAINING PROGRAM #3**

8:30 AM TUES 7/15 • 8:30 AM WED 7/16 • MARYLAND C

**Implementing Systems of Care for Youth with Mental Health Challenges and Their Families: A Curriculum for State and Community Leaders**

MODERATOR: Bruce Kamradt, MSW, Director, Wraparound Milwaukee, Milwaukee, WI and Mary Jo Meyers, MS, Deputy Director, Milwaukee County Behavioral Health Division, Milwaukee, WI

Pam Erdman, MS, OTR, Quality Assurance, Quality Improvement Coordinator, Milwaukee County Behavioral Health Division, Wraparound Milwaukee, Milwaukee, WI

Pnina Goldfarb, PhD, Research Associate, Wraparound Milwaukee, Milwaukee, WI

Margaret Jefferson, President, Families United of Milwaukee, Inc., Milwaukee, WI

**ABSTRACT:** This Pre-Institute will introduce a training curriculum designed by Wraparound Milwaukee and the Georgetown University National Technical Assistance Center for Children’s Mental Health on implementing effective systems of care for youth with mental health challenges and their families. This curriculum is designed to move the system of care approach from theory to practice by providing operational details for implementing the approach. Comprised of a series of ten modules (each providing both information and resources for implementing the key components of an effective system of care), the training is structured into four major segments that synthesize the essential concepts within these modules—structuring and financing systems of care, building partnerships, practice approach in systems of care, and quality improvement. The presenters will provide participants with knowledge and skills for reforming service delivery in dynamic, real-world environments.

**PRE-INSTITUTES TRAINING PROGRAM #4**

8:30 AM TUES 7/15 • 8:30 AM WED 7/16 • MARYLAND D

**The Art and Practice of Adaptive Leadership for Systems Change**

MODERATOR: Ellen Kagen, MSW, Senior Policy Associate, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

Gary Blau, PhD, Chief, Child, Adolescent and Family Branch, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, Rockville, MD

Teresa King, Family Resource Specialist, National Federation of Families for Children’s Mental Health and National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

**ABSTRACT:** This Pre-Institutes Training Program will address the framework and tools necessary to support professionals and family members in their roles as leaders in systems change and will teach the adaptive leadership skills needed to successfully navigate the complex process of change. The training will provide a conceptual framework for leadership in the 21st century, along with opportunities to deepen skillsets that are needed to strategically mobilize, support, and sustain change. The overall goals of the training are to help state and community leaders gain a deeper understanding of adaptive leadership, identify and apply leadership skills in adaptive work, and develop the confidence needed to effectively move the implementation of change forward.

**PRE-INSTITUTES TRAINING PROGRAM #5**

8:30 AM TUES 7/15 • 8:30 AM WED 7/16 • CHESAPEAKE G/H/I

**Building Collaboration: From Me to We**

MODERATOR: Elizabeth Waetzig, JD, Partner, Change Matrix, LLC, Granger, IN

Greg Abell, Principal, Sound Options Group, LLC, Bainbridge Island, WA

Phyllis Magrab, PhD, Professor, Pediatrics, and Director, Georgetown University Center for Child and Human Development, Washington, DC

**ABSTRACT:** This Pre-Institutes Training Program will focus on the hard work of building collaborative capacity to initiate and sustain complex change efforts. The program is designed to increase participants’ capacity to engage in, lead, and sustain projects, initiatives, and change efforts that require multiple agencies, organizations, and individuals to authentically collaborate. Over the course of two days, participants will gain a deeper understanding of collaboration and the steps they can take personally and in their group to build collaboration, sustain it, and identify times when collaborative structures are in need of repair. Faculty will address the definition, principles, process, and challenges to collaboration, and will assist participants to develop the knowledge, skills, and values needed for collaboration. Participants will engage in a series of intentional conversations about their collaborative group designed to build the infrastructure needed to effectively work with shared commitment to shared purpose.
Youth Mental Health First Aid USA: A Training for Adults Assisting Young People

