State Adolescent Substance Use Disorder Treatment and Recovery Practice Guide

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Background and History

- SAMHSA/CSAT – SAC Grants to develop Adolescent Infrastructure
- Joint Meeting on Adolescent Treatment Effectiveness – Conference Discussions
- NTN Interest in Adolescent
- Anticipation of Healthcare Reform

How The Project Began

- Member-prompted query on State Youth Substance Abuse Treatment Practice Guides (and Core Competencies)
- Acquired documents from 23 States, also searched web sites (guidelines, regulations, contract language, etc.)
- At the Joint Meeting on Adolescent Treatment Effectiveness (JMATE) meetings
  - Summarized nature and content of State documents
  - Discussed need/utility of State Youth Treatment Guide at JMATE meetings
- SAMHSA support enabled project to move forward

Development of the Guide

- Analyzed State documents to identified 35 topics
- Organized the topics into three distinct major areas:
  - Overarching Principles of Care,
  - Service Elements, and
  - Administration/Operations Considerations for the States
- Presented these to, discussed and refined with State youth coordinators

Overarching Principles of Care:
To be infused into all services and interactions

- Developmentally Appropriate Care
- Cultural and Gender Competence
- Integrated Care
- Systems Collaboration Among Youth-Serving Agencies
- Trauma Informed Care
- Youth-Centered Care
- Family-Centered Care (family of origin or choice)
- Recovery Oriented Systems of Care
- Evidence-Based Practices

Service Elements:
Screening, Assessment, and Planning

- Outreach, Engagement and Retention
- Screening
- Assessment
- Treatment Planning
- Physical Health Screening and Referral
- Multidimensional Case Management/Treatment Teams
Service Elements:
Core Treatment Services

- Levels of Care
- Substance Abuse Counseling
  - Individual counseling
  - Group Counseling
  - Family Therapy
- Delivery of Co-Occurring Substance Abuse and Mental Health Services
- Medication-Assisted Therapy

Service Elements:
Recovery Services

- Continuing clinical monitoring and care
- Education
- Recreational Services or Pro-Social Activities
- Youth Development
- Employment/Vocational Services
- Transportation
- Housing Assistance
- Life skills
- Pregnant & Parenting Youth
- Recovery Coaches/Peer Mentors

Administration/Operations
Considerations for the States

- Designation Authority
- Governance: Maintenance of Records and Documentation Requirements
- Monitoring and Quality Improvement
- Rights, Responsibilities, and Grievances
- Staff Competencies/Standards
- Safety and Facilities
- Technology (e.g., telemedicine, cell phones, social media)

Drafting Process

- Found sections of State and SAMHSA resource documents related to each item
- Clipped information for State and national documents on topics
- Created short draft descriptions for each item
- Sent clipped information and draft descriptions to Youth Coordinators for review and feedback
- 3 Teams of 5 with a Consultants developed specific sections through conference calls

Additional Information

- 50 page target for the Guide
- Identify elements States can consider or address in the procurement or oversight of youth treatment services
- Captures salient points about each element States can consider

Participating Youth Coordinators

Work Group Leaders
Tina Burrell (Washington), Maria Morris-Groves (New York), Katie Wells (Colorado)

Work Group Members
Barb Shoup Anderson (South Dakota), Stacy Chamberlain (Kansas), Teresa Croom (Oklahoma), Amy Danielson (Vermont), Kristal Davidson (Georgia), Travis Fretwell (Georgia), Kellie Gage (Illinois), Jim Hiatt (Massachusetts), Michael Hock (New Mexico), Jeffrey Hunsberger (Minnesota), April Johnson (Oregon), Michelle Kilgore (Kentucky), Becky King (Utah), Malcolm King (Virginia), Linda Mahoney (Rhode Island), Steve McLaughlin (Nevada), Robin Nickland (New Jersey), Shavna Sautzman Pena (Wyoming), Maryann Ryan (Maine), Paul Savery (North Carolina), Nitika Singh (Arizona), Angie Smith-Butterwick (Michigan), Jen Tracey (Massachusetts)
Coming Soon

• Coming soon to a Website Near You.....
  “State Adolescent Substance Use Disorder
  Treatment and Recovery Practice Guide”

Questions and Acknowledgements

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