#MentalHealth

Created by Rashon Young

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Meet Rashon Young
- Family Support Organization Volunteer
- Member of Youth Partnership
- Member of Youth Advisory Board
- Creator of #MentalHealth

Meet Michelle Wall
- Youth advocate
- Mentor for #MentalHealth

NJ Children’s System of Care
- Parent movement started in the late 1990s
- First statewide children's mental health system
- Wraparound care

Wraparound Values and Principles
- Strengths Based
- Needs Driven
- Individualized
- Community Based
- Child & Family Centered
- Family Involvement
- Collaboration
- Comprehensive
- Collaborative
- Costs Effective
- Culturally Competent
- Outcome Based
- Individualized
- Community Based
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- Family Involvement
- Collaboration
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- Costs Effective
- Culturally Competent
- Outcome Based

System of Care Guiding Principles

At Home
(with their families and not in out-of-home treatment settings)

In School
(occurring in the educational system)

Out of Trouble
(occurs outside the current system and at risk of detention or incarceration)
System Partners
- Mobile Response and Stabilization Services
- Care Management Organizations
- Family Support Organizations

Youth Voice within the System of Care
- Youth Advisory Council
- Youth Advisory Board
- Youth Partnership

Youth Partnership
- Activities provided by Family Support Organizations
- Empowers young people to become advocates for themselves and their own services

What is #MentalHealth?
- A website for anyone who
  - Wants to learn about mental health
  - Has struggles and wants to talk about them
  - Wants to be part of the conversation

How did #MentalHealth come about?
- Involvement with FSO and other services
- Dare to Dream Grant

Why the name #MentalHealth?
- Hashtags="trending topics" in social media
- "We want Mental Health to be a topic people talk about!
- "Because not knowing is a problem."
Activity time!

Who can get involved?
- ANYONE!
- Go to the website, upload your story via video or on the guestbook!
- Leave us a comment!
- Like us on Facebook at #MentalHealth!
- Follow us on Twitter @HTMentalHealth!

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