ABSTRACT: Youth Mental Health First Aid USA is a public health education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents and young adults, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent who is in crisis or experiencing a mental health challenge. The curriculum addresses: risk factors and warning signs for a variety of mental health challenges that are common among adolescents and young adults (e.g., anxiety, depression, psychosis, eating disorders, attention deficit hyperactivity/disorder, disruptive behavior disorders, and substance use disorders) and how to support a youth who is developing signs and symptoms of a mental illness or is experiencing an emotional crisis by applying a five-step action plan. The course is designed for adults who interact with adolescents or young adults, ages 12 to 25, and this 8-hour Pre-Institute provides participants with a curriculum and intensive training by certified instructors from Georgetown University, leading to certification in Youth Mental Health First Aid.
SPECIAL EVENTS

Excellence in Community Communications and Outreach (ECCO) Recognition Program
THURSDAY, JULY 17 • 5:00 PM TO 6:30 PM

LEARN, INTERACT, VOTE. This popular recognition program highlights outstanding social marketing and communications achievements in system of care communities across the country. Stop by before the banquet to meet these innovative communities and check out their talents, strengths, and efforts in eight specialized categories. You’ll also have the opportunity to cast your vote for your favorite entry. All votes will be counted, and one entry will be named as the People’s Choice at the ECCO presentation during the Luncheon and General Session on Friday, July 18!

Youth MOVE RockStar Awards
THURSDAY, JULY 17 • 6:30 PM TO 9:30 PM

COMING THE BANQUET TO CELEBRATE OUR YOUTH AND THE 15TH ANNIVERSARY OF THE TRAINING INSTITUTES!

Youth MOVE National will present its RockStar Awards at the Training Institutes banquet. The awards will honor individuals and an organization that have made an outstanding contribution to the improvement of services and systems that support the positive growth and development of young people who have lived experience in various child-serving systems including, but not limited to, mental health, juvenile justice, education, and child welfare.

Cardio Zumba
THURSDAY, JULY 17 THROUGH SUNDAY, JULY 20
6:00 AM TO 7:00 AM

During the Training Institutes, Zumba (a mix of Caribbean rhythms and dance) exercise sessions will be offered exclusively for Training Institutes participants each morning. Join in for a fun start to the day!

MY Wellness MOVEMENT—A Wellness Fair Presented in 8D (8 Dimensions of Wellness)
FRIDAY, JULY 18 • 3:30 PM - 5:30 PM • CHESAPEAKE A/B/C

SPONSORED BY: MAGELLAN HEALTH

PRESENTED BY: DR. MARGARET “PEGGY” SWARBICK, MY LIFE (MAGELLAN YOUTH LEADERS INSPIRING FUTURE EMPOWERMENT) AND YOUTH MOVE NATIONAL (YOUTH MOVATING OTHERS THROUGH VOICES OF EXPERIENCE)

MY Wellness MOVEMENT is a fun and interactive wellness fair designed to help attendees become more aware of the dimensions of wellness and to the inspiration, tools and resources necessary to create a wellness fair and movement in their own community. Focusing on all 8 Dimensions of Wellness—Emotional, Environmental, Financial, Intellectual, Occupational, Physical, Social and Spiritual—is critical to helping youth with mental health and substance use challenges lead happy and fulfilling lives.

To address this need, this Wellness Fair will offer an empowering experience for Training Institutes participants to take action and work towards improved quality of life. Attendees will have the opportunity to participate in stations dedicated to each of the 8 Dimensions of Wellness that will include information, activities, resources and self-assessment questionnaires. Participants will be encouraged to complete a MY Wellness MOVEMENT Passport during the event to document their individualized wellness information and new wellness goals. The event will also include several physical health fair elements of the “Promoting Wellness for People in Mental Health Recovery—A Step-by-Step Guide to Planning and Conducting a Successful Health Fair.” In addition, SAMHSA’s “Join the Wellness Movement—Guide on Community Activation” will be showcased and made available for participants, so they can start a Wellness Movement in their own community.

