Department of Public Health
Bureau of Substance Abuse Services - BSAS

SAMHSA SAT-ED Presentation
July 17, 2014
Thurs: Jennifer Tracey, MSW
Office of Youth & Young Adult Services, Director
Sat: Karen Pressman
Planning & Development, Director
Bureau of Substance Abuse Services

Massachusetts System Characteristics
FY13

Enrollments served 153,289
Primary Drug of Choice
55% heroin and other opioids
32% alcohol
40% between the ages of 16 and 29

Enrollments under the age of 18 = 2,592
83% prior MH counseling and/or are receiving psych medication
68% report a history of trauma
31% of the enrollments in the system had one or more prior mental health hospitalizations

Notes: Enrollment totals on all sites are primary enrollments only
Data as of 10/22/13

Created in 2005 through the State Adolescent Treatment Coordination Grant from SAMHSA.
– Worked with other state agencies and providers to build youth treatment system based on need
– Conducted focus groups with youth and parents to incorporate consumer input
– Created Office of Youth and Young Adults (OYYAS) at end of SAMHSA grant
– Added youth focused resources to budget

Office of Youth & Young Adults

Youth Services

Youth & Caregiver Voice

Program Level Requirements
– Board of Directors member
– Standards of Care
– Consumer Feedback
– Family groups

Policy Decisions
– Consumer Advisory Board
– Consumer Satisfaction Survey
– Customer Experience

Youth & Caregiver Voice

• Events for youth involvement and leadership
• Support provider initiatives of youth networking and collaborations across agencies and communities
• Provide funding of parent and youth led peer organizations
• Collaborating with parents and youth on establishing a formal advisory board and structures for family and youth input
Recovery High School
FOR STUDENTS

- Supports: A substance abuse counselor provides individualized recovery services and connections to community based clinical resources, students develop individualized recovery plans.
- Health and Wellness: Instruction based on a curriculum developed through state and SAMHSA support and implemented into course structure. An exercise component includes weekly on-site yoga YMCA membership, and more.
- Peer Culture: Incorporate a strong peer culture in which all students identify as having issues related to drugs and alcohol and commit to supporting their fellow students as they face the challenges associated with being in early recovery.

Recovery High School
FOR PARENTS

- Engagement: Parents are partners in the recovery, participating in the development of their child’s recovery plan, updated monthly.
- Education: Monthly “Parent Nights” enable information about programming and student progress to be shared, and feature trainings and information sessions on participating in and aiding the substance abuse recovery process.
- Support: Parents organize and hold monthly Families Anonymous meetings where they discuss and address the unique challenges of parenting a teen in recovery.

Recovery High School

“
My family is involved in recovery and schooling, and in the combination of the two. When I go home at night, I don’t leave the supportive community that is helping me to stay sober and finish high school.” - Ostiguy High School Student

Recovery Support Services

- Learn to Cope – started by parent with son who was abusing opiates, offers peer support to other parents/caregivers who have a child who is using. http://www.learn2cope.org/
- Young People in Recovery – just starting a chapter in MA

Website & Publications

mass.gov/dph/youthtreatment

Family Pamphlet Directory

REMEMBER

TREAT ADDICTION
SAVE LIVES

Prevent Treat Recover For Life
Discussion Questions:

1. From your vantage point, what are 2 major issues in (topic area) in your state/territory/tribe?

2. What are some opportunities/challenges associated with these issues?

3. What do you need to assist you (e.g., policy and practice changes) to progress in this topic area?