Wendy Lowe Besmann is the author of *Team Up for Your Child: A Step-By-Step Guide to Working Smarter with Doctors, Schools, Insurers, and Agencies*, and creator of the *Road Map* training series based on the book. She owns Melton Hill Media, LLC, which produces educational materials that help families navigate systems. A long-time freelance writer who has authored two other books, Ms. Besmann became involved with advocacy for children’s mental health and developmental disability issues when her youngest child was diagnosed with autism at age 3 and diagnosed with comorbid bipolar disorder at age 5. As a member of NAMI Knoxville, she worked as a volunteer peer trainer and support group leader, NAMI Knoxville president, chair of Tennessee’s Department of Mental Health’s Region II Mental Health Planning and Policy Council, and board member for Lakeshore Mental Health Institute, a state in-patient facility. She has also served as Social Marketer and Technical Assistance/Training Coordinator for K-Town Youth Empowerment Network, a System of Care for Knox County, Tennessee, transition-age youth and their families.