Listening Sessions

The National Technical Assistance Center for Children’s Mental Health will host a selection of listening sessions during the lunch break on Saturday, July 19. The facilitated listening sessions will provide an opportunity for interested participants to share their perspectives on current issues that have important implications for the children’s mental health field, share successful strategies, and develop new partnerships. The ideas and recommendations that emerge from these discussions will provide input into future technical assistance activities of the Technical Assistance Center, as well as inform policy discussions at the national level. Lunch will be available for purchase in the Potomac Ballroom where the listening sessions will be held. Grab your lunch and participate in one of these optional sessions.

1. Cultural and Linguistic Competence/Disparities
FACILITATOR: Vivian Jackson, PhD, Senior Policy Associate, National Center for Cultural Competence and the National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

2. System of Care Expansion
FACILITATOR: Sybil Goldman, MSW, Senior Advisor, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

3. Child Welfare and Systems of Care
FACILITATOR: Kathryn O’Grady, JD, Director, Child Welfare Policy, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

4. Early Childhood Systems of Care
FACILITATOR: Roxanne Kaufmann, MA, Director, Early Childhood Policy, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

5. Workforce Development for Systems of Care
FACILITATOR: Joan Dodge, PhD, Senior Policy Associate, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

6. Financing Systems of Care
FACILITATOR: Gary Macbeth, MEd, MSW, Senior Policy Associate, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

7. Health Reform and Systems of Care
FACILITATOR: Jim Wotringer, MSW, Director, National Technical Assistance Center for Children’s Mental Health, Georgetown University Center for Child and Human Development, Washington, DC

8. Evidence-Based Practices in Systems of Care
FACILITATOR: Bruno Anthony, PhD, Professor, Pediatrics and Director, Research and Evaluation, Georgetown University Center for Child and Human Development, Washington, DC

9. Advancing Youth Peer Support with the 8 Dimensions of Wellness
FACILITATORS: Lacy Kendrick Burk, MS, MBA, Executive Director, Youth MOVE National, Hattiesburg, MS; Greg Dicharry, CPRR, Youth Empowerment Director, Magellan Health Services, Phoenix, AZ; Margaret “Peggy” Swarbick, PhD, Collaborative Support Programs of New Jersey, Rutgers School of Health Related Professions, Newark, NJ
SYSTEM OF CARE CONCEPT AND PHILOSOPHY

DEFINITION
A system of care is: A spectrum of effective, community-based services and supports for children and youth with or at risk for mental health or other challenges and their families, that is organized into a coordinated network, builds meaningful partnerships with families and youth, and addresses their cultural and linguistic needs, in order to help them to function better at home, in school, in the community, and throughout life.

CORE VALUES
Systems of care are:
1. Family driven and youth guided, with the strengths and needs of the child and family determining the types and mix of services and supports provided
2. Community based, with the locus of services as well as system management resting within a supportive, adaptive infrastructure of structures, processes, and relationships at the community level
3. Culturally and linguistically competent, with agencies, programs, and services that reflect the cultural, racial, ethnic, and linguistic differences of the populations they serve to facilitate access to and utilization of appropriate services and supports

GUIDING PRINCIPLES
Systems of care are designed to:
1. Ensure availability of and access to a broad, flexible array of effective, evidence-informed, community-based services and supports for children and their families that addresses their physical, emotional, social, and educational needs, including traditional and nontraditional services as well as informal and natural supports
2. Provide individualized services in accordance with the unique potential and needs of each child and family, guided by a strengths-based, wraparound service planning process and an individualized service plan developed in true partnership with the child and family
3. Deliver services and supports within the least restrictive, most normative environments that are clinically appropriate
4. Ensure that families, other caregivers, and youth are full partners in all aspects of the planning and delivery of their own services and in the policies and procedures that govern care for all children and youth in their communities, states, territories, tribes, and Nation
5. Ensure cross-system collaboration, with linkages between child-serving agencies and programs across administrative and funding boundaries and mechanisms for system-level management, coordination, and integrated care management
6. Provide care management or similar mechanisms to ensure that multiple services are delivered in a coordinated and therapeutic manner and that children and their families can move through the system of services in accordance with their changing needs
7. Provide developmentally appropriate mental health services and supports that promote optimal social and emotional outcomes for young children and their families in their homes and community settings
8. Provide developmentally appropriate services and supports to facilitate the transition of youth to adulthood and to the adult-service system as needed
9. Incorporate or link with mental health promotion, prevention, and early identification and intervention to improve long-term outcomes, including mechanisms to identify problems at an earlier stage and mental health promotion and prevention activities directed at all children and adolescents
10. Incorporate continuous accountability mechanisms to track, monitor, and manage the achievement of system of care goals; fidelity to the system of care philosophy; and quality, effectiveness, and outcomes at the system level, practice level, and child and family level
11. Protect the rights of children, youth, and families and promote effective advocacy efforts
12. Provide services and supports without regard to race, religion, national origin, gender, gender expression, sexual orientation, physical disability, socioeconomic status, geography, language, immigration status, or other characteristics; services should be sensitive and responsive to these differences

