Building the Bridge to Adulthood: A Public Health Approach

System of Care
- A philosophy or framework about the way services should be delivered to children and families
- Not a model or single definable thing—cannot be replicated in a community unless framework is understood and applied to that particular community
- Based on core values

Early Childhood Mental Health
- The social, emotional and behavioral well-being of young children and their families
- The developing capacity to:
  - Experience, regulate, and express emotion
  - Form close, secure relationships
  - Explore the environment and learn

Adapted from ZERO TO THREE

Protective Factors
- Positive self-esteem
- Active style of responding to stress
- Ability to elicit positive attention from adults
**Risk and Protective factors**

- Resilient children tend to have had environments that are supportive in critical ways and the capacity for resilience develops over time in the context of environmental support (Egeland, Carlson & Sroufe, 1993).

**Identified Top 3 Community Survey and Forum Priorities**

- Parenting and child care training opportunities.
- Behavioral consultation in child care settings and school settings.
- In-home direct therapeutic and consultation services.

**DIFFERENT SERVICES**

- Consultation without identified client
- Cross training of early childhood caregivers

**DIFFERENT PLACES TO SERVE**

- Childcare
- Parent Child Centers
- Pediatric practices

**BIG QUESTIONS**

How to leverage Federal dollars for these services that don’t identify a specific client?

- Promoting public health model.
- Consulting and providing Technical Assistance to early childhood providers.
- Screening all children for social and emotional issues.

Public Health is what we do as a society to assure the conditions in which people can be healthy.
**4 Core Concepts**

- Focuses on entire population
- Promotes everyone’s good health via policy, accurate data, solid research
- Determines risk and protective factors and social determinants
- Constantly assesses
  - Intervenes with policy
  - Assures access to quality care

**IOM Report 2009**

Preventing Mental Health, Emotional, Behavioral Disorders Among Young People

- Prevention is a paradigm shift
- Mental Health and Physical Health are inseparable
- Successful prevention is interdisciplinary
- Mental, Emotional, Behavior Disorders are developmental
- Coordinated community level systems are needed to support young people

**Adverse Childhood Experiences (ACE) Are Common**

<table>
<thead>
<tr>
<th>Abuse</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Emotional</td>
<td>10.6%</td>
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<tr>
<td>Physical</td>
<td>28.3%</td>
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<tr>
<td>Sexual</td>
<td>20.7%</td>
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</table>

<table>
<thead>
<tr>
<th>Neglect</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Emotional</td>
<td>14.8%</td>
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<tr>
<td>Physical</td>
<td>9.9%</td>
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<table>
<thead>
<tr>
<th>Household Dysfunction</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Mother Treated Violently</td>
<td>12.7%</td>
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<tr>
<td>Household Substance Abuse</td>
<td>26.9%</td>
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<tr>
<td>Household Mental Illness</td>
<td>19.4%</td>
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<tr>
<td>Parent Separation/Divorce</td>
<td>23.3%</td>
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<tr>
<td>Incarcerated Family Member</td>
<td>4.7%</td>
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"Never, ever, think outside the box."
Listen to Young Adults:

- Young adults point us to the public health model.
- Listening carefully requires cultural competence and use of social networking/media.

Brittany Goodwin, 19, YIT Young Adult Award Winner, delivers keynote speech during the second annual Youth Summit for Orange-No. Windsor region on Sept. 27, 2013. (Valley News - Jennifer Hauck)
LESSONS LEARNED FROM YOUNG PEOPLE IN YIT

✧ Young adults want to be with their friends and acquaintances and do things which meet their personal goals.

✧ Every young adult wants to “give back” to his/her community and not be stigmatized.

✧ Young adults recognize public health problems – like substance abuse, depression, and suicidal ideation.

Achieving System Reform

✧ Work together

✧ Emphasize shared values

✧ Learn from differences

✧ Engage key stakeholders

✧ Focus on the philosophy and values