UN SISTEMA DE CUIDADO: CONCEPTOS Y FILOSOFÍA

DEFINICIÓN
Un sistema de cuidado consiste en: Un espectro de servicios y apoyos efectivos, basados en la comunidad, para el niño y el joven que corren riesgo de padecer enfermedades mentales u otros desafíos y para sus familias, que está organizado en una red coordinada, que forma alianzas importantes con las familias y los jóvenes, prestando atención a sus necesidades culturales y lingüísticas, a fin de ayudarlos a desenvolverse mejor en el hogar, en la escuela, en la comunidad y en sus vidas.

VALORES BÁSICOS
Los sistemas de cuidado:
1. Son sistemas dirigidos por la familia y con la guía de los jóvenes, que tienen en cuenta las fortalezas y las necesidades del niño y la familia para determinar los tipos y las combinaciones de servicios y apoyos que se prestan.
2. Están basados en la comunidad y los servicios así como la administración del sistema se apoyan en una infraestructura adaptable de estructuras, procesos y relaciones a nivel comunitario.
3. Son sistemas que poseen competencia cultural y lingüística, y sus organismos, programas y servicios reflejan las diferencias culturales, raciales, étnicas y lingüísticas de las poblaciones a las que se prestan servicios para facilitar el acceso y la utilización de servicios y apoyos adecuados.

PRINCIPIOS ORIENTADORES
Los sistemas de cuidado están diseñados para:
1. Garantizar la disponibilidad y el acceso a una amplia gama de servicios y apoyos, para el niño y su familia, que sean flexibles, efectivos, fundados en la experiencia, basados en la comunidad y que atiendan sus necesidades físicas, emocionales, sociales y educativas, incluyendo servicios tradicionales y no tradicionales, así como apoyos informales y naturales.
2. Ofrecer servicios individualizados de acuerdo con el potencial y las necesidades exclusivas de cada niño y familia, guiados por un proceso de planificación de servicios integrales basados en fortalezas y en un plan de servicios individualizados realizado a través de una verdadera colaboración con el niño y la familia.
3. Prestar servicios y apoyos que sean clínicamente apropiados dentro del medio menos restrictivo, más normal posible y que sean adecuados desde el punto de vista clínico.
4. Garantizar que exista total colaboración entre las familias, los demás proveedores de cuidados y el joven, en todos los aspectos de la planificación y la prestación de sus propios servicios y en las políticas y procedimientos que rigen el cuidado del niño y del joven en sus comunidades, estados, territorios, tribus y nación.
5. Garantizar la colaboración entre los sistemas con conexiones entre los organismos que prestan servicios para el niño y los programas existentes en todos los sistemas administrativos y de financiamiento y los mecanismos de gestión a nivel del sistema, coordinación y gestión integrada del cuidado.
6. Prestar servicios de gestión del cuidado y mecanismos similares a fin de garantizar que se presten una multiplicidad de servicios de manera coordinada y terapéutica y que el niño y la familia puedan desplazarse dentro del sistema de servicios, de acuerdo a sus necesidades cambiantes.
7. Prestar servicios y apoyos en salud mental, adecuados al nivel de desarrollo, que promuevan resultados sociales y emocionales óptimos para el niño y su familia dentro del hogar y de la comunidad.
8. Prestar servicios y apoyos, adecuados al nivel de desarrollo del individuo, para facilitar la transición de los jóvenes a la vida adulta y al sistema de servicios para adultos según se necesiten.
9. Incorporar o conectarse con servicios de promoción, prevención, identificación temprana e intervención a fin de mejorar los resultados a largo plazo, incluyendo mecanismos para identificar problemas con anticipación y actividades de promoción y prevención dirigidas a todos los niños y adolescentes.
10. Incorporar mecanismos permanentes de responsabilidad a fin dar seguimiento, controlar y administrar el logro de los objetivos del sistema de cuidado, la fidelidad a la filosofía del sistema de cuidado, así como la calidad, la eficacia y los resultados en los ámbitos del sistema, de la práctica y de la familia y el niño.
11. Proteger los derechos del niño, del joven y de las familias y promover iniciativas de apoyo efectivas.
12. Prestar servicios y apoyos sin tomar en cuenta raza, religión, procedencia, género, expresión de género, orientación sexual, discapacidad física, estatus socioeconómico, geografía, idioma, estatus inmigratorio u otras características; los servicios deben ser sensibles y responder a estas diferencias.

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<tr>
<th>Acronym</th>
<th>Definition</th>
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<tr>
<td>ACA</td>
<td>(Patient Protection and) Affordable Care Act</td>
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<td>ACF</td>
<td>Administration for Children and Families</td>
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<td>ACO</td>
<td>Accountable Care Organization</td>
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<td>ACRA</td>
<td>Assertive Community Reinforcement Approach</td>
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<td>ACYF</td>
<td>Administration for Children, Youth and Families</td>
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<td>ADA</td>
<td>Americans with Disabilities Act</td>
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<td>ADD/ADHD</td>
<td>Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder</td>
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<td>APA</td>
<td>American Psychiatric Association</td>
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<td>APA</td>
<td>American Psychological Association</td>
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<td>APHSA</td>
<td>American Public Human Services Association</td>
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<td>ASD</td>
<td>Autism Spectrum Disorder</td>
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<td>ASFA</td>
<td>Adoption and Safe Families Act</td>
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<td>ASO</td>
<td>Administrative Service Organization</td>
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<td>BARJ</td>
<td>Balanced and Restorative Justice</td>
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<td>BBI</td>
<td>Building Bridges Initiative</td>
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<td>BH</td>
<td>Behavioral Health</td>
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<td>BHP</td>
<td>Basic Health Plan (Affordable Care Act)</td>
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<td>BIA</td>
<td>Bureau of Indian Affairs</td>
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<td>BSFT</td>
<td>Brief Strategic Family Therapy</td>
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<td>CANS</td>
<td>Child and Adolescent Needs and Strengths</td>
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<td>CAFAS</td>
<td>Child and Adolescent Functional Assessment Scale</td>
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<td>CAFB</td>
<td>Child, Adolescent and Family Branch, Center for Mental Health Services</td>
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<td>CAI</td>
<td>Computer Assisted Interviews</td>
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<td>CASSP</td>
<td>Child and Adolescent Service System Program</td>
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<td>CB</td>
<td>Children’s Bureau</td>
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<td>CBITS</td>
<td>Cognitive Behavioral Intervention for Trauma in Schools</td>
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<td>CBT</td>
<td>Cognitive Behavioral Therapy</td>
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<td>CDF</td>
<td>Children’s Defense Fund</td>
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<td>CFSP</td>
<td>Child and Family Services Plan</td>
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<td>CFSR</td>
<td>Child and Family Services Review</td>
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<td>CLC</td>
<td>Cultural and Linguistic Competence</td>
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<td>CME</td>
<td>Care Management Entity</td>
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<td>Children’s Mental Health Initiative</td>
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<td>Care Management Organization</td>
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<td>CMS</td>
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<td>COBRA</td>
<td>Consolidated Omnibus Budget and Reconciliation Act</td>
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<td>CPS</td>
<td>Child Protection Services</td>
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<td>CPT</td>
<td>Current Procedural Terminology Codes</td>
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<td>CQI</td>
<td>Continuous Quality Improvement</td>
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<td>Child Safety Assessment</td>
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<td>Center for Substance Abuse Prevention</td>
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<td>CSAT</td>
<td>Center for Substance Abuse Treatment</td>
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<td>Child Welfare</td>
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<td>CWLA</td>
<td>Child Welfare League of America</td>
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<td>Developmental Disability</td>
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<td>US Department of Health and Human Services</td>
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<td>DOE</td>
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<td>DSM-IV-TR</td>
<td>Diagnostic and Statistical Manual of Mental Disorders IV Text Revision</td>
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<td>Dx</td>
<td>Diagnosis</td>
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<td>E</td>
<td>Emotionally or Behaviorally Disturbed</td>
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<td>EBP</td>
<td>Evidence-Based Practice</td>
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<td>EC</td>
<td>Early Childhood</td>
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<td>EI</td>
<td>Early Intervention or Early Identification</td>
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<td>EIP</td>
<td>Evidence-Informed Practice</td>
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<td>EPSDT</td>
<td>Early Periodic Screening, Diagnosis and Treatment</td>
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<tr>
<td>FAQ’s</td>
<td>Frequently Asked Questions</td>
</tr>
<tr>
<td>FFCMH</td>
<td>Federation of Families for Children’s Mental Health</td>
</tr>
<tr>
<td>FFT</td>
<td>Functional Family Therapy</td>
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<tr>
<td>FMAP</td>
<td>Federal Medical Assistance Percentages</td>
</tr>
<tr>
<td>FOA</td>
<td>Funding Opportunity Announcement</td>
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<tr>
<td>FPL</td>
<td>Federal Poverty Level (income)</td>
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<tr>
<td>FQHC</td>
<td>Federally Qualified Health Center</td>
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<tr>
<td>FREELA</td>
<td>Family Run Executive Director Leadership Association</td>
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<tr>
<td>G</td>
<td>Guardian Ad Litem</td>
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<tr>
<td>GAO</td>
<td>General Accounting Office</td>
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<tr>
<td>GPRA</td>
<td>Government Performance and Results Act</td>
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<tr>
<td>GUCHD</td>
<td>Georgetown University Center for Child and Human Development</td>
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<tr>
<td>H</td>
<td>Home and Community-Based Services</td>
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<tr>
<td>HCBS</td>
<td>Home and Community-Based Services</td>
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<tr>
<td>HHS</td>
<td>Health and Human Services</td>
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<tr>
<td>HIPAA</td>
<td>Health Insurance Portability and Accountability Act</td>
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<tr>
<td>HMO</td>
<td>Health Maintenance Organization</td>
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<td>HRSA</td>
<td>Health Resources and Services Administration</td>
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<tr>
<td>HTI</td>
<td>Healthy Transitions Initiative</td>
</tr>
<tr>
<td>I</td>
<td>International Classification of Diseases, 10th Revision, Classification of Mental and Behavioral Disorders</td>
</tr>
<tr>
<td>ICWA</td>
<td>Indian Child Welfare Act</td>
</tr>
<tr>
<td>ID</td>
<td>Intellectual Disability</td>
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<tr>
<td>IDEA</td>
<td>Individuals with Disabilities Education Act</td>
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<tr>
<td>IEP</td>
<td>Individualized Education Program</td>
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<tr>
<td>IFSP</td>
<td>Individualized Family Service Plan</td>
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<tr>
<td>IHS</td>
<td>Indian Health Service</td>
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<tr>
<td>IRB</td>
<td>Institutional Review Board</td>
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<td>J</td>
<td>Juvenile Justice</td>
</tr>
<tr>
<td>LEA</td>
<td>Local Education Agency</td>
</tr>
<tr>
<td>LGBTQI2-S</td>
<td>Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex and Two-Spirit</td>
</tr>
<tr>
<td>LRE</td>
<td>Least Restrictive Environment</td>
</tr>
</tbody>
</table>
MCH | Maternal and Child Health
MCO | Managed Care Organization
MFP | Money Follows the Person
MH | Mental Health
MHA | Mental Health America
MHFA | Mental Health First Aid
MIS | Management Information System
MOU/MOA | Memorandum of Understanding/Agreement
MST | Multisystemic Therapy

NACO | National Association of Counties
NAMBHA | National Alliance of Multi-Ethnic Behavioral Health Associations
NAMI-CAN | National Alliance on Mental Illness-Children and Adolescent Network
NAPCWA | National Association of Public Child Welfare Administrators
NASADAD | National Association of State Alcohol and Drug Abuse Directors
NASDSE | National Association of State Directors of Special Education
NASMD | National Association of State Medicaid Directors
NASMHPD | National Association of State Mental Health Program Directors
NASW | National Association of Social Workers
NBCC | National Board for Certified Counselors
NCBH | National Council for Behavioral Health
NCCC | National Center for Cultural Competence
NCQA | National Committee for Quality Assurance
NCCL | National Conference of State Legislators
NCSTI | National Child Traumatic Stress Initiative
NICWA | National Indian Child Welfare Association
NIHB | National Indian Health Board
NIMH | National Institute of Mental Health
NIRN | National Implementation Research Network
NITT | Now is the Time Initiative
NOMs | National Outcome Measures
NRCOI | National Child Welfare Resource Center for Organizational Improvement
NREPP | National Registry of Effective Programs and Practices
NTAC | National Technical Assistance Center for Children’s Mental Health
NTAC-YT | National Technical Assistance Center on Youth Transition
NW1 | National Wraparound Initiative

OCD | Obsessive Compulsive Disorders
ODD | Oppositional Defiant Disorder
OJJDP | Office of Juvenile Justice and Delinquency Prevention
OMB | Office of Management and Budget

P & A | Protection and Advocacy
PBC | Performance Based Contract
PBE | Practice-Based Evidence
PBIS | Positive Behavioral Interventions and Supports
PCIT | Parent-Child Interaction Therapy
PCP | Primary Care Physician
PD | Project Director

PHI | Protected Health Information
PI | Principal Investigator
PIP | Program Improvement Plan
PMTO | Parent Management Training-Oregon Model
PO | Probation Officer
PPO | Preferred Provider Organization
PPW | Pregnant and Postpartum Women Grant Program, SAMHSA
PRTF | Psychiatric Residential Treatment Facility
PTI | Parent and Training Information Centers
PTSD | Post-Traumatic Stress Disorder

QA | Quality Assurance

RFA or RFP | Request for Application or Proposal
RWJ | Robert Wood Johnson Foundation

SAMHSA | Substance Abuse and Mental Health Services Administration
SATED | Substance Abuse Treatment Enhancement and Dissemination Grants, SAMHSA
SBMH | School-Based Mental Health
SCHIP or CHIP | State Children’s Health Insurance Program
SEA | State Education Agency
SED | Serious Emotional Disturbance
SMHA | State Mental Health Agency
SMI | Serious Mental Illness (used for adults or young adults of transition age)
SOC | System of Care
SPA | State Plan Amendment (to Medicaid)
SSA | Social Security Administration
SSBG | Social Security Block Grant, Title XX of Social Security Act
SSDI | Social Security Disability Insurance
SS/HS | Safe Schools/Healthy Students
SSI | Supplemental Security Income
STI/STD | Sexually Transmitted Infection/Disease

TA | Technical Assistance
TANF | Temporary Assistance for Needy Families Program
TA Network | National Technical Assistance Network for Children's Behavioral Health
TAY | Transition Age Youth
TF-CBT | Trauma Focused Cognitive Behavioral Therapy
TFC | Treatment Foster Care
TIC | Trauma Informed Care
Title XIX | Medicaid
TRAC | Transformation Accountability

VR/VRS | Vocational Rehabilitation/Services

YMHFA | Youth Mental Health First Aid
Youth MOVE | Youth Motivating Others through Voices of